

Oncology Services



CANCER COMMITTEE MEMBERS
OUTSTANDING ACHIEVEMENT AWARD



Introduction

In December 2014, Texas Health Presbyterian Hospital Dallas opened a new cancer center. Texas Health Presbyterian Hospital Dallas Cancer Center is an advanced facility that is the “bricks and mortar” manifestation of our unified approach to cancer services. The center houses clinicians, nurse navigators, genetic counseling services through our Cancer Risk and Prevention program, medical oncology, radiation oncology, imaging services, spiritual support services, a women's health boutique, and community support and survivorship services. The comprehensive nature of this facility mirrors our approach to cancer care and calls to mind our commitment to care for the whole patient - mind, body and spirit.

Texas Health Dallas is committed to providing quality cancer care. This commitment is demonstrated by the fact that the oncology program is a **four-time recipient** of the American College of Surgeons' Commission on Cancer Outstanding Achievement Award, the highest level of approval from the Commission on Cancer. Texas Health Dallas is one of only six hospitals in the country, and the only hospital in Texas, to receive this distinction in 2015. Texas Health Dallas is accredited by the National Accreditation Program for Breast Centers. Additionally, Texas Health Dallas is accredited by the CEO Cancer Gold Standard, a workplace-based wellness accreditation program, that recognizes organizations that demonstrate a commitment to lower their employees' risk of cancer, detect it early and ensure access to high-quality care for their employees.

Providers of oncology services at Texas Health Dallas continue to reach out to the community in the form of risk assessments and screenings, when indicated, as well as support fundraisers for oncology-focused organizations.



Our dedication to caring for oncology patients and their families throughout their care continuum is demonstrated by our strong affiliation with Cancer Support Community, which provides comprehensive cancer support at no charge to their members. The Texas Health Dallas Cancer Center is the first in Texas to integrate a Cancer Support Community within a cancer center. Our cancer support groups are among the largest and most active in the Dallas-Fort Worth area. The dedication and involvement of our care providers makes the difference at Texas Health Dallas.

The Cancer Committee conducts quality improvement studies each year. The data from these studies are used to identify opportunities for improvements in services and as a result, best practices are implemented as the standard of care for our oncology patients. Texas Health Dallas is committed to providing our patients access to the latest clinical trials.

The Texas Health Dallas comprehensive cancer program continues to evolve to meet the needs of the cancer patients in the communities we serve. We are enthusiastic about our cancer program and the comprehensive, individualized and patient-centered oncology care we provide.

Sincerely,

Pat Fulgham, M.D.
Medical Director of Surgical Oncology Services
Chairman, Cancer Committee



A QUALITY PROGRAM
OF THE AMERICAN
COLLEGE OF SURGEONS



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Comprehensive Cancer Program

Texas Health Dallas is dedicated to the prevention, diagnosis and treatment of cancer-related conditions. Our comprehensive cancer program offers a full range of services, from screenings and diagnosis through treatment and recovery.

The nationally recognized program includes board-certified physicians on the medical staff, specialty-trained nurses, nurse practitioners, clinical pharmacists, therapists and other health professionals who provide a full spectrum of cancer care with a mission to treat the whole patient - body, mind and spirit. Integrated facilities include 24 inpatient beds, five outpatient chemotherapy

In December 2014, Texas Health Dallas opened the doors to Texas Health Dallas Cancer Center, a new state-of-the-art cancer center. The aim of this comprehensive cancer center is to provide personalized, individualized care to every patient. Nestled on the Texas Health Dallas campus, surrounded by trees and overlooking the water, the center is a place of hope and healing for cancer patients.



infusion centers, radiation oncology, Women's Diagnostic and Breast Center, robotic technology, Gamma Knife unit, palliative care, Cancer Risk and Prevention program and on-site support and education. Advanced technology and comprehensive services distinguish the program in the fight against cancer.

Cancer sites of emphasis at Texas Health Dallas include:

- Breast
- Lung
- Brain and central nervous system
- Urological (prostate, bladder, kidney, testicular)
- Sarcoma
- Gynecological (uterus, cervix, ovaries)
- Gastrointestinal (colon, rectal, pancreatic).

*At the time of this printing.

