

# Community Health Improvement

Faith Community Nursing and Health Promotion Program

Achievements | 2024



## Program Objective

Faith Community Nursing is a system-wide program offered by Texas Health Resources to link faith communities with health-related resources that focus on holistic care for the body, mind, and spirit. Emphasis is placed on equipping faith-based communities with the tools and resources to offer prevention and wellness support to care for the people they serve. These resources are delivered by volunteer congregational-based Faith Community Nurses (FCNs) and Health Promoters (HPs).

## Statement of Need\*

Individuals facing barriers are at greater risk for poor health outcomes or adverse events. Because communities of faith are trusted sources of information, people seek help from clergy, FCNs and HPs, who are uniquely positioned to remove barriers, close gaps in care, advocate, educate, and equip people to live their healthiest lives.

## Education and Outreach

Faith Community Nursing offers classes and trainings in a variety of topics. These courses are taught to partners, faith leaders, community-based FCNs, HPs, and Texas Health staff. Although we serve the DFW metroplex and surrounding areas, we have supported the development of several programs across the nation.

Prior to serving their own congregations, community-based FCNs and HPs complete training offered by Texas Health. *The Foundations of Faith Community Nursing* course, required for community-based FCNs, is a comprehensive course that prepares the registered nurse to incorporate spiritual care into nursing practice and to successfully lead a health ministry program. *The Fundamentals of Health Promotion* class is the required training for HPs to learn the basics of providing and supporting a health ministry in their faith communities.

Advance Care Planning (ACP) is a course taught free to the community by our Texas Health Faith Community Nursing team. Empowering individuals to write down their healthcare wishes and share them with others is the focus of the course. Topics covered include living wills, do-not-resuscitate orders, and Medical Power of Attorney. Having this information available when a person is unable to speak for themselves, ensures an individual's wishes are followed at the end of life.

\* Statement of Need sources:  
Westberg Institute, 2019, Foundations of FCN: Advocacy, Care Coordination, and Transitional Care, p. 313

## Activity/Outputs



Participants Completed Fundamentals of Health Promotion Class



Nurses Trained in Foundations of Faith Community Nursing Course

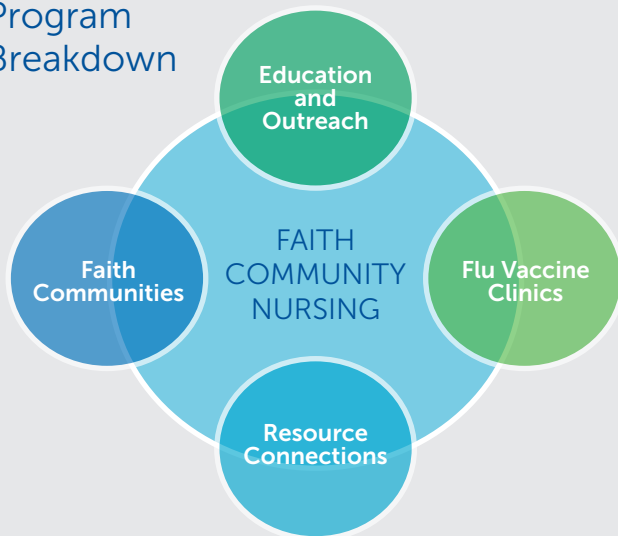


Participants Completed the Advance Care Planning Course



Participants Completed Hands Only CPR Class

## Program Breakdown



## Faith Communities

113

Program agreements with faith communities

167

Faith Community Nurses

164

Faith Community Health Promoters

13,759

Total recorded hours served by community-based Faith Community Nurses and Health Promoters

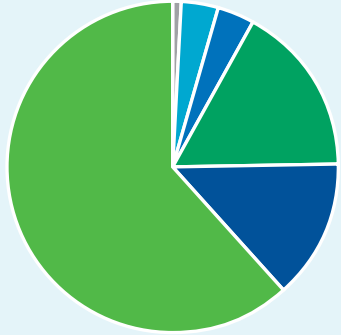
A community-based FCN, while working with her congregation, noticed a need for cancer awareness and education as several church members and their families had been diagnosed with breast, colon, or prostate cancers during the past year. This FCN approached her FCN Program Manager counterpart about providing a cancer awareness event at her congregation. The FCN Program Manager reached out to the Texas Health Dallas Cancer Center for assistance developing a cancer education program for this faith community. Through this collaborative effort between Faith Community Nursing program and the Cancer Center, a successful Cancer Outreach Event was held at the congregation.



**Activities/Outputs**

Through FCN partnerships and support, faith communities across North Texas were able to connect more than **185,463** individuals to preventive care and other services.

