





LETTER FROM CNO NURSING LEADERSHIP

As Texas Health Resources works to partner with consumers for a lifetime of health and well-being, we applaud our nurses for providing care that makes all the difference. From bedside nurses and APRNs to Faith Community Nurses and Infection Prevention nurses, Texas Health nurses are building the relationships that form the foundation of our Vision.

In 2019, Texas Health nurses advanced their commitment to both the art and science of nursing. Within these pages you'll discover that research, professional development and informatics grew alongside community outreach and shared governance. You'll also

find stories of our patients sharing their gratitude for the compassionate and skilled care they or their loved ones received from Texas Health nurses.

It is with great pride that we share the strength and compassion of Texas Health nurses in this year's Nurse Annual Report. We hope you will join with us in celebrating the care that makes all the difference.

Sincerely,
Texas Health Chief Nursing Officers

The Texas Health Resources Nursing Executive Team led Texas Health nurses in 2019. Members of the team included, back row, from left: Scott Domingue, M.B.A., B.S.N., R.N., NEA-BC, CMSRN, chief nursing officer, Texas Health Behavioral Health; Melissa Winans, M.B.A.-H.C.M., M.S.N., R.N., NEA-BC, chief nursing officer, Texas Health Denton; Rosemarie Aznavorian, M.S.N., R.N., CENP, CCWP, CCRN-K, chief nursing officer, Texas Health Central Staffing Office and Patient Logistics; Mary Beth Mitchell, M.S.N., R.N., BC, CPHIMS, nursing informatics officer, Texas Health; John Summers, B.S.N., R.N., M.A., CPPS, chief nursing officer, Texas Health Allen; Tanya Mitchell, C.P.A., M.B.A., CHFP, director, Nursing Finance, Texas Health; Tonya Sosebee, M.S.N., R.N., NEA-BC, chief operating and nursing officer, Texas Health Azle; Kendra Slatton, D.N.P., R.N., NEA-BC, chief nursing officer, Texas Health Alliance; and Shonna Bracco, D.N.P., R.N., NEA-BC, chief nursing officer, Texas Health Arlington Memorial.

Front row, from left: Vicki Brockman, D.N.P., R.N., NE-BC, NEA-BC, chief nursing officer, Texas Health Cleburne; Elizabeth Asturi, M.S.N., R.N., NE-BC, chief nursing officer, Texas Health Dallas; Heidi Scarbrough, M.S.N., R.N., NE-BC, associate chief nursing officer, Texas Health HEB; Mary Robinson, Ph.D., R.N., NEA-BC, chief nursing officer, Reliable Health; Laura Massey, M.H.A., B.S.N., R.N., CPN, associate chief nursing officer, Texas Health Plano; Cindy McCarthy, D.N.P., M.H.A., M.B.A., R.N., NEA-BC, CEN, chief nursing officer, Texas Health Stephenville; and Gretchen Hunt, ACNS-BC, NEA-BC, chief nursing officer, Texas Health Southwest Fort Worth.

Not pictured: Denise Claussen, M.S.N., B.S.N., R.N., vice president, chief operating and nursing officer, Texas Health Kaufman; Pam Duffey, D.N.P., R.N., NEA-BC, vice president, chief operating and nursing officer, Texas Health Specialty Hospital; Elaine Nelson, D.N.P., R.N., NEA-BC, CENP, chief nursing officer, Texas Health Fort Worth. Sherri Emerson, M.S.N., M.B.A., R.N., vice president, chief operating officer, chief nursing officer, Texas Health Heart & Vascular Hospital.

ON THE COVER:
Shelby's grandfather received excellent care in the Emergency Department at Texas Health Alliance, particularly from Art Aranbaev, B.S.N., R.N., Central Staffing Office. Shelby wrote a thank you note and drew a picture to thank Art for taking care of her Pop Pop.

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I want to thank Dana and Heather for taking such good care of my dad. My gratitude is not only for any lifesaving interventions; it is also for their attention to the small details that made all the difference - getting him cleaned up, positioning him properly and sponging off his dry lips and mouth. The change in his condition after those simple measures was dramatic.

Jean K.