The main level houses medical and radiation oncology, patient navigation, survivorship services, cancer risk and prevention services, a chapel and retail space for the Women's Health Boutique. Upon entering the center, patients and guests are greeted by volunteers who provide directions as well as staff the American Cancer Society resource center, located in the main lobby.

The cancer center's lower level features the latest PET/CT imaging technology. The PET/CT Biograph mCT Flow, is the world's first PET/CT system to eliminate the demand for stop-and-go imaging. Scanning is now performed with a single continuous motion, resulting in a 25 percent reduced scan time. The center also features a CT scanner, GE-CT Revolution GSI. Our imaging center is the only one in the nation to have two or more of these CT scanners.*

The CT scanner is a high-definition, low-dose (dosage has been reduced up to 82 percent) scanner, and entire brain imaging can be done in less than one second. Additional imaging is located a short distance away on the main campus. The imaging area features a dedicated radiologist reading room, where imaging studies can be quickly read while also providing staff oncologists with access to radiologist consultation, thus facilitating efficient care planning.

Additionally, on the lower level, Cancer Support Community North Texas delivers social support, education, nutrition, exercise and resource and referral programs and services to patients and their families at no cost.

services team is committed to addressing the educational, emotional, financial and nutritional needs of patients during their cancer treatment.

The medical staff utilizes chemotherapy, hormone therapy, biologics and chemoprevention. Prior to administration, new patients may attend a chemotherapy class to better understand the basics of chemotherapy, how it will be provided, side effects and what to expect.

Physicians on the medical staff at Texas Health Dallas treat more than 200 types of cancer identified by the medical community, including the most prevalent forms such as breast, prostate, colon and lung cancers.



This new clubhouse provides a home-like, nurturing environment for patients and their families.

The cancer center also features a multi-purpose community room for group activities such as exercise classes, educational sessions, support groups and many more community events. Connected to the community room is a large demonstration kitchen where cooking classes are held. Educational classes for caregivers and family members are also available at the center.

MEDICAL ONCOLOGY CARE

Medical oncologists on the medical staff provide advanced, patient-friendly cancer treatment, where patients benefit from advanced medical services and participation in innovative research programs. In addition, the support-

On September 18, 2014, members of the community and hospital employees were invited to write messages of hope, healing and courage to the center's future patients and families on walls of the building, as a lasting part of the building's infrastructure.

The cancer center offers a full range of quality treatment options. Medical oncologists specialize in personalized tumor profiling, which provides information about the genes in cancer cells and allows the physician to identify and create targeted therapies that are designed to better treat a specific cancer tumor profile. The center strives to provide brighter futures to cancer patients and help improve cancer survival rates.

LUNG CANCER PROGRAM

The Texas Health Dallas lung cancer program has been designated by the Bonnie J. Addario Lung

Cancer Foundation (ALCF) as one of their Community Hospital Centers of Excellence. The ALCF Centers of Excellence award recognizes community hospitals for their individualized care and treatment of lung cancer patients. As a Community Hospital Center of Excellence, Texas Health Dallas is implementing the standard of care required in the ALCF's Centers of Excellence Program. The program's hallmark standard ensures all patients receive genomic testing to monitor for specific disease states and to determine potential options for precision medicine and targeted treatment. Additional standards include an individualized approach to care, patient access to new diagnostic tools and therapeutic techniques, and an emphasis on early detection and patient follow-up.

SURGICAL ONCOLOGY CARE

Surgery often plays a key role in diagnosing, staging (finding out how far the cancer may have spread) and treating cancer. Surgery can also be part of the process of restoring the body's appearance and function or relieving certain side effects. At Texas Health Dallas, surgical oncologists on the medical staff perform procedures on a wide variety of tumor sites, including: breast, gynecological, lung, brain and central nervous system, urological, orthopedic, colon and rectal, and pancreatic.

Texas Health Dallas has always been a leader in minimally invasive surgical techniques. The use of robotic surgery



The lung cancer screening program is also accredited by the American College of Radiology as a designated lung cancer screening center. Smoking cessation counseling is also offered to patients, as well as access to support groups for smoking cessation and lung cancer.

