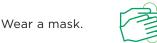
Keep your family healthy -

protect them from COVID-19.

Working family members and others leaving the house often can bring COVID-19 home with them. Here's how to stay safe:









Stay 6 feet away from people.



If you get a cold, keep your distance from those at risk.



COVID-19 can affect the whole family.

- Those most at risk are family members 65 or older, and those that are pregnant, overweight, or have diabetes, heart and kidney conditions, sickle cell disease, and other medical conditions.
- Elderly family members who get sick may need a long stay in the hospital, and are at the highest risk of dying.
- Kids and teenagers may only show cold or allergy symptoms, but they can get and spread COVID-19 too.



Working family members cannot afford to miss work.

Keep yourself and your family safe so you can keep working and protect those at higher risk of getting COVID-19.



COVID-19 vaccine

Learn about the vaccines helping in the fight against COVID-19 at TexasHealth.org/Vaccine.