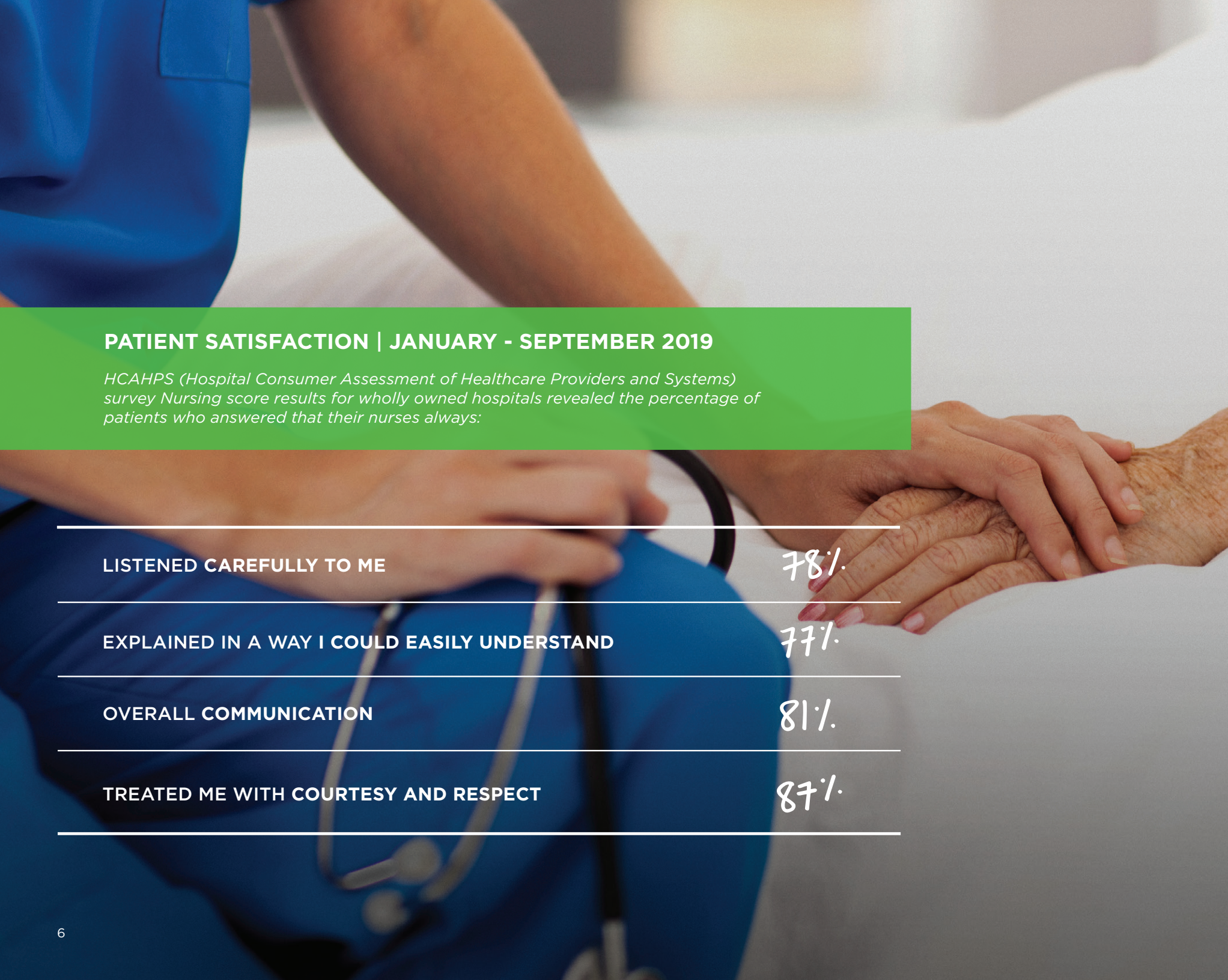
After experiencing acute shortness of breath, Jean's father was brought by ambulance to the Texas Health Alliance Emergency Department. Dana Boyd, R.N., and Heather Morton, R.N., cared for him. Jean wrote to Texas Health Alliance and expressed her appreciation for their attention to all of her father's needs, not just his medical ones. Embracing the Quality-Caring Model's caring factors of attentive reassurance, human respect and basic human needs, Dana and Heather used their heads and hearts to provide safe, quality care.



QUALITY-CARING MODEL

Providing personalized care that is attentive, respectful and encouraging is at the heart of Texas Health's nurse theory, the Quality-Caring Model. Texas Health nurses are committed to developing caring relationships with patients, family and each other that make all the difference.





PATIENT SATISFACTION | JANUARY - SEPTEMBER 2019

HCAHPS (Hospital Consumer Assessment of Healthcare Providers and Systems) survey Nursing score results for wholly owned hospitals revealed the percentage of patients who answered that their nurses always:

LISTENED CAREFULLY TO ME

78%.

EXPLAINED IN A WAY I COULD EASILY UNDERSTAND

77%.

OVERALL COMMUNICATION

81%.

TREATED ME WITH COURTESY AND RESPECT

87%.

SEXUAL ASSAULT NURSE EXAMINER PROGRAM

Texas Health Sexual Assault Nurse Examiners (SANE) provide compassionate and comprehensive medical forensic examinations to patients who have experienced sexual violence. The Texas Health SANE Program maintains a team of specially trained nursing staff: 23 certified nurses and eight nurse trainees.* The program responds to 11 wholly owned Texas Health hospitals and impacted more than 533 patients from Sept. 1, 2018, to Aug. 31, 2019. Texas Health partners with a community SANE program to provide SANE services to Texas Health hospitals in Plano and Allen. The Texas Health SANE Program continues to provide 40-hour SANE classes to nurses throughout North Texas, as well as outreach and prevention education. Through community outreach and education programs focused on awareness and prevention, the SANE program impacted 3,392 community stakeholders and law enforcement members, as well as 4,173 school and college age students.*

*As of August 31, 2019.

OUTREACH



Laura Garlow, M.H.A., B.S.N., R.N., TCRN, leads a demonstration on wilderness survival techniques for a group of Girl Scouts. Texas Health Dallas nurses taught weather first aid and Stop the Bleed to dozens of Girl Scouts of Northeast Texas in October. The event was one of the numerous ways Texas Health nurses reached out and served their communities in 2019.



Faith Community Nurse Anita Mitchell, R.N., CNOR, CDP, Texas Health Arlington Memorial, receives a blessing from Chaplain James Dorsey.

FAITH COMMUNITY NURSING

Texas Health's Faith Community Nursing program grew significantly in 2019, with twice as many nurses participating and the addition of almost 100 faith community health promoters. With the goal of intentionally integrating spiritual care with the practice of nursing, 235 Faith Community Nurses maintained 123 congregational covenants representing 163,500 individuals in 2019. Recognizing the program's outstanding work, the Faith Community Nursing program received the American Hospital Association 2019 Healthcare Award for Volunteer Excellence.

MY WIFE CREDITS HER EMERGENCY
ROOM NURSE WITH SAVING HER LIFE,
AND SHE HAD PARTICULAR PRAISE FOR
THE ATTENTION SHE RECEIVED FROM
CHRISTIAN AND OLIVIA IN THE
CARDIAC INTENSIVE CARE UNIT.

-BOB M.

Bob's wife thought she might die when she arrived in the Texas Health Fort Worth Emergency Department. Experiencing a cardiac event, she was transferred to the Cardiac Intensive Care Unit, where Christian Dutz, B.S.N., R.N., and Olivia Hood, B.S.N., R.N., CCRN, cared for her until she received a pacemaker. Bob wrote to Texas Health Fort Worth to thank them for the outstanding attentive care his wife received. Working together, Christian and Olivia made clinical decisions and provided compassionate care that helped save her life.



