



Powered by James L. West Center for Dementia Care

## FAMILY & PROFESSIONAL EDUCATION

August 2025

### Trauma Informed Care

**Aug. 5<sup>th</sup> 2:00 - 3:30pm CST Online**

*In collaboration with the Area Agency on Aging of North Central Texas*

*Free – 1.5 CE Hour for Nursing, Social Work & LPC*

This program explores how past trauma can shape behavior and health later in life. This session helps all caregivers understand how to prevent re-traumatization and support healing for individuals living with dementia through compassionate, trauma-sensitive care.

### Managing Emotional & Behavioral Expressions in Dementia

**Aug. 6<sup>th</sup> 11:30am - 12:30pm CST Online**

*Free – 1.0 CE Hour for Nursing, Social Work & LPC*

This program helps caregivers understand why expressions occur, how they evolve, and what steps can be taken to manage or prevent them. Learn to recognize early warning signs and apply compassionate strategies that support both the person living with dementia and themselves.

### Living Well with Dementia: Hope & Strategies for Care

**Aug. 26<sup>th</sup> 11:00am - 12:30pm CST Online**

*Free – 1.5 CE Hour for Nursing, Social Work & LPC*

This is a compassionate program for caregivers supporting loved ones in the early stages of dementia. Learn practical communication tips and hear an inspiring interview with John who is living with dementia and his wife Angela as they share their journey of hope and connection.

**Register by clicking on the program titles, visit [jameslwest.org](https://jameslwest.org), or email [caregiver@jameslwest.org](mailto:caregiver@jameslwest.org)**

**Watch our on-demand dementia education anytime on the James L. West YouTube Channel!**

**Jameslwest.org | 817-877-1199**