

## BOOK ONE OF OUR CLASSES NOW

Stop the Bleed

Impact Teen Drivers

Stay Active and Independent  
for Life (S.A.I.L.)

Senior Lifestyles and Injury  
Prevention (S.L.I.P.)

Lifeguard Your Child

CarFit

*All injury prevention classes  
are free to the community.*

*Classes are brought to you  
by Texas Health, Fort Worth  
Level I Trauma Center.*



## CONTACT US

Texas Health Fort Worth  
Trauma Administration  
Office of Injury Prevention & Outreach

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Trauma Administration

# Injury Prevention & Outreach



Level I Trauma Center

# INJURY PREVENTION FACTS



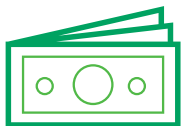
## INJURIES AFFECT EVERYONE.

People of any age, race or economic status are affected.

In all ages, unintentional injuries rank as the **third leading cause of death**. This is behind heart disease and cancer<sup>2</sup>.



In 2021, **62 million people—about 1 in 5**—sought medical attention for an injury<sup>3</sup>.



In 2019, **the cost of injury in the U.S. was \$4.2 trillion**.

This includes health care costs, lost work wages, and estimated cost for the loss of lives or quality of lives<sup>4</sup>.

- (1) <https://www.cdc.gov/injury/wisqars/animated-leading-causes.html#>
- (2) <https://injuryfacts.nsc.org/international/international-overview/>
- (3) <https://injuryfacts.nsc.org/all-injuries/overview/>
- (4) <https://www.cdc.gov/injury/wisqars/cost/index.html>

## WE OFFER PERSONALIZED EDUCATIONAL CLASSES ON:

Motor Vehicle Safety

Motorcycle Safety

Bicycle Safety

ATV Safety

Concussion Education

Large Animal Safety

Fire Safety

Water Safety

Fall Prevention

Violence Prevention

Firearm Safety

Dating Safety

Human Trafficking Education

Suicide Prevention

Alcohol and Drug Misuse

Looking for a different class?



Contact us to see if we can help.

## DETAILS

- Classes available at our location or yours.



- Classes are taught by trauma center health care professionals.



- Most classes require at least 10 students.
- Private and public classes available.
- Weekend and weekday classes available.

**We personalize classes for the specific audience.**

WE VISIT:

- Elementary, Middle and High Schools
- Businesses
- Churches
- Youth groups
- Other organizations