SHARED DECISION-MAKING

Nurses have a voice throughout Texas Health, whether through Nursing Congress, unit-based councils, multidisciplinary rounding or interactions at the bedside. Mutual respect and common goals contribute to shared decision-making that makes all the difference.





BEDSIDE PRODUCTS SELECTION COMMITTEE

Texas Health's Bedside Products Selection Committee met monthly in 2019 to review, evaluate, and name standards for products and equipment.

Texas Health's Bedside Products Selection Committee grew to 27 members in 2019 who reviewed, evaluated, and named standards for products and equipment. The group was essential to the success of Texas Health's bed replacement project in 2019. The committee also reviews the organization's contracts with the SURPASS™ purchasing program.

RELIABLE CARE BLUEPRINTING™

Reliable Care Blueprinting™ (RCB), Texas Health's approach to care design, focused on piloting and deploying new modules in 2019. RCB expanded its scope to include a non-clinical module (Complaints and Grievances), as well as adding four hospitals to the existing Supportive and Palliative Care Program. Throughout the year, RCB deployed three new modules and piloted one new module. Forty nurses participated in design teams, which standardized system processes to enhance reliability and improve the consumer experience.

NURSING INFORMATICS

Nursing Informatics is a specialty that integrates nursing science, computer science and information science to manage and communicate data, information, knowledge and wisdom in nursing practice. In 2019, Texas Health's nursing informaticists supported a number of key Texas Health initiatives, including the CareConnect Clinical Workgroups; integration projects, such as Alaris interoperability and vital sign integration; development of predictive analytic tools; patient acuity; and CareConnect functionality for all nursing practice efforts with a technology impact.



UNIT-BASED COUNCILS

Shared governance is a priority for nurses at Texas Health, providing an opportunity for impacting decisions that affect their work. Unit-based councils throughout Texas Health give nurses a voice in making positive changes in their practice environment and improving the patient experience and employee satisfaction.

NURSING CONGRESS

Led by Katherine Dungey, B.S.N., R.N., Texas Health Alliance, and Tessa Kennedy, B.S.N., R.N., Texas Health Southwest, Nursing Congress in 2019 served as a vetting body for matters impacting nursing care while providing opportunities for input and feedback from direct care staff. The group achieved the goal of improving communication across Texas Health entities by using individual SharePoint sites.

During the Nursing Congress quarterly meetings, entity representatives gave feedback on what was going well and what barriers they faced that resulted in collaboration between entities to find solutions and ultimately success. Nursing Congress continued to strengthen the voice of nurses through shared decision-making and increased collaboration among entities.

Texas Health Plano nurses Laura Massey, M.H.A., B.S.N., R.N., CPN; Michelle L. Kelly, B.S.N., R.N., RNC-NIC; Laila Amlani, B.S.N., R.N., CPAN; and Garnetta Terry, B.S.N., R.N. brainstorm at Nursing Congress.

I greatly appreciate Erica, who is very knowledgeable and caring. She is easy to talk to, answers all my questions and has opened my eyes to understand about my health. I take all of her advice, and she knows that my word is my word and I will keep my promises about my health.

- Peter J.

By the time that Peter arrived in the Emergency Department at Texas Health Cleburne, he had gained 90 lbs. in only three weeks. Diagnosed with congestive heart failure, Peter began seeing Erica Francis, M.S.N., APRN, FNP-BC, in the hospital's Health Education and Lifestyle Program. In six months, Peter, pictured below, lost 60 lbs. and gained a greater understanding of the role diet and exercise play in staying healthy. An advanced practice nurse who takes her own professional development seriously, Erica helps individuals throughout the community manage their chronic health conditions.

PROFESSIONAL DEVELOPMENT

Professional development is essential for delivering quality care, cultivating leaders and advancing career satisfaction. From research and residencies to fellowships and funding, Texas Health nurses pursue professional development that makes all the difference.



Texas Health Resources University provided 507 continuing education activities with 1,464 contact hours for 9,815 nurse participants in 2019. These activities are designed to maintain competence, enhance professional practice and support the achievement of individual career goals.

Alisha Stephens, R.N., Texas Health Stephenville, (second from the left) was honored as a super learner by Texas Health Resources University for her commitment to online continuing education. She was joined by Daniel Gandarilla, vice president, chief learning officer; Renee Feemster, trauma coordinator; and Amanda Clevenger, B.S.N., R.N.

CONTINUING EDUCATION

NURSING CAREER ADVANCEMENT PROGRAM

Through Sept. 30, 1,203 nurses participated in the Nursing Career Advancement Program (NCAP) at Texas Health in 2019. NCAP recognizes and financially rewards nurses for their dedication to their hospital, profession and education. Nurses advance through levels in the program with a variety of professional development activities.

NUMBER OF NURSES AT EACH NCAP LEVEL:



TEXAS HEALTH NEW GRADUATE RESIDENCY PROGRAM

The Texas Health New Graduate Residency Program is a comprehensive education and training system designed to transition newly graduated registered nurses from students to safe, competent and professional practitioners. In 2019, a total of 297 new graduate nurses completed the residency program. Specialty internships, designed for experienced nurses transitioning or changing specialties, supported the transition of 47 nurses during the year.

A cohort of 148 nurses began the Texas Health New Graduate Residency Program on Feb. 18, 2019.