Texas Health Dallas has launched a comprehensive lung cancer screening program. The program aims to identify patients who are at an increased risk for lung cancer – which is the leading cause of cancer deaths and is typically diagnosed at a late stage. The program is led by a multi-specialty team of physicians, including oncologists, radiation oncologists, radiologists, thoracic surgeons, pathologists and pulmonologists.

at Texas Health Dallas allows for enhanced surgical precision, offering patients a less-invasive procedure, the potential for shorter hospital stays, faster healing and quicker recovery. The two robots on campus feature dual surgical consoles, allowing two surgeons to operate the robot in concert. The second console also allows Texas Health Dallas to act as a robotic surgery training site. We have specialists in general surgery, gynecology, colon and rectal surgery and urology performing laparoscopic robotic procedures.

Texas Health Dallas has some of the most experienced surgeons in the country performing Whipple procedures (pancreatoduodenectomy), a complex operation used to treat pancreatic cancer. In 2014, general surgeons on the medical staff at Texas Health Dallas performed over 40

Whipple procedures. For the best outcomes, the American Cancer Society recommends that patients have this procedure in a hospital that performs at least 15 to 20 Whipple procedures per year.

Breast surgeons and plastic and reconstructive surgeons on the medical staff collaborate to provide a wide array of surgical treatment options - from lumpectomy and partial or complete mastectomy to plastic and reconstructive surgeries. Surgical advances allow some patients to have immediate reconstruction after their mastectomy. Advances in breast reconstruction and plastic surgery can restore a breast to near-normal shape following a mastectomy.

clinical care. From intensity modulated radiation therapy (IMRT) to high-dose rate (HDR) brachytherapy, some of the most advanced procedures are available for radiation treatment, including image-guided radiation therapy (IGRT) and stereotactic-body radiation therapy (SBRT). The radiation oncology department also utilizes a linear accelerator (LINAC) which customizes high-energy X-rays to conform to a tumor's shape and destroy cancer cells while sparing normal tissue. In 2015, the center installed the latest LINAC technology. This advanced technology can be used to treat all body sites. In 2013, radiation oncology installed a new multi-leaf collimator (MLC) on one of the three current linear accelerators. This new MLC has a greater number



In addition to performing complex surgical procedures, surgical oncologists on the medical staff also work with a multi-disciplinary care team that includes medical oncology, radiation oncology, patient navigators, nutritionists, genetic counselors, rehabilitation services and psychosocial services to comprehensively care for our patients and promote healing and best outcomes.

RADIATION ONCOLOGY

Set in a compassionate and comfortable environment within the Texas Health Dallas Cancer Center, radiation oncology offers advanced technology and a wide range of services delivered by experienced health care professionals. Radiation oncology is dedicated to caring for the whole patient by providing dietary and social services as well as

of small interdigitating leaves - more than any other on the market - for shaping the treatment area. With the additional collimator, the department began stereotactic-body radiation therapy. This therapy allows for the delivery of a very high dose of radiation to a small tumor over a short period of time (one-to-five visits).

In addition to teletherapy services, the radiation oncology department has an extensive brachytherapy program. Brachytherapy involves the administration of radiation with radioactive sources implanted within or near a patient's body.

RADIATION ONCOLOGY TRAINING

The center is the only North Texas clinical training site

for the MD Anderson Cancer Center radiation-therapist-education program as well as the medical-dosimetry program. Several members of the medical staff serve as instructors and hold adjunct associate professor positions at MD Anderson. In addition, radiation oncology has a CAMPEP accredited medical physics residency program, which started in 2012 and graduated its first resident June 2014.

GAMMA KNIFE®

Since 1989, the center has performed stereotactic radiation of the brain with the Gamma Knife®, which allows the administration of small, intense applications of radiation

Gamma Knife including acoustic neuromas, meningiomas, metastatic, ocular and glomus tumors, astrocytomas and pituitary adenomas. The device is commonly used to treat arteriovenous malformations (AVMs) and in certain circumstances, trigeminal neuralgia.

PEGGY A. BELL WOMEN'S DIAGNOSTIC AND BREAST CENTER

The first breast center in North Texas to offer digital mammography, the Peggy A. Bell Women's Diagnostic and Breast Center continues to distinguish itself as a leader by being the first in North Texas to clinically offer tomosynthesis, also known as 3D mammography. Breast



“The use of MRI has been a tremendous advancement in caring for women with breast cancer, particularly younger women who are at high risk and have dense breast tissue.”

