

# Texas Health Community Impact Grant - 2023/24

## KAUFMAN COUNTY

KEMP 75143, MABANK 75147, TERRELL/ELMO 75160 AND 75161

### Vision. Leadership. Teamwork.

Texas Health Community Impact uses cross-sector collaborative grants to address local community needs in resourceful and innovative ways. This data-driven, outcomes-focused approach pinpoints North Texas ZIP codes most in need of our help and drives how we engage with leaders, influencers and existing resources within those underserved areas. Together, we're responding to health disparities, eliminating root causes of chronic disease and providing tools that instill life-long health and well-being.

### Collaborating Organizations

#### CNM

**(Center for Nonprofit Management)**  
*Leading the charge of to-be-determined funded and unfunded collaborating organizations*

### To join the cause or for more information, please contact:

**Susan Huffman, Program Manager**

Kaufman County  
Community Health Improvement  
Texas Health Resources

**SusanHuffman@TexasHealth.org**  
**214.600.0404**

### You can help.



To be part of the change, scan this QR code or [click here.](#)

## Collaboration by the People, for the Community

### About this Grant

To increase efficiency and effectiveness of community-based organizations (CBO) in identified areas, this effort led by the Center for Nonprofit Management (CNM) will build the foundation for addressing mental health and maximize the impact of future Texas Health Community Impact grants. Through this grant, CNM will facilitate community-driven development and leverage cross-sector collaboratives to identify and implement innovative, community-wide interventions to address social determinants of health, like navigation to resources for affordable transportation, housing, and healthy food.

### Program Milestones

#### To reach by December 2023

- Develop individual organizational capacity to streamline services for consumers.
- Increase quantitative and qualitative data related to social determinants of health and navigation to services.



#### To reach by December 2024

- Invest in needed infrastructure for successful cross-sector collaboration in the county—including strengthening of organizational capacity, and development of needed processes such as collaborative internal and external communication, reporting and data collection.

## An Innovative Approach

Underserved communities often struggle with a lack of access to healthy food, housing, transportation, and healthcare. In many cases, behavioral health is at the core of these challenges.

In Kaufman County, a new grant—Collaboration by the People, for the Community—is building a foundation from which existing community resources can unite to tackle the Social

Determinants of Health including the root causes of mental health and identify sustainable interventions. Led by the Center for Nonprofit Management (CNM), this effort aims to increase the capacity of cross-sector community organizations to collaborate effectively.

Pam Corder, a project manager for Kaufman County and Texas Health Community Impact Dallas/Kaufman Leadership Council member, is enthusiastic about the opportunity to join community leaders in creating long-term improvements in health and well-being.

"This grant is a once-in-a-lifetime opportunity for Kaufman County," Corder said. "This is an opportunity for us to share and learn from each other in developing a one-stop shop for individuals who need mental healthcare and other services."

Pam is hopeful that one of the grant's outcomes will be lessening the time between when individuals reach out for help and when they receive that help. She said the technology and infrastructure resources will open new avenues for connecting to and assisting with the needs of residents and resource providers.

**\$1,498,000**

This innovative grant spanning efforts within Erath, Johnson and Kaufman Counties will support and fund multiple agencies in each county.

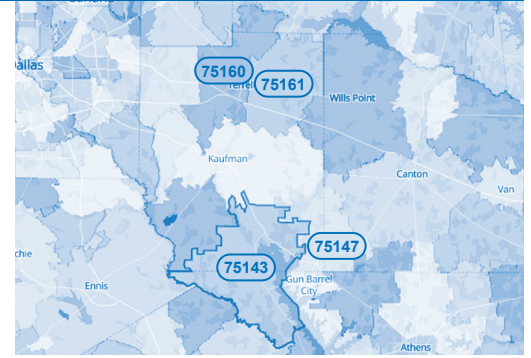
[TexasHealth.org/Community-Impact](https://TexasHealth.org/Community-Impact)



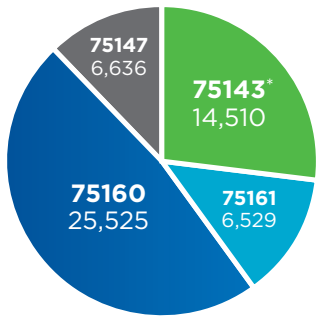
As an example of the data used to analyze the ZIP codes and determine areas of focus in each Texas Health Community Impact region, the following information is a snapshot for Kemp 75143, Mabank 75147, Terrell/Elmo 75160 and 75161.