RESEARCH

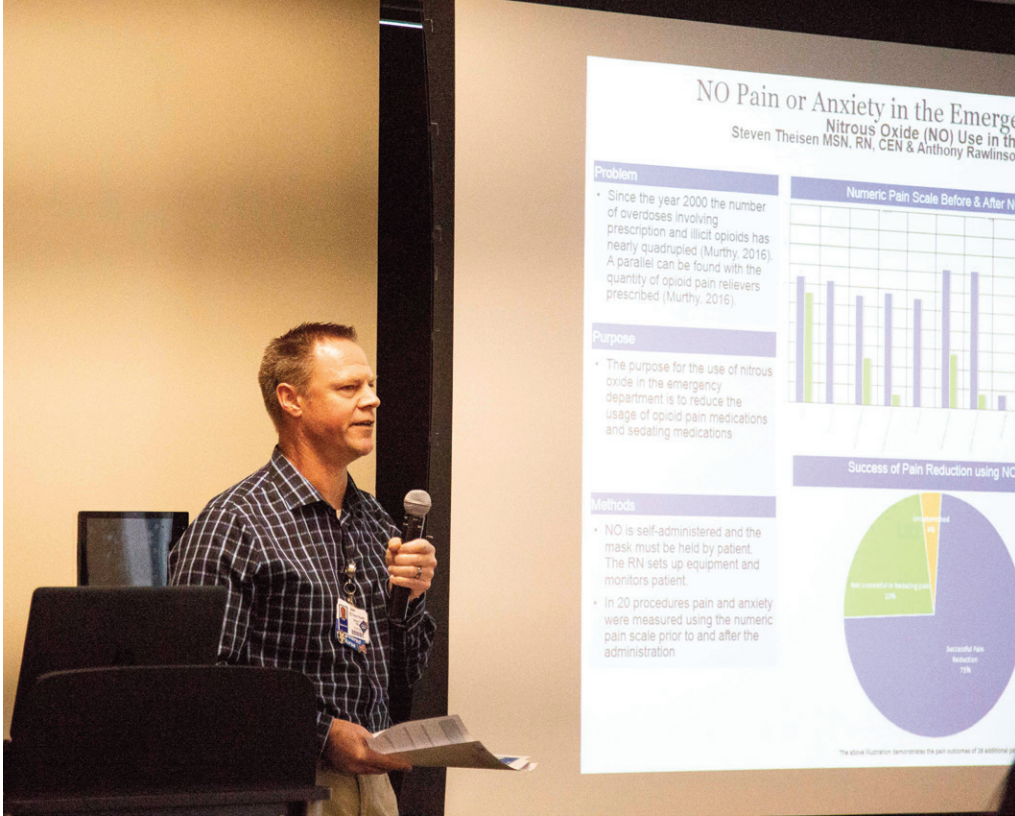
Texas Health’s nurse scientists helped nurses throughout the system conduct 49 research projects in 2019. Many of the research teams were multidisciplinary, featuring nurses, dietitians, pharmacists, physical therapists and other health care professionals.

MY NURSING JOURNEY

A tool to help nurses reach their professional development goals, My Nursing Journey continued to serve as a valuable resource for nurses in 2019. Planning began in the fall to move the tool to a new career pathing program in 2020.

NURSING EXCELLENCE FUND

The Nursing Excellence Fund provided continuing education and conference scholarships for 184 nurses throughout Texas Health in 2019. The fund also provides academic funding for nurses earning advanced degrees, including those training to become clinical nurse leaders.



Steven Thiesen, M.S.N., R.N., CEN, Texas Health Denton, leads a presentation at the Sixth Annual Texas Health Evidence-based and Research Symposium on Sept. 27. The symposium featured 18 podium presentations and 12 poster presentations.

TCU EVIDENCE-BASED PRACTICE FELLOWS
SEPTEMBER 2019 GRADUATES

- Jemrose Bando, M.B.A., M.S., R.N., Texas Health Dallas, podium presentation
- Susan Blume, B.S.N., R.N., Texas Health HEB, podium presentation
- Wendy Bodiford, M.S.N., R.N., OCN, Texas Health Arlington Memorial
- Laura Bonilla, M.S.N., R.N., Texas Health Dallas
- Catherine Glenn, B.S.N., R.N., Texas Health Dallas, podium presentation, abstract – first place winner
- Meredith Golden, P.T., D.P.T., Texas Health Alliance
- Shara Gray, B.S.N., R.N., Texas Health Southwest Fort Worth
- Wendilyn Hamilton, B.S.N., R.N., Texas Health Huguley, podium presentation
- Marcus Hickman, R.T., BSRS, Texas Health Southwest Fort Worth, podium presentation
- Susan Jacob, B.S.N., R.N., Texas Health Plano, podium presentation
- Marklin Jones, B.S.N., R.N., Texas Health HEB, podium presentation
- Korynn Kelly, M.A., R.D., L.D., Texas Health Fort Worth
- Danielle Martin, M.S.N., R.N., Texas Health Arlington Memorial
- Ilda Martinez, B.S.N., R.N., Texas Health Stephenville
- Emily McQuade, M.P.A., M.A., R.N., Texas Health Southwest Fort Worth
- Monica Mitchell, RNC-OB, Texas Health Cleburne
- Janet Nicoludis, M.S.N., R.N., Texas Health Fort Worth
- Kristi L. Ramon, B.S.N., R.N., Texas Health Azle
- Brigitte Ratliff, B.S.N., R.N., Texas Health Arlington Memorial

- Brittany Sparks, R.D., L.D., CNSC, Texas Health Dallas, podium presentation
- Rebecca Byrd Terry, B.S.N., R.N., Texas Health Fort Worth
- Gretchen Umlor, B.S.N., R.N., Texas Health HEB, abstract – second place winner
- Tiffany Ward, B.S.N., R.N., Texas Health Alliance
- Traci Wright, B.S.N., R.N., Texas Health Huguley, podium presentation

Jessica Villarreal, B.S.N., R.N., Texas Health Arlington Memorial Hospital, received the prestigious Impact Award at the TCU Evidence-based Practice Fellowship graduation. She was honored for the sustained impact of her work on infant immersion (tub) bathing.



\$4.3
MILLION

DONATIONS RECEIVED
FOR NURSING
EXCELLENCE FUND/
ENDOWMENTS

From 2009 — September 2019

\$2.9
MILLION

GRANTS MADE FOR
NURSING EXCELLENCE

From 2010 — September 2019

\$3.3
MILLION

NURSING EXCELLENCE
FUND ENDOWMENT
VALUE

As of September 2019

Thank you to all of my nurses for everything you did for me. You were all so nice – every one of you. You were right there when I needed you, and you had me where I did not want to go home! Keep up the good work. God sees what you are doing.