- Breast surgeon on staff at Texas Health Dallas

deep within the brain. Texas Health Dallas was one the first hospitals in the U.S. to use the Gamma Knife, considered the gold standard for delivering surgically precise intracranial-radiation therapy. Not really a knife at all, this instrument uses high-quality MRI imaging to direct pencil-lead-thin beams of radiation with sub-millimeter accuracy to treat brain tumors while sparing surrounding tissues. Specially trained neurosurgeons and radiation oncologists on the medical staff at Texas Health Dallas have more than 20 years of experience using the device at the Presbyterian Gamma Knife Center. Our specialized team has the most experience in the entire southern United States in using the Gamma Knife. Unlike traditional radiation therapy that often involves four-to-six weeks of treatment, Gamma Knife radiosurgery is performed in a single day on an outpatient basis. A variety of tumors can be treated with the

tomosynthesis is an innovative technology aimed at catching breast cancer early in women who are at a higher-than-average risk for the disease or those with dense breast tissue. Combined with a screening or a diagnostic mammogram, tomosynthesis quickly acquires one additional dataset, which is processed through sophisticated software, generating approximately 90 image “slices.” The breast radiologist can then scroll through breast images much like a CT scan, reviewing breast tissues at various levels in the breast. Complemented by comprehensive diagnostics, including breast MRI, ultrasound imaging, stereotactic breast biopsy, breast-specific gamma imaging and bone-density scans, the breast center is at the leading edge of screening and evaluation.

The breast center at Texas Health Dallas has been designated as a Breast Imaging Center of Excellence by the American College of Radiology since 2009. ACR has also awarded accreditation to several specialty services: OB/Gynecological and General Ultrasound Services, Stereotactic Breast Biopsy Services, Mammography Imaging Service, Breast Ultrasound and Ultrasound Guided Biopsy Service and the MRI Department.

The breast center has implemented software, utilizing the Tyer-Cuzick module, that will be able to provide breast center patients who have their screening mammography an assessment of lifetime risk of breast cancer. This allows patients and their providers to take early action to prevent or identify breast cancer.

DEDICATED NURSING

Texas Health Dallas is recognized as a Magnet hospital, a prestigious designation achieved by only six percent of hospitals in the U.S. Magnet hospitals outperform national benchmarks for quality, patient satisfaction and nursing engagement, and create and sustain environments of nursing excellence, evidence-based practice, professional engagement and interdisciplinary collaboration.



In 2015, DFW Great 100 Nurses from Texas Health Dallas included two Oncology nurses.

CLINICAL PATHOLOGY

Clinical pathology has a fundamental role in oncology services at Texas Health Dallas. Board certified pathologists on the medical staff are responsible for tumor diagnosis and pathologic staging of a patient's disease process. Many of the pathologists have oncologic subspecialties, adding greater depth to their clinical expertise. These specializations are key in the development of comprehensive treatment plans and strengthen the multidisciplinary team. Pathology services at Texas Health Dallas adhere to the best-practice protocols of the American College of Pathologists by delivering biopsy reports within 1.8 days. The full-service clinical laboratory includes a coagulation lab, the use of serum-tumor markers and blood-bank support and is open around-the-clock. Laboratory services are accredited by the College of American Pathologists.

"Wonderful, compassionate nursing care!"

– Grateful patient

"A few weeks ago I was a patient for a few days at Jackson 2 East, Oncology. I have had two chemo treatments so far, and everybody tells me I talk and breathe better. I got great care from the staff at J2E. Presbyterian staff is No. 1 in my ratings."

– Grateful patient

Texas Health Dallas was designated as a Magnet facility in 2006 and received re-designation in 2011. Magnet designation is considered the gold standard for nursing care throughout the world.

All eligible oncology nurses at Texas Health Dallas receive chemotherapy and biotherapy training through the Oncology Nursing Society.

“When I started my transfusion, one of your nurses put her hand on my arm, looked right into my eyes and gave me the most sincere, compassionate look which I will keep in my mind’s eye forever. A true professional. Kudos to all on Jackson 2 East.”