**\$5,832,853**  
**Community Cost Savings/Avoidance**

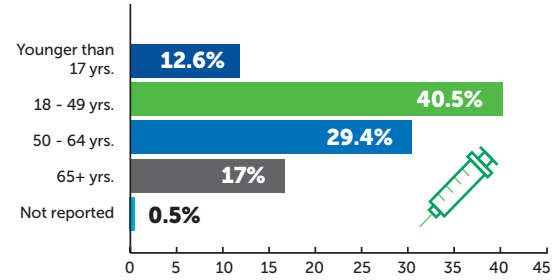


**NON-MEDICAL DRIVERS OF HEALTH**

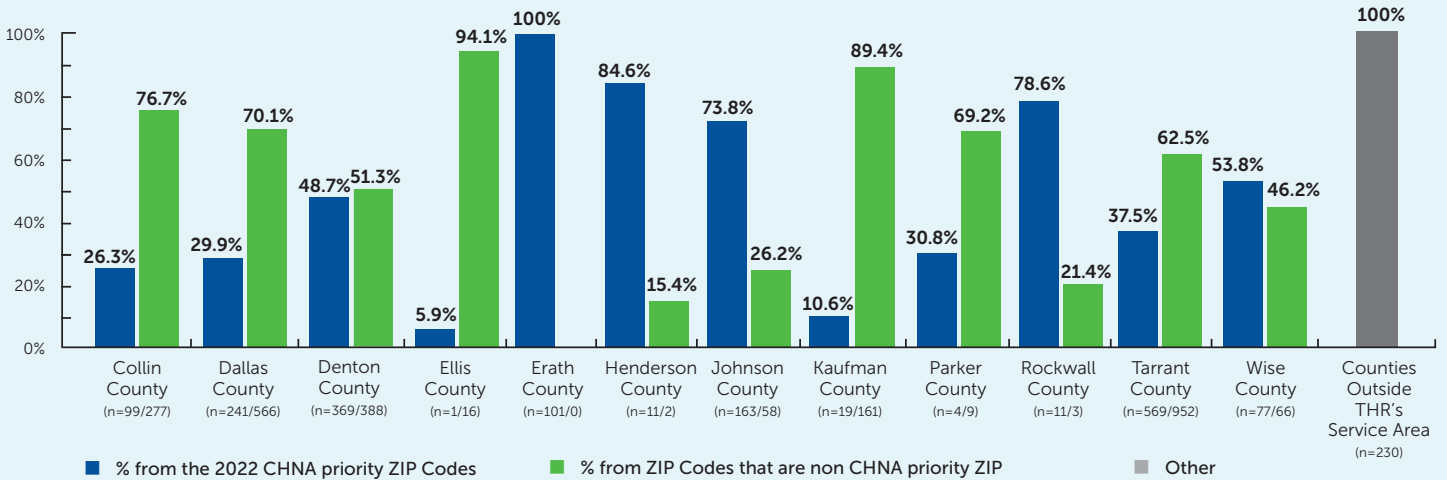
- FOOD** | n=119,552  
Hunger
- ECONOMIC STABILITY** | n=7,026  
Expenses | n=1,165  
Medical Bills | n=1,809  
Support | n=4,052
- EDUCATION** | n=26,383  
Literacy
- COMMUNITY & SOCIAL CONTEXT** | n=6,898  
Community Engagement | n=1,383  
Support Systems | n=5,515
- HEALTHCARE SYSTEM** | n=32,294  
Health Coverage
- NEIGHBORHOOD & PHYSICAL ENVIRONMENT** | n=1,228  
Housing n=1,167  
Transportation n=61

**Flu Vaccine Clinics | DEMOGRAPHICS OF PEOPLE SERVED | Total N=4,393**

Flu vaccine clinics provided by Texas Health focus on serving communities who have limited access to vaccines. Fulfilling our Mission to meet our consumers' needs where they work, live, play and pray is exemplified in the care provided in communities of faith and faith-based organizations across our service areas. In 2024, the Faith Community Nursing program organized **108 clinics** with the primary focus of serving people who did not have access to flu vaccines. Services were aligned with food pantries, congregations in Community Health Needs Assessment (CHNA) ZIP codes, senior community members, and outreach ministries to underserved communities. Each site was open to the community and cared for people beyond the congregational membership.



**DISTRIBUTION OF PEOPLE VACCINATED BY COUNTY (n=4,393)**



<b>ACTIVITIES AND OUTPUTS</b>	<b>108</b>   Clinics held	<b>4,393</b>   Total number of flu shots given	<b>227</b>   First-time doses
	<b>1,119 (25.5%)</b>   Recipients that speak another language other than English	<b>33.3%</b>   Percentage of clinic sites in CHNA ZIP codes	<b>30.6%</b>   Percentage of clinics focused on outreach beyond the church