- Alice A.

After the removal of an eight-pound tumor and major reconstructive surgery, Alice was cared for by a team of nurses at Texas Health Dallas, including Selena Ly, R.N.; Hope Braden, R.N.; and Dana Polk, M.S.N., R.N., CNL, RNC-NIC. The complicated surgery required a week of recovery in the hospital, and the nurses worked together to meet her unique needs. A self-proclaimed country girl who had not been in the hospital for more than 20 years, Alice credits God and her nurses with helping her stay positive and at peace throughout her hospital stay.



TEAMWORK

Our Texas Health Promise™: Individuals Caring For Individuals, Together® serves as the foundation for multidisciplinary teamwork at Texas Health. Leveraging the talents and strengths of each individual creates teamwork that makes all the difference.





Texas Health Fort Worth nurses celebrate achieving redesignation as a Magnet® hospital at the annual ANCC National Magnet Conference®.

CENTRAL STAFFING OFFICE

Texas Health's Central Staffing Office managed more than 32,000 unscheduled absences in 2019 and continues to provide more than 400 clinical full-time employees throughout Texas Health. Supplemental staffing for Security was added in 2019.

MAGNET® REDESIGNATION

Two Texas Health hospitals were redesignated as Magnet® hospitals, the most prestigious designation honoring nursing services, in 2019 – Texas Health Fort Worth for the fourth time and Texas Health Arlington Memorial for the second time. Presented by American Nurses Credentialing Center, the designation recognizes health care organizations for quality patient care, nursing excellence and innovations in the nursing practice.

WORKPLACE VIOLENCE PREVENTION AND INTERVENTION

Texas Health's Workplace Violence Prevention and Intervention Program developed a number of tools and resources in 2019 to support employees in preventing and responding to violent patients and visitors. Leadership of the program, which includes Employee Health and Human Resources representatives, created a manager's toolkit, a door sign for identifying violent patients and an alert in the electronic health record to identify aggressive behavior by patients and visitors. A position statement was created and distributed on Nursing units. Active shooter and Crisis Prevention Intervention training continued throughout the year.



A door sign was created for identifying violent patients.

ADVANCE PRACTICE REGISTERED NURSES

From caring for patients in Texas Health Physicians Group practices to serving as clinical nurse leaders to leading Healthy Education and Lifestyle Program (HELP) clinics, advance practice registered nurses can be found throughout Texas Health. These nurses use their specialty training to plan and provide care for a wide variety of patients.

DFW GREAT 100 NURSES

More Texas Health Resources nurses than ever before were recognized in 2019 by the DFW Great 100 Nurses organization on its annual Great 100 Nurses list. Representing nearly half the list and making Texas Health the most honored health system, 38 Texas Health nurses received the honor. The DFW Great 100 Nurses Inc. annually sponsors the DFW Great 100 Nurses to recognize registered nurses in the area who exemplify excellence in the art and science of nursing. The 2019 honorees from Texas Health wholly owned entities are:



Laila Amlani
B.S.N., CPAN,
Texas Health Plano



Andrea Ansley
B.S.N., R.N., CCRN,
Texas Health Plano



Jill Austin
B.S.N., R.N.,
Texas Health Seay
Behavioral Health Center



Kathleen Barber
B.S.N., R.N., PCCN,
Texas Health Fort Worth



Angela Bennett
B.S.N., R.N., CEN,
Texas Health Resources



Lucy Bird
M.S.N., R.N.,
Texas Health Allen



Malorie Bishop
B.S.N., R.N., CMSRN,
Texas Health Southwest



Yolanda Blaine
M.S., R.N.,
Texas Health Dallas



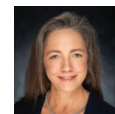
Christine Cox
B.S.N., R.N.,
Texas Health Fort Worth



Sandra Kay Cox
B.S.N., R.N.,
Texas Health Dallas



Jennifer Dalton
M.S.N., R.N., CVRN-BC,
Texas Health Fort Worth



Tawana Dickman
B.S.N., R.N., CEN,
Texas Health Azle



Valerie Michelle Duron
B.S.N., R.N., CMSRN,
Texas Health Plano



Charollette Harfield
M.S.N., R.N., NEA-BC,
Texas Health Fort Worth



Diane R. Henyan
B.S.N., R.N., CGRN,
Texas Health Alliance



Karen Hodges
B.S.N., R.N., OCN,
Texas Health Dallas



Leora Joiner
M.S., B.S.N., R.N., CCRN,
Texas Health Fort Worth



Erin Jones
B.S.N., R.N., OCN,
Texas Health Dallas



Dawn Keesee
M.S.N., B.S.N.,
Texas Health Southwest



Vanessa Lozada
B.S.N., R.N., CA-SANE,
CP-SANE,
Texas Health Plano



Ancy Mathew
M.S.N., R.N., CNL,
Texas Health Dallas



Kathryn McCullough
M.S.N., R.N., CNL,
Texas Health Plano



Suzanne Murphy
M.S.N., R.N., NE-BC,
Texas Health Dallas



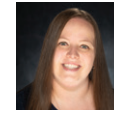
Dana Polk
M.S.N., R.N., CNL,
Texas Health Dallas