- Grateful patient

Many of our oncology nurses have been recognized for their accomplishments. They have been finalists in

PATIENT NAVIGATION & SURVIVORSHIP SERVICES

To assist patients and family members through the cancer-care journey, Texas Health Dallas offers patient navigation to guide patients from a cancer diagnosis through treatment, rehabilitation and survivorship. Facing a cancer diagnosis floods patients and their loved ones with many questions. Patient navigators provide answers, education and guidance, especially when multiple specialists and a variety of services are required.

Located within the Arlington Cancer Center, a Texas Health Physicians Group practice, Texas Health Dallas Infusion Center is focused on individualized care for each cancer patient. The center has infusion, an on-site lab, stem cell transplant, radiation, radiology and a retail pharmacy all working in concert with medical oncology to provide comprehensive coordination of care under one outpatient roof. Many of the staff physicians are MD Anderson trained and because of its unique culture and well-known survival rates, the center attracts patients from all over the world.

“I come from Arizona for tests and treatment every six months. Everyone works to make sure I don’t have to stay any longer than possible so that I can go home on schedule. I really appreciate that!”

- Grateful patient of Arlington Cancer Center



D Magazine’s Excellence in Nursing award, listed among the DFW Great 100 Nurses and presented clinical research findings at national meetings. The oncology nursing team provides patient care focused on quality and safety. A Patient Care Facilitator (PCF) is also an integral part of the oncology nursing team. A PCF nurse has a master’s degree and attained a Clinical Nurse Leader (CNL) after passing certification. The PCF conducts interdisciplinary daily care briefings, during which each patient’s case is discussed with focus on care and discharge planning. They act as “quarterbacks,” coordinating care among physicians, care transition managers, clinicians and support staff.

The goal of the patient navigation program is to:

- Assess patient needs
- Provide education and direction to hospital and community resources to meet those needs
- Help patients understand their diagnosis and available treatment options
- Act as a patient advocate, helping voice patient concerns to the health care team
- Coordinate the efforts of the medical team when needed
- Serve as an advocate for the patient and family.

Texas Health Dallas, in conjunction with Texas Oncology and Cancer Support Community, offers a unique survivorship navigation program that aids in survivors' achievement of their optimal quality of life by focusing on mitigating the psychosocial and emotional health and quality of life challenges faced by cancer survivors. Our cancer resource specialist, a master's level licensed social worker, assesses and refers survivors to appropriate resources that remove these barriers. They help facilitate access to services. They may assist with care coordination, provide general survivor education, and empower survivors to optimize time with clinicians and seek appropriate follow-up care.

INFUSION CENTERS

Texas Health Dallas operates four infusion centers at several locations throughout the Dallas-Fort Worth area:

- Arlington Cancer Center
- Mesquite Cancer Center
- Plano Cancer Center
- Trophy Club Cancer Center

"I've been coming to Arlington Cancer Center for the last 13 years and wouldn't go anywhere else."

- Grateful patient

"First-rate facility, first-rate people. Could not ask for a better place to undergo a fight with cancer."

- Grateful patient of Plano Cancer Center



"Excellent! Staff very concerned and helpful. So kind and sweet personalities. Keep up the excellent work."

- Grateful patient of Mesquite Cancer Center

Care for Mind, Body and Spirit

At Texas Health Dallas, we believe in caring for the whole person - body, mind and spirit.

REHABILITATION

For inpatients and outpatients, rehabilitation services can be an important part of recovery during and after cancer treatment. Physical and occupational therapists can assist with increasing mobility, strength, endurance and functional independence. Texas Health Dallas has a dedicated inpatient rehabilitation facility and an outpatient rehabilitation department that each offer numerous benefits to assist with enhancing independence and increasing quality of life.

Lymphedema, a disorder of the lymphatic system that can cause swelling, particularly in the arms and legs, can be a side effect of lymph node removal or radiation. Physical and occupational therapists at Texas Health Dallas are certified in lymphedema therapy, providing complete decongestive therapy to decrease the swelling associated with lymphedema.

Fatigue is a common side effect with cancer-related treatments, and physical exercise can help reduce fatigue.



Physical and occupational therapy also helps with energy conservation and work-simplification techniques to make everyday tasks easier. Speech therapy is also a crucial part of the oncology patient's care during their recovery. Texas Health Dallas has achieved Survivorship Training and Rehab (STAR) certification, the first comprehensive certification in cancer rehabilitation. The STAR program utilizes a specially trained team of caregivers, coordinated by navigators, such as therapists and nurses, to help patients with both physical and psychosocial needs. The goal of the program is to help cancer survivors function and live at an optimal level whether they are cured of cancer, in remission or living with cancer as a chronic disease.

has registered dietitians who work with cancer inpatients that are coping with nutrition-related side effects of their particular cancer or course of treatment.

PASTORAL CARE

Texas Health Dallas, a faith-based health care system, provides around-the-clock pastoral and spiritual care to patients, families and staff. Chaplains are available for patients when they celebrate the remission of their disease or contemplate a new diagnosis and are anxious about what lies ahead. Prayer booklets for patient and family use are also offered. Hospital chaplains work closely with physicians, nurses and other caregivers to offer



NUTRITION SERVICES

Proper nutrition and diet are also a critical part of therapy for cancer patients. The Texas Health Dallas oncology nutrition program is staffed by registered, licensed dietitians with a focus in nutrition oncology who are available for consultation with patients and their families.

The cancer center has a dedicated dietitian who consults with radiation oncology and medical oncology patients. The dietitian will meet with patients who have nutritional side effects from radiation or chemotherapy treatment. The purpose of the visit is for the dietitian to talk to the patient and caregiver about their current eating habits and work with them to set practical and achievable goals that will help manage symptoms, improve health and reduce the risk of cancer recurrence. The inpatient oncology unit also

spiritual care to those who journey through our oncology program. The pastoral care department also assists patients and families by contacting their religious representatives and clergy when requested.

PALLIATIVE CARE

Palliative care can enhance the quality of life for seriously ill patients and their families through a specialized plan of care that focuses on the discomfort and stress of serious of illnesses. The goal of this type of care is to ease the patient's symptoms – such as pain, shortness of breath, stress or nausea – and identify what is important to the patient in order to help maximize their quality of life. Palliative care is appropriate during all phases of serious illnesses and complements the primary treatment plan by adding another level of support for patients and families.

"I appreciate everything you do for us and our patients. In such moments in life where everything is so overwhelming and confusing it is so important to have a palliative care program like this."

- Grateful physician on the medical staff

Palliative care health professionals at Texas Health Dallas include physicians on the medical staff, a clinical nurse specialist, pharmacists, social workers and a dedicated palliative care chaplain. These professionals have clinical expertise in diseases, treatment options and symptom management and work closely with the patient's physician to coordinate care. Palliative care benefits the patient and their family by focusing on maintaining the quality of life

CANCER RISK AND PREVENTION PROGRAM

Cancer is fairly common, but some people are more at risk than others for developing the disease. The cancer risk and prevention program at Texas Health Dallas aims to identify individuals who are at high risk for cancer due to genetic predisposition. Meeting with a cancer genetic counselor provides the patient with a cancer-risk assessment, awareness and education for early cancer detection and prevention. Texas Health Dallas is committed to empowering patients with knowledge gained through genetic-risk assessments and testing that will help them make the best decisions for their health.

Spiritual care is an essential part of the care offered to our patients. In addition to the services provided by chaplains, the beautiful meditation chapel in the cancer center is always open for personal reflection, meditation and prayer.



in an environment of safety and comfort. Even when the expected outcome of an illness is unknown, the patient and their family can benefit from enhanced communication during the hospital stay.

"I would like to thank palliative care. We had to make some tough decisions but with the Palliative Care Clinical Nurse Specialist's help, we made the correct ones."

- Grateful family member

Texas Health Dallas is committed to providing our cancer patients with the full continuum of care. In addition to providing palliative care services, our organization has collaborated with Season's Hospice and OnPointe Health to provide both an inpatient hospice care unit and skilled nursing unit within the hospital.

"Through my journey with cancer, the most helpful and positive experience has been time spent with the genetic counselor in the cancer risk and prevention program. A mutation on a gene explains my cancer and my family's cancer history. The genetic counselor was able to interpret the genetic test and what it meant for me and my family and was very helpful about providing management for other additional cancer-risk and follow-up care."

- Grateful patient

The cancer risk and prevention program has also joined with medical oncologists on staff at Texas Health Dallas to offer a high-risk cancer program.

The objectives of the high-risk cancer clinic are to:

- Identify individual and families at high risk of developing cancer and provide genetic counseling and testing as appropriate
- Offer multidisciplinary comprehensive services including medical oncology, genetic counseling, nutrition counseling, social work consultations and nursing coordination of care
- Evaluate and manage cancer risk for both the individual and the family to reduce morbidity and mortality of cancer in these high-risk families.

individualized cancer screening recommendations are provided for the patient and family members based upon the cancers and risk factors present in the family.

CANCER SUPPORT COMMUNITY NORTH TEXAS

A patient's cancer treatment plan is not complete without emotional and psychosocial support. To ensure that no one faces cancer alone, Texas Health Resources is collaborating with Cancer Support Community North Texas to offer a robust program of support on-site at the cancer center. This comprehensive program of survivorship support is offered free of charge to patients and their loved ones. Support groups, education,



Anyone concerned about personal or family history of cancer can benefit from a cancer-risk consultation. The initial visit includes a meeting with a certified genetic counselor where personal and family history is reviewed and education is provided regarding basic genetic principles and how they apply to cancer. A detailed personal and family history is assessed to determine if genetic testing for a particular hereditary cancer syndrome is indicated.

If genetic testing is recommended, education is provided regarding the various genetic tests and the laboratories that offer them. Education is also provided for the possible test results and the implication of results for both the patient and family members. If genetic testing is not indicated, education is provided as to why not and

nutrition, exercise offerings and resources set in the cozy living room offer people living with cancer a unique space to relax and rejuvenate.



RESEARCH AND CLINICAL TRIALS

Texas Health Dallas is dedicated to cancer research aimed at achieving advances in medicine and bringing innovative therapies to patients. Researchers work to understand the disease, identify potential treatments or

preventive therapies and establish treatment alternatives for patients. Six percent of our patients were treated through clinical studies, many of which were conducted in collaboration with Texas Oncology, PA.

Nationally recognized for a commitment to cancer research, from 2011-2012, Texas Health Dallas was one of only 20 hospitals nationwide selected to participate in The Cancer Genome Atlas, sponsored by the National Cancer Institute. This project, which aims to create the most detailed information to date of the genes that control cancer cells, is a successor to the Human Genome Project that produced the first complete sequence of human DNA.

Publications in national and international journals disseminate advancements in research and clinical treatments to scientists and health care providers worldwide. The medical staff at Texas Health Dallas have been involved in a number of investigational studies resulting in multiple publications, abstracts and national presentations.



Texas Health Resources Foundation

Texas Health Dallas believes that just like our caregivers, the community can make an impact on the physical, emotional and spiritual needs of patients through their philanthropic support of our oncology services.

Donations to the Texas Health Resources Foundation play a critical role in research, education and community outreach initiatives. As a nonprofit hospital, Texas Health Dallas relies on the continued financial support of individuals, foundations and corporations in our community to help expand the reach

contains a compilation of resources and information, collected by the physicians, nurses and affiliates of Texas Health Dallas, providing patients, families and the community with access to a wealth of information. As part of the cancer center and our effort to care for the whole person, there are plans in place for

To learn more or make a contribution to support oncology services at Texas Health Dallas, call the Foundation at 682-236-5200 or visit [TexasHealth.org/Giving](https://www.texashealth.org/giving).



of oncology programs. For example, in the past, through grant funding from Susan G. Komen for the Cure, Dallas County affiliate, we have been able to offer screening mammograms and breast health education to many underserved patients who otherwise would not have been treated. In addition, through the philanthropic support of several generous community donors, such as Jo Ellard, Helen and Robert Schmidt and The Dr. Bob and Jean Smith Foundation and On Butterflies Wings, oncology patients at Texas Health Dallas receive a full continuum of care.

The continued commitment to caring for the whole person at Texas Health Dallas is evident in the cancer center. With the opening of this new cancer center, oncology patients have access to comprehensive patient navigation and survivorship services. In addition, the resource center in the cancer center

a garden and wellness component to provide a place of nurturing, tranquility and healing for our patients, their families and the entire Texas Health Dallas staff.

Donations to the Texas Health Resources Foundation also support the no-cost comprehensive support program offered by Cancer Support Community North Texas. Our generous donors enable Texas Health Dallas to continue to provide patients and their families with comprehensive care and support that could not otherwise be funded.

Cancer Committee

CHAIR Pat Fulgham, MD

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