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T E X A S H E A L T H H A R R I S M E T H O D I S T F O U N D A T I O N

Palliative Care Unit Opens at Texas Health Fort Worth

On any given day, there are as many as 20 Texas Health Harris Methodist Hospital Fort Worth patients who may benefit from palliative care. For the past eight years, the hospital has had a Palliative Care Consult Service composed of physicians, nurses, social workers, chaplains, pharmacists and an ethicist. Led by Dr. Alvin Mathe, this team sees patients throughout the hospital, managing care for those whose conditions are no longer responding to curative treatments.

Now, palliative care patients and their families at Texas Health Fort Worth can benefit from the new 16-bed Palliative Care Unit solely dedicated to this service – providing comfort care and symptom management to patients with life-limiting illnesses. The first and only Palliative Care Unit in Fort Worth opened to patients on July 15 on the second floor of the Harris Tower and includes a family conference room, chapel, family sitting, dining, shower areas and palliative care staff offices.

In June, a dedication was held at the unit for members of the community and hospital employees who generously donated funds toward the \$4.5 million project. Among those supporters was Congresswoman Kay Granger

(R-TX), who was so encouraged about this resource for the community, she helped secure federal funding for the Palliative

Care Unit, and recently toured the new facility. *(See inside for photos from these events.)*

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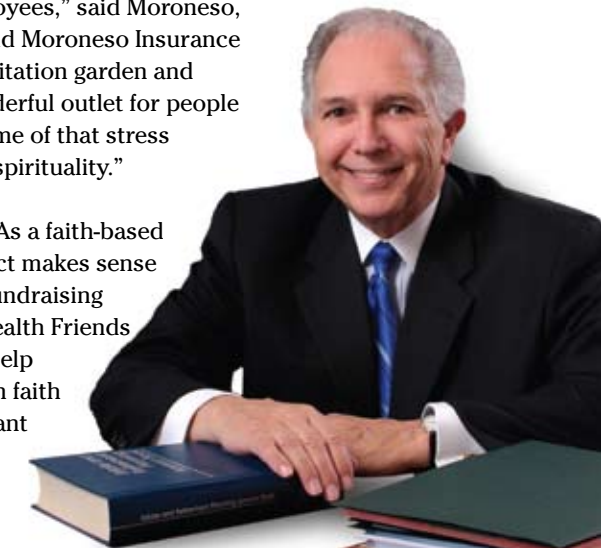
Trustee Profile: Philip Moroneso

For Philip Moroneso, being a Trustee of the Texas Health Harris Methodist Foundation means being a fundraiser and advocating the hospitals' needs to the community. In the three years he has served on the Board and in his role as chair of the Texas Health Friends of Southwest community advocacy group, Moroneso has engaged community members in dialog with hospital leaders and successfully led the group in securing funds for the Ladders in Nursing Careers program at Texas Health Harris Methodist Hospital Southwest Fort Worth.

It is no surprise that when the idea surfaced to fill an empty courtyard at Texas Health Southwest with a meditation garden and labyrinth, Moroneso was ready to be a champion in raising funds for this important project. *(See article inside on garden.)*

"Being at the hospital can cause a great deal of stress on patients, families and even employees," said Moroneso, president of Mitchell and Moroneso Insurance Services, Inc. "The meditation garden and labyrinth will be a wonderful outlet for people to go to help relieve some of that stress through reflection and spirituality."

Continued Moroneso, "As a faith-based organization, this project makes sense and is an appropriate fundraising project for the Texas Health Friends of Southwest as it will help strengthen visitors' own faith and serve as an important addition to the hospital and community."



October 19, 2009

18th Annual Golf Tournament

Presented by Balfour Beatty Construction; come play 18 holes to celebrate 18 years of this important fundraising event supporting the Bernard C. Alger Cancer Fund. Held at Timarron Country Club in Southlake, event proceeds benefit cancer education, support programs and screenings at Texas Health Harris Methodist Hospital Fort Worth.



For more information and to get involved, call Tammy Sims at 817-317-5244.

December 4, 2009

Texas Health HEB Gala "Blue Christmas"

Formerly held in the spring, this revitalized gala features a new format focused on dinner, dancing and fun at the Marriott Las Colinas. All proceeds raised will go directly to support the Bluebonnet Retreat, an adult cancer camp.

For more information or to purchase tickets, call Cathy R. Sheffield at 817-317-5252.



Fingerprints on the Community

Awards, Recognitions and Events

Palliative Care Unit Dedication

1. Pictured l-r: Colleen and Jim Stewart, Board of Trustee, Texas Health Harris Methodist Foundation



2. Pictured l-r: Ashley Hodo, Nurse Manager of Palliative Care Unit, Texas Health Fort Worth; Nelda Truesdale, President, Texas Health Fort Worth Auxiliary; and Alvin Mathe, M.D., Medical Director of Palliative Care Unit, Texas Health Fort Worth

3. Pictured l-r: Bill Huhn, Senior Trust Officer, U.S. Trust, Bank of America Private Wealth Management; Oscar Amaran, President, Texas Health Fort Worth; and Doug White, President, Texas Health Harris Methodist Foundation



4. Pictured l-r: Oscar Amaran, President, Texas Health Fort Worth; David Tesmer, Senior Vice President of Advocacy and Community Benefits, Texas Health Resources; Congresswoman Kay Granger; Ashley Hodo, Nurse Manager of Palliative Care Unit, Texas Health Fort Worth; and Kirsten Drake, Director of Med/Surg, Renal, Oncology, Palliative Care, Texas Health Fort Worth



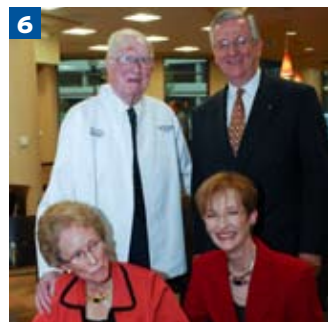
Cramer Café Grand Opening

The much anticipated Cramer Café officially opened its doors in April at Texas Health Fort Worth offering an easily accessible and spacious new dining area with numerous cuisine options from its multi-station food court. The new facility was funded, in part, by employee contributions as well as a generous gift from Jud and Elizabeth Cramer, longtime supporters and volunteers of the Texas Health Harris Methodist hospitals, to which the facility is named in their honor.

5. Hugh Gittens, Executive Chef, Texas Health Fort Worth



6. Pictured clockwise from left: Jud Cramer; Doug White, President, Texas Health Harris Methodist Foundation; Karen Cramer; Elizabeth Cramer



7. Cramer Café Food Court



Palliative Care continued

“U.S. Trust, as trustee of the Katrine Deakins Charitable Trust, is privileged to partner with Texas Health Fort Worth to help provide this wonderful resource for our community and surrounding area,” said Bill Huhn, senior trust officer, U.S. Trust, Bank of America Private Wealth Management. “It is a much needed, but sometimes overlooked, aspect of patient care that has now been addressed in a professional and caring way.”

Continued Huhn, “This project is something we feel Katrine Deakins would be very pleased to support.”

As the dynamic of our population changes over the next decade to an increasingly elderly population, the community will continue to see an even greater need for this type of unit. And Texas Health Fort Worth will continue to serve the comprehensive health care needs of the community, from the beginning of life to the end of life.

Honored

For 12 years, Texas Health Harris Methodist Hospital Fort Worth has been named “most preferred hospital” by residents of Tarrant County in the *Star-Telegram’s* annual Readers Choice. The hospital earned its reputation through its legacy of assessing the community’s needs and providing services to meet these needs.

Meditation Garden, Labyrinth Coming Soon to Texas Health Southwest

Patients, families, children, volunteers and employees at Texas Health Harris Methodist Hospital Southwest Fort Worth will soon have a tranquil retreat to visit for reflection and spiritual healing. Construction is well underway for the meditation garden and labyrinth with completion scheduled for the end of September.



Visitors to the garden will find an inviting space with art, bubbling fountains, benches and lighted paths. While exploring the Memorial Labyrinth, one will see engraved brick pavers honoring loved ones and friends, most purchased by Texas Health Southwest employees to support the garden and labyrinth project. An outdoor patio for eating and relaxing will be located adjacent to the garden.

“This new dimension to our hospital would not have been possible without the touching generosity of Texas Health Southwest employees and members of the community,” said Brett McClung, president of Texas Health Southwest. “I look forward to the meditation garden and labyrinth providing a place for spiritual nourishment for all who visit.”

The project is being supported completely by donations from employees and members of the community with the lead gift donated from Texas Health Friends of Southwest members Hilde and Helmut Horchler, who appreciate the benefits to having a space at the hospital set aside for spiritual renewal. The garden will carry the Horchler name.

Texas Health HEB President Earns FACHE Designation

Texas Health Harris Methodist Hospital Hurst-Euless-Bedford president Deborah Paganelli has been named to Fellow status in the American College of Healthcare Executives (ACHE), an international professional society of 30,000 health care executives. Fellow status is the highest level of professional achievement in ACHE.



Texas Health Azle Achieves Level IV Trauma Center Status

The Texas Department of State Health Services recently designated Texas Health Harris Methodist Hospital Azle as a Level IV Trauma Center. Currently it is the only trauma-designated facility in Northwest Tarrant County. To earn the designation, the hospital must have the necessary equipment and resources for trauma cases.

Texas Health Stephenville Adds 12 Private Rooms

Texas Health Harris Methodist Hospital Stephenville has converted a dozen of its semiprivate rooms on the inpatient floor to private rooms. The hospital now has eight semiprivate rooms and 23 private rooms. Considerations for private room assignments may include medical necessity, infection control, pediatric patients and inpatient hospice care.

Texas Health Cleburne Earns Digital Mammography Accreditation

High practice standards in digital mammography have earned Texas Health Harris Methodist Hospital Cleburne a three-year accreditation from the American College of Radiology (ARC). The accreditation was awarded based on a peer-review evaluation of digital mammography services at Texas Health Cleburne, which recently installed new digital mammography equipment providing women visiting the hospital with advanced services.



Texas Health Employees Give Back, Set New Records

In spite of our nation’s economic downturn, more Texas Health employees made a donation to the Texas Health Associates campaign in 2009 than in any of the campaign’s previous seven years. Not only did this year’s campaign have the largest number of donors in history, it also raised the most money ever – more than \$835,000! Texas Health Associates is an employee giving program that offers employees an opportunity to directly support Texas Health hospitals and programs.

Healing Hands, Caring Hearts

After completing an outside vendor’s customer satisfaction survey, George Pulickal’s name was entered into a random drawing for an opportunity to receive a \$500 donation to be given to a charity of the winner’s choice.

And as luck would have it, Pulickal, a biomedical technician in the Clinical Engineering Department at Texas Health Harris Methodist Hospital Southwest Fort Worth, was declared the winner. Without any hesitation, Pulickal immediately requested that the \$500 donation be given to the Texas Health Harris Methodist Foundation.

“I believe that it is my duty as an employee to strive towards the continued well-being of the hospital and this is, I feel, my way of contributing to the ever-growing Texas Health Resources community,” Pulickal said.