Nina Quijano
M.S.N., R.N., CCRN,
AGACNP,
Texas Health Fort Worth



Katie Ramirez
B.S.N., RNC-NIC,
Texas Health Dallas



Stephanie Rhodes
B.S.N., R.N.,
Texas Health Southwest



Stacey Rowland
B.S.N., RN-BC,
Texas Health Allen



James Ryan
M.S.N., APRN, AGCNS-
BC, SCRNP,
Texas Health Fort Worth



Susan M. Shields
M.B.A., R.N., NE-BC,
Texas Health Fort Worth



Karen Sullivan
B.S.N., R.N., CCRN,
Texas Health Plano



April Sutton
M.S.N., R.N., CIC, LSSYB,
Texas Health Resources



Sandra Ulrich
M.S.N., R.N., CNL,
Texas Health Denton



Levinda Walpole
M.B.A., B.S.N., R.N.,
CCRN,
Texas Health Dallas



Jamie Sue Waugh
M.S.N., R.N., CWON,
NE-BC,
Texas Health Fort Worth



Jennifer White
M.S., R.N.,
Texas Health Fort Worth



Kathleen Whitney
B.S.N., R.N., CEN,
Texas Health Fort Worth



Kimberly R. Williams
M.S.N., RNC-MNN,
Texas Health Resources



MEALS THAT HEAL

Led by two nurse practitioners, an innovative program at Texas Health Dallas connects seniors being discharged with meal programs and follow-up contact to make sure they're doing well. Meals that Heal features meals delivered through the Visiting Nurse Association and Meals on Wheels with deliverers asking a series of questions when they visit a patient's home. If issues are discovered, the deliverer contacts the Visiting Nurse Association social worker, who contacts Texas Health Dallas nurse practitioners Stephanie Lindsey-Taylor, M.S.N., R.N., AGNP-BC, and Rincy Thomas, M.S.N., APRN, AGPCNP-C, for follow-up. Since the program began two years ago, they've seen no readmissions for the 85 patients in the program within 30 days, and fewer visits to the Emergency Department within 30 and 60 days.

Rincy Thomas, M.S.N., APRN, AGPCNP-C, and Stephanie Lindsey-Taylor, M.S.N., R.N., AGNP-BC, lead the Meals that Heal program at Texas Health Dallas.

SPOTLIGHT ON TEXAS HEALTH DALLAS

HEARTFELT EDUCATION FOR NURSES AND CONSUMERS

Texas Health Dallas' Heart and Vascular Services provided several educational opportunities in 2019 that focused on best practices for care teams and consumers. Valve coordinators Barbara Wright, B.S.N., R.N., and Jennifer Grell, B.S.N., R.N., spearheaded the creation of a transcatheter aortic valve replacement (TAVR)

council for providers in North Texas to join together and share best practices and learn from other programs in North Texas. In addition, Texas Health Dallas hosted a comprehensive Atrial Fibrillation Workshop in June that provided education and information to almost 50 individuals dealing with atrial fibrillation.

EMERGENCY CARING: CHANGES POSITIVELY IMPACT PATIENT CARE AND EXPERIENCE

From changes in the staffing and triage flow plans to new volunteer roles and discharge phone call processes, the Emergency Department (ED) at Texas Health Dallas took significant steps in 2019 to improve quality care and the patient experience. Nurses in the department were supported through regular education on trauma topics, high-level personal protective equipment redesign and education, a weekly update email, and a revised staffing plan. In addition, care in the department was enhanced through an ED Code Sepsis, door to EKG reading improvement initiative and the new triage flow plan.

The various initiatives had significant positive results. For example, the revised triage process increased the capacity for caring for patients with more serious issues by 20 percent. In addition, the Code Sepsis project reduced the antibiotic order to administration time by 20 minutes. As a result of all of the initiatives, HCAHPS (Hospital Consumer Assessment of Healthcare Providers and Systems) survey results regarding ED care increased by approximately six percent.

DRIVING AWAY CANCER

With a goal of helping breast cancer patients express themselves and share their journeys, Texas Health Dallas hosted an art therapy workshop in the fall called Driving Away Cancer. Patients painted and decorated hubcaps during the workshop, which was led by Dallas recycle artist Sharon Zigrossi. Part of the Arts in Healthcare program at Texas Health Dallas, the workshop was a collaboration between the oncology nurse navigation program at the hospital and the Cancer Support Community North Texas.

Toya White, M.B.A., M.S.N., R.N., FNP-C, CBN, director of Oncology at Texas Health Dallas, and Erin Prendergast, B.S.N., R.N., CBCN, oncology nurse navigator, helped coordinate the Driving Away Cancer workshop for breast cancer patients.





SPOTLIGHT ON TEXAS HEALTH SOUTHWEST FORT WORTH

RESEARCH STUDY IMPROVES CONFIDENCE IN DETECTING HEMATOMAS

Shara Gray, B.S.N., R.N., CMSRN, Texas Health Southwest Fort Worth, completed a research study for her TCU Evidence-Based Practice Fellowship on “A Photographic Approach to Early Detection and Harm Reduction in Post-Mastectomy Patients.” The study addressed the need for an objective method to differentiate

INNOVATIVE APPROACHES TO IMPROVING THE PATIENT EXPERIENCE

From competitions to a comfort cart, nurses on the fifth floor med-surg unit at Texas Health Southwest Fort Worth used innovative approaches to improve the patient experience in 2019. Patient birthdays were celebrated with cards, singing and gifts, such as a joke book made from Post-it notes. Nurses encouraged patients to walk by posting stickers every ten feet in the hallway and creating a board with race cars where patients could post their daily totals and compete with each other. In addition, the nurses on the unit used a comfort cart to improve the patient experience. The cart features items contributed by employees, including child and adult coloring books, reading glasses, puzzles and magazines.

Nhor Nhoi, B.S.N., RN-BC, displays a page from the unit's comfort cart that was colored and given to her by a patient.

normal bruising after mastectomy from signs of a developing hematoma. Incision photography was used to monitor any changes in breast size, shape or color. Nurse confidence in identifying a developing hematoma increased by 17 percent at the end of the study.



NURSES HELP DEVELOP AND LEAD STEMI PROGRAM

Texas Health Southwest Fort Worth began a STEMI program in 2019 to address the needs of patients suffering from a serious type of heart attack known as a ST-elevation myocardial infarction (STEMI). Deemed as a STEMI-Receiving Center, the hospital has the necessary resources and manpower to provide percutaneous coronary intervention – a procedure used to treat blocked arteries – to heart attack patients, 24 hours, seven days a week. Jennifer Chavez, D.N.P., R.N., ACNP-BC, NEA-BC, CCRN, and Regina Harrison, M.S.N., R.N., Chest Pain/Heart Failure & Stroke program coordinator, worked with a multidisciplinary team to develop and implement the program.