**FOR ADDITIONAL DATA AND DEFINITIONS**  
Review the Community Health Needs Assessment by scanning the QR code or visiting [TexasHealth.org/CHNA](https://TexasHealth.org/CHNA)



## DEMOGRAPHICS

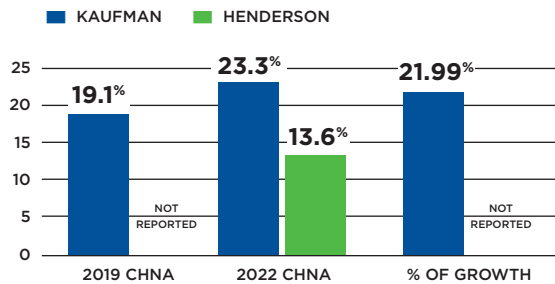


\*This ZIP code also spans Henderson County, as noted within the 2022 Community Health Needs Assessment.

Source: 2022 Community Health Needs Assessment

Of the **157,768** Kaufman County residents—made up of approximately **59.8%** White, **23.3%** Hispanic/Latino and **13.9%** Black—approximately **34%** reside in high-need ZIP codes.

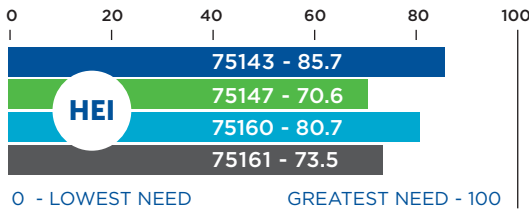
### Hispanic/Latino Population Increase



Sources: 2019 Community Health Needs Assessment; 2022 Community Health Needs Assessment

## SOCIAL DETERMINANTS OF HEALTH

Conditions in the environments in which people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks. Through Texas Health Community Impact grants, we're trying to address the whole person—not just a disease.

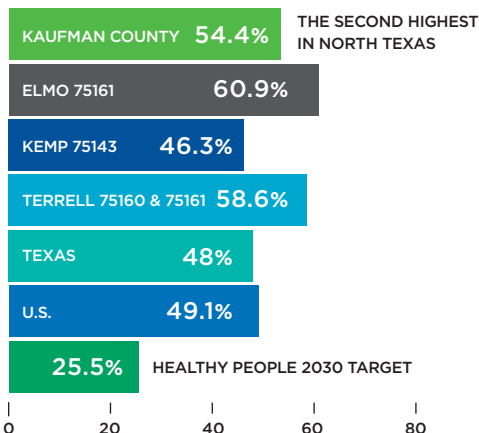


\*This ZIP code also spans Henderson County, as noted within the 2022 Community Health Needs Assessment.

Sources: <https://www.healthypeople.gov/2020/topics-objectives/topic/social-determinants-of-health>; 2022 Community Health Needs Assessment

### Lack of Affordable Housing

Renters spending 30% or more of household income on rent



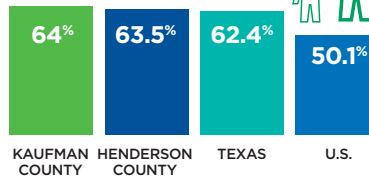
Source: <https://www.healthyntexas.org/indicators/index/>

### Health Equity Index (HEI)

Formerly the SocioNeeds Index, HEI incorporates estimates for different social and economic determinants of health that are associated with poor health outcomes.

### Food Insecurity

Households with children receiving SNAP



Source: 2022 Community Health Needs Assessment

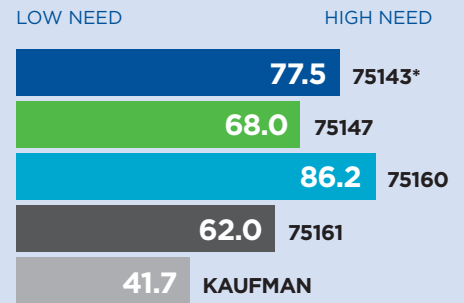
### Transportation

According to estimates, approximately **25%** of lower-income patients cancel or miss appointments due to barriers to transportation (Syed et al., 2013).

Source: <https://www.ruralcenter.org/population-health-toolkit/data/transportation-health-status>

## MENTAL HEALTH INDEX

A measure of socioeconomic and health factors correlated with self-reported poor mental health.



\*This ZIP code also spans Henderson County, as noted within the 2022 Community Health Needs Assessment.

Source: <https://www.healthyntexas.org/indexsuite/index/mentalhealth?localeType=3&parentLocale=2703>

## NAVIGATION

At least 88 percent of adults living in the U.S. have health literacy inadequate to navigate the healthcare system and promote their well-being.

**Kaufman County neighbors said:**

"If there is a real need for mental health, there is nothing we can turn to as parents or community..."

"Maybe it [navigation to services] exists, but we do not know—it has not been communicated to the community."

Sources: Sources: Milken Institute study of Health Literacy in United States [https://milkeninstitute.org/sites/default/files/2022-05/Health\\_Literacy\\_United\\_States\\_Final\\_Report.pdf](https://milkeninstitute.org/sites/default/files/2022-05/Health_Literacy_United_States_Final_Report.pdf); 2022 Community Health Needs Assessment



[TexasHealth.org/Community-Impact](https://TexasHealth.org/Community-Impact)