

Texas Health Community Health Improvement (CHI)

Health to Home: A Pathway to Healing Collaborative

Achievements | 2023



Program Objective

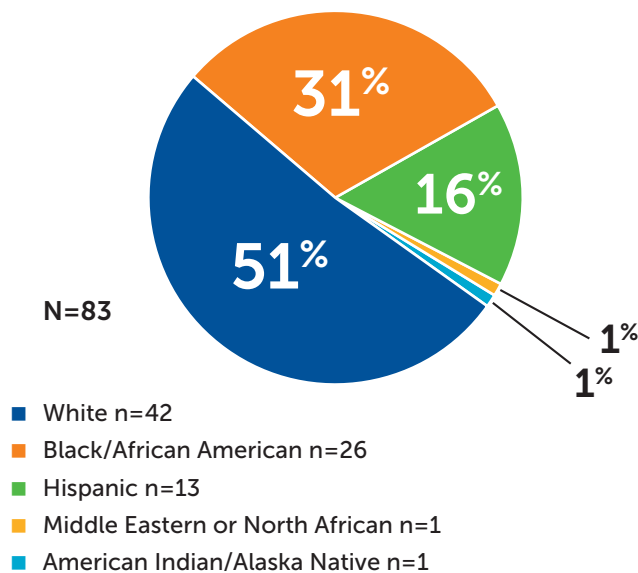
The Health to Home program aims to provide medical recuperation services to adults experiencing homelessness in a safe environment using an individualized approach by strategic partners to provide medical, behavioral health, and wraparound social services that address the underlying causes of homelessness.

Statement of Need*

- Homelessness is increasing across the nation. According to Doran et al. 70.3% of all hospitalizations of homeless people result in either readmission on an emergency department (ED) visit within 30-days after discharge.
- There is evidence that medical respite care reduces future hospital admissions, and length of in-hospital stay among homeless people discharged from an acute hospitalization. It also enables the linkage with other social and housing services that benefits the whole person.

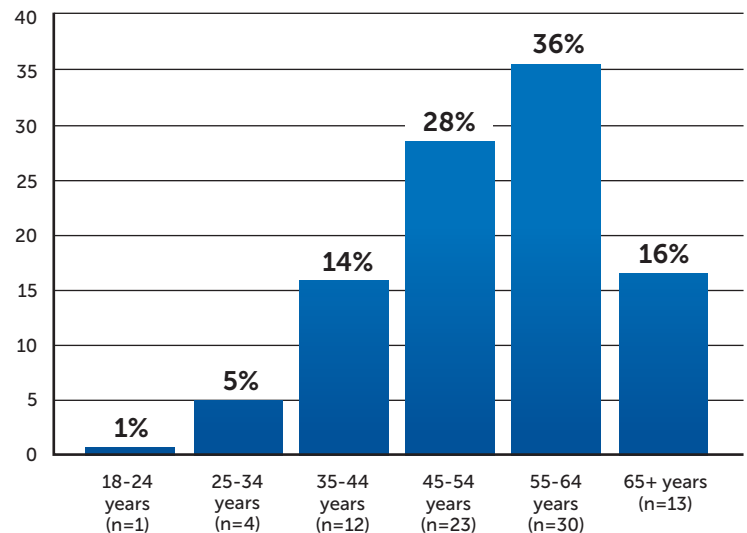
Demographic of People Served

RACE OF ENROLLED PARTICIPANTS



AGE GROUP BREAKDOWN

N=83



* Statement of Need sources:

Bring C., Kruse M., Ankarfeldt, M.Z., Brunes, N., Pedersen, M., Petersen, & Andersen, O. Post-hospital medical respite care for homeless people in Denmark: a randomized controlled trial and cost-utility analysis. BMC Health Services Research, 508. <https://doi.org/10.1186/s12913-020-05358-4>

Doran K.M., Ragins, K.T., Iacomacci, A.L., Cunningham, A., Jubanyik, K.J., & Jeng, G.Y. (2013). *The revolving hospital door: hospital readmissions among patients who are homeless*. Med Care. 2013, 51(9), 767 – 773.



To learn more about our community health improvement programs, please email us at THRCHI@TexasHealth.org



Health to Home: A Pathway to Healing Collaborative

The Health to Home program is a collaborative program between Texas Health Presbyterian Hospital Dallas and Austin Street Center. Since launch from September 2020 to December 2023, this program enrolled and served 280 homeless individuals.

This report is focused on 2023 achievements. From January - December 2023, 83 homeless individuals enrolled in the medical respite unit where they received health services from a medical team from Texas Health Presbyterian Hospital Dallas and received case management, navigation, and housing placement services from Austin Street Center's team. To increase the number of referrals from the community, external partners have been added since the initiation of the program. Through these partnerships, individuals were referred from Baylor Scott & White, Parkland, and UT Southwestern.



Percentage of male individuals enrolled



Age range of most individuals enrolled



Identified as Black/African American



Activities/Output

Out of 83 individuals enrolled into the Medical Respite Program:*

72

Individuals engaged in case management services

5

Individuals connected to a primary care provider or a patient-centered medical home.

22

Individuals received behavioral health services with community partner, Integrated Psychotherapeutic Services (IPS)

2

Individuals received job training



Outcomes

33%

Enrolled participants connected to an appropriate housing solution

437.2%

Return on Investment (ROI) for every dollar spent on each enrolled participant

86.3%

Decrease in total charges 6-months pre-intervention vs. 6 months post-intervention

43.3%

Decrease in total hospital visits 6-months pre-intervention vs. 6 months post-intervention



*Of the total population, 11 were not represented in the number of unique participants as they are still enrolled in the program (10) or are deceased (1). Doctors on the medical staffs practice independently and are not employees or agents of Texas Health hospitals or Texas Health Resources. © 2023 Texas Health Resources