Regina Harrison (right), Chest Pain/Heart Failure & Stroke program coordinator, talks with Justin Martin, M.D., a cardiologist on the Texas Health Southwest Fort Worth medical staff and the hospital's Interventional Cardiology medical director, about the hospital's STEMI program.

NURSES PROVIDE ESSENTIAL INPUT TO DESIGN OF NEW NICU

The unit-based council for the Neonatal Intensive Care Unit (NICU) at Texas Health Southwest Fort Worth provided feedback on their wants and needs for the hospital's new NICU. Their input was shared with the architect during construction planning meetings. Because of their advocacy, the nurses will have a staff breakroom with a bathroom in the new NICU. The new NICU will be double the size of the current unit, growing from eight to 16 beds.

INDIVIDUAL ACCOMPLISHMENTS, ACHIEVEMENTS AND RESEARCH

PODIUM PRESENTATIONS

Black, D.; Texas Health Cleburne. Preventing Unnecessary Re-Admissions in Recently Discharged Rural Patients: The Power of Collaborative APRNs. Texas Clinical Nurse Specialists 2019 Conference, Austin, Texas, June 2019.

Brookshire, J.; Enriquez, A.; Texas Health Dallas. Reducing Unplanned Adverse Events on a Trauma Unit by Improving Critical Thinking. Retrospective Study: Unplanned ICU Admission for Trauma Service 2015-2017. Sigma Theta Tau 30th Bi-Annual International Research Congress, Calgary, Alberta, Canada, July 2019.

Cauley, J., Texas Health Rockwall; Forryan, N., Texas Health Denton; Hillgartner, S., Texas Health Flower Mound; Peterson, J., Texas Health Plano; Norris, T., Texas Health HEB; Wardlaw, K., Texas Health HEB; White, T., Texas Health Dallas. Promoting Safety Through Technology: Implementation of EHR Alert Banner. American College of Surgeons Quality and Safety Conference, Washington, D.C., July 2019.

Texas Health Allen Earns Pathway to Excellence® Re-Designation

Nurse leaders at Texas Health Allen gathered to celebrate receiving Pathway to Excellence® recognition for the fourth time from the American Nurses Credentialing Center in 2019.

Cauley, J., Texas Health Rockwall; Hillgartner, S., Texas Health Flower Mound; Forryan, N., Texas Health Denton. A Novel Digital Patient Safety Initiative. Texas Association for Bariatric Surgery 2019 Annual Meeting, Houston, February 2019.

Edlund, S.; Texas Health Dallas. Trauma Nurse Simulation Training. 2019 Trauma Quality Improvement Annual Scientific Meeting and Training, Dallas, November 2019.

Garlow, L.; Texas Health Dallas. Collaboration to Improve Pediatric Preparedness at a Level II Trauma Center. 2019 Trauma Quality Improvement Annual Scientific Meeting and Training, Dallas, November 2019.



Gbedemah, S.; Grayson, C.; Texas Health Resources. Adapting Infection Prevention to the Behavioral Health Setting. 2019 Association for Professionals in Infection Control and Epidemiology National Conference, Philadelphia, June 2019.

George, V.; Texas Health Resources. Eat N Go Home: Early Assessment and Therapy with NTrainer System Help Preterm Babies to Eat Well and Go Home Faster. National Association of Neonatal Nurses Annual Conference, Savannah, Georgia, October 2019.

Holland, J.; Texas Health Resources. A Final Salute for Our Nation’s Finest. American Organization of Nursing Executives 2019 Annual Meeting, San Diego, April 2019.

Kim, S.; Texas Health Fort Worth. LGBTQ End of Life Care. OUT for Health Conference, Fort Worth, Texas, February 2019.

Luis, A.; Texas Health Dallas. Green Belt Project: Reducing Door to IV Alteplase Time for Acute Ischemic Stroke Patients. 2019 DNV-GL Healthcare Symposium, Cincinnati, November 2019.

McCarthy, C.; Texas Health Stephenville. Hospitals’ Role in Identifying and Supporting Victims of Human Trafficking. Texas Hospital Association, Austin, Texas, February 2019.

Miles, G.; Texas Health Fort Worth. Use of ED RN Wound Infiltration to Promote Patient Throughput in the ED Setting. 3rd International Conference on Nursing Science and Practice, Los Angeles, July 2019.

Newcomb, P., Texas Health Resources; Li, J., The University of Texas at Arlington. Predicting Admissions for Asthma Exacerbations in North Texas. World Congress on Nursing Education and Practice, Melbourne, Australia, December 2019.

Pinyan, T.; Texas Health Cleburne. Nurses Pioneer Practice: Nitrous Oxide for Labor Analgesia. 26th National Evidence-Based Practice Conference, Coralville, Iowa, April 2019.

Presley, C.; Texas Health Southwest. Utilizing the Clinical Nurse Leader to Improve Consistency of Care at the Bedside. 2019 Clinical Nurse Leader Summit, Tampa, Florida, February 2019.

Ramsey, R.; Texas Health Southwest. ERAS – Part II. Perinatal Leadership Forum, Litchfield Park, Arizona, November 2019.

Romero, J.; Texas Health Dallas. Patient Fall Safety: Creating Patient Awareness on Preventing Hospital Falls by Using an Education Tool. International Clinical Nurse Leader Fall 2019 Conference, Philadelphia, September 2019.

Rust, L.; Nelson, T.; Texas Health Resources. Vital Sign Integration. Capsule User Group, California, 2019.

Shaw, K.; Texas Health Fort Worth. Process Improvement and Case Study for Nursing Professional Development. Association of Nursing Professional Development Affiliate Meeting, Fort Worth, Texas, March 2019.

Slatton, K.; Texas Health Alliance. Designing Health Care Around the CNL: Innovation to Reality. 2019 Clinical Nurse Leader Summit, Tampa, Florida, February 2019.

Suarez, V.; Powers, T.; Garlow, L.; Texas Health Dallas. Data Validation: It’s More Than Running the Validator. 2019 Trauma Quality Improvement Annual Scientific Meeting and Training, Dallas, November 2019.

Tran, D.S.; Texas Health Dallas. Special Focus Group: Epilepsy. American Association of Neuroscience Nurses 51st Annual Educational Meeting, Denver, March 2019. From Ideas to Improved Nursing Practice. Philippine Nurses Association of North Texas Annual Spring Symposium, 2019. Keynote speaker, American Brain Tumor Association Breakthrough for Brain Tumors 5K, Plano, Texas, March 2019.

Tran, D.S.; Beavers, S.; Texas Health Dallas. Role of DNP in Neuroscience Service Line Development. American Association of Neuroscience Nurses 51st Annual Educational Meeting, Denver, March 2019.

Tullous, A.; Bruner, A.; Texas Health Fort Worth. Placental Phlebotomy: A Unique Approach to Admission Lab. Premier Conference, Nashville, Tennessee, June 2019.

Urban, R.; Texas Health Cleburne. Transition Crisis: The Perspective of New Graduate Nurses in Early Solo Flight. Association for Nurses in Professional Development 30th Annual Conference, Phoenix, April 2019.

Williams, L.; Texas Health Dallas. Reducing Door to Needle (D2N) IV Alteplase Time for Acute Stroke Patients. 2019 DNV-GL Healthcare Symposium, Cincinnati, November 2019.

POSTER PRESENTATIONS

Belz, J.; Ibarra, G.; Texas Health Arlington Memorial. Reducing Pain and Opioid Use in Older Adults with Hip Fractures. Trauma Center Association of America’s 22nd Annual Trauma Conference, Las Vegas, May 2019.

Black, D.; Francis, E.; Texas Health Cleburne. Preventing Unnecessary Re-Admissions in Recently Discharged Rural Patients: The Power of Collaboration. Sigma Theta Tau, Delta Theta Chapter, Research Symposium, Arlington, Texas, March 2019. Texas Nurse Practitioners 31st Annual Conference, Austin, Texas, September 2019.

Boyd, J.; Houttuin-Sullivan, M.; Texas Health Southwest. Severe Maternal Mortality. Perinatal Leadership Forum, Litchfield Park, Arizona, November 2019.

Brookshire, J.; Hernandez, A.; Texas Health Dallas. Improving Trauma Throughout: Two-by-Ten, All by Two Discharge Program. Clinical Nurse Leader Summit, Tampa, Florida, February 2019. Reducing Unplanned Adverse Events on a Trauma Unit by Improving Critical Thinking. Society of Trauma Nurses TraumaCon 2019, Lexington, Kentucky, March 2019.

Brown, H.; Baxter, R.; Bruner, A.; Texas Health Fort Worth. Transition to a Primary Palliative Care Model in the NICU. Center to Advance Palliative Care Conference, Atlanta, November 2019.

Brown, H.; Williford, L.; Rosenblue, R.; Shaw, K.; Texas Health Fort Worth. Provocative Question Prompts Palliative Care in the ED. Center to Advance Palliative Care Conference, Atlanta, November 2019.

Brown, P.; Texas Health Fort Worth. Clinical Aromatherapy. Alliance of International Aromatherapists, Minneapolis, Minnesota, September 2019.

Choate, S.; Texas Health Specialty Hospital. Staff Reporting Trends: Is an HRO a Life Raft in the Safety Swamp? Dallas-Fort Worth Hospital Council 12th Annual Patient Safety Summit, Hurst, Texas, August 2019.

Classen, K.; Texas Health Dallas. Effect of Timing of the First Bath on a Healthy Newborn’s Temperature. 2019 National Association of Women’s Health, Obstetric and Neonatal Nurses Convention, Atlanta, June 2019. 2019 Texas Association of Women’s Health, Obstetric and Neonatal Nurses Conference, Frisco, Texas, May 2019.

Cross, E.; Suarez, V.; Texas Health Dallas. Capturing More Accurate Over and Under Triage Rates with an Alternative Triage Assessment: Need for Trauma Intervention (NFTI). 2019 Trauma Quality Improvement Annual Scientific Meeting and Training, Dallas, November 2019.

Culver, M.; Texas HEB. Interdisciplinary Approach to Decreasing Average Length of Stay in Total Knee Replacement Population. National Association of Orthopaedic Nurses Congress, Atlanta, May 2019.

Duffey, P.; Texas Health Specialty Hospital. Staff Reporting Trends: Is an HRO a Life Raft in the Safety Swamp? Pathway to Excellence® Conference and American Nurses Association Quality and Innovation Conference, Orlando, Florida, April 2019.

Dunson, V.; Sumena, P.; Texas Health Southwest. SEEMS Project. Dallas-Fort Worth Hospital Council 12th Annual Patient Safety Summit, Hurst, Texas, August 2019.

Fawcett, M.L.; Tran, D.; Texas Health Dallas. Dizziness Protocol for Stroke Care in the Emergency Room. American Association of Neuroscience Nurses 51st Annual Educational Meeting, Denver, March 2019.

Gaban, E.; Phiri, B.; Texas Health Plano. A Pregnant Woman’s Challenges with Grade IV Glioblastoma Multiforme. 2019 Texas Association of Women’s Health, Obstetric and Neonatal Nurses Conference, Frisco, Texas, May 2019.

George, V.; Texas Health Resources. Eat N Go Home. International Sigma Theta Tau 45th Biennial Convention, Washington, D.C., November 2019. Sigma Theta Tau, Delta Theta Chapter, Research Symposium, Arlington, Texas, March 2019.

George, V.; Holland, J.; Texas Health Resources. Fall Prevention: Reducing Fall Events and Related