

Coronavirus (COVID-19)

What is it?

Coronavirus (COVID-19) is a lung (respiratory) illness.

What are the symptoms?*

- Cough
- Shortness of breath / trouble breathing
- Fever
- Chills
- Muscle pain
- Sore throat
- New loss of taste or smell



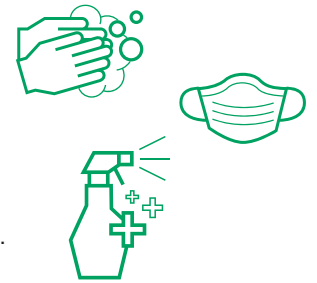
Call your doctor right away if you develop COVID-19 symptoms, and call 911 if any of your symptoms are severe.

How does coronavirus spread?

Coronavirus can be spread in several ways. Visit [cdc.gov](https://www.cdc.gov) for more information.

How can I prevent getting or spreading the virus?

- Use hand sanitizer or wash your hands with soap and water for at least 20 seconds.
- Avoid touching your eyes, nose or mouth with unclean hands.
- Stay away from sick people (and stay home except to get medical care if you're sick).
- Use tissues to cover coughs and sneezes (and throw tissues away).
- Clean and disinfect items and surfaces that are touched a lot with an [EPA-approved disinfectant](#)*.
- Wear a face mask to protect yourself and others.



What do I do if I think I have coronavirus?

- Stay home except to get medical care. Call your doctor right away for advice and minimize contact with others.
- If you do not have a doctor, call **1-877-THR-WELL (1-877-847-9355)**.

*Updated May 13, 2020. Visit [cdc.gov](https://www.cdc.gov) for the latest update.

