# Texas Health Community Health Improvement (CHI)

Mobile Health - Wellness for Life™

**Achievements** | 2022



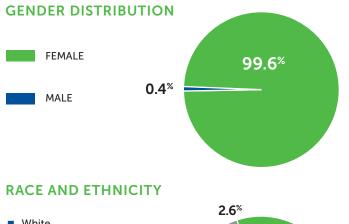
## **Program Objective**

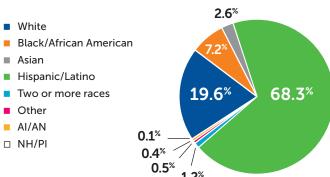
The Mobile Health – Wellness for Life™ program aims to improve access to quality preventive care services to adults 18+ years across Texas Health's service areas. The program provides screening services including mammograms, well female and male exams and colon cancer screenings.

### Statement of Need\*

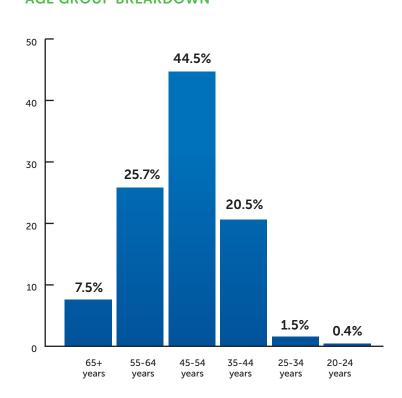
Mobile Health Clinics (MHCs) have been cited as a viable and valuable model because of their ability to straddle between community-based and clinical settings, thereby enabling them to develop essential networks to address both the social and medical determinants of an individual's health. There is also evidence that MHCs are associated with reducing costs for avoidable ED visits, reducing readmission rates and reducing hospitalization length of stay.

### Demographic of People Served





#### AGE GROUP BREAKDOWN



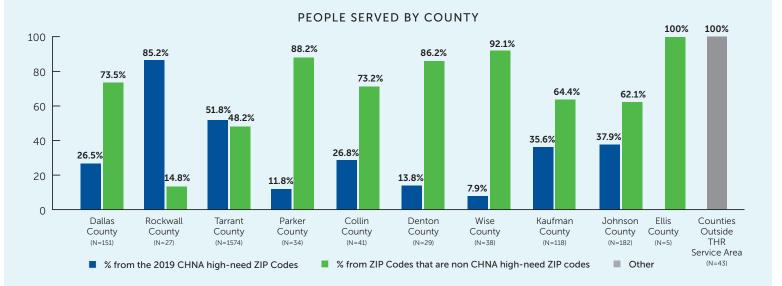
Yu, S.W.Y., Hill, C., Ricks, M.L., Bennet J., & Oriol, N.E. (2017). The scope and impact of mobile health clinics in the United States: A literature review International Journal of Equity Health, 16, Doi: 10.1186/s12939-017-0671-2



To learn more about our community health improvement programs, please email us at THRCHI@TexasHealth.org



## Mobile Health - Wellness for Life™



2,242

Number of patients that were provided services across the North Texas region 99.6%

Percentage of female patients served 44.5%

Percentage of patients served between the ages of 45-47 years old 68.3%

Percentage identified as Hispanic/Latino 672

Number of individuals served who resided in a CHNA-designated, high-need ZIP code



# Activities/Output

1,696

New patients

106

Mobile site visits that were made in a high need ZIP code (19%) 27

Patients were identified with pre-diabetes

21

Patients were identified with diabetes



### **Outcomes**

#### Aligned Healthy People 2030 Objectives - Health Conditions

Cancer - reduce new cases of cancer and cancer-related illness, disability, and death.



Eligible females got screened for breast cancer



Females with abnormal screening returned for diagnostic procedure



Eligible patients returned their fecal immunochemical test (FIT)



Eligible adults gained access to colorectal cancer screening



Eligible female got screened for cervical cancer



Patient satisfaction

