

Why Acti-Kare?

When it comes to in-home care, there are so many options that sound alike. How do you know which one to choose? This is where Acti-Kare is different. We take in-home care from surviving to thriving with our exclusive Acti-Vate™ fatigue-fighting program.

Based on clinical studies connecting fatigue and depression to poor health, we have teamed with a group of healthcare professionals to create a proprietary program available to all our clients at no additional charge. Acti-Vate™ promotes living life to its fullest potential through a comprehensive, physical alertness program encompassing nutrition, movement, and social & cognitive stimulation. Regardless if your loved one needs moderate assistance or is bed bound, our program offers something for them.

Life can be fulfilling at every stage. Acti-Kare's team of professionals are committed to helping people live it!

Have a Long-Term Care Insurance Policy?

Let us handle getting your benefits in place. Our experts will handle everything from initiating a claim with the insurance company, to billing, so you don't have to worry about a thing.



Need Help At Home?

Excellence in care through active living



1-888-451-5273

www.actikare.com

There's no place like home! We all feel more comfortable in our own surroundings. But, what happens when we just aren't able to do everything we used to? Somewhere, somehow, we have to find reliable help. For some of us, that can mean facing the idea of moving to an assisted living facility or nursing home. For others, it can mean relying on friends or family to help when their schedules permit. Is that the answer? It doesn't have to be.

Acti-Kare is the perfect solution to life's challenges. We offer customized plans of care to help you or your loved one stay active and independent in your own home. We can assist with anything from light housekeeping to bathing and grooming. Our flexible scheduling lets you get the help you need, when you need it.

Our Caregivers

We will provide a no-charge, no commitment consultation to help you determine a personalized plan of care. Our promise to you is to provide the highest level professional caregiver to focus completely on providing the assistance you need. All Acti-Kare caregivers undergo rigorous background checks, reference checks, and specific training for your particular needs. This means you can rest assured that you will not only have a superior caregiver, but likely a trusted friend.

Our Services

Some of the services we can provide are:

- Alzheimer's Care
- Assistance with walking and mobility
- Assistance with bathing and grooming
- Engaging in games, crafts, and hobbies
- Grocery list preparation and shopping
- Light housekeeping and laundry
- Meal preparation
- Medication reminders
- Mommy and me care (for new mothers)
- Mommy to-be-care (for expectant mothers)
- Pet care
- Transportation



We are Long Term Care Insurance Specialists.

When you need to find home care, searching the options can seem overwhelming. If you have a long-term care insurance policy, it can compound the situation. We have been working directly with long-term care insurance companies since our beginning. We can navigate the approval and payment aspects on your behalf, as well as submit all of the paperwork and reports required by your insurance company. Our expertise in handling this process will make your search for care simple and easy. We can even arrange for your insurance company to pay us directly so you don't even have to worry about the bill.

Acti-Kare takes all of the stress out of getting the help you need. Find out why so many seniors, and their families, have chosen us as their trusted care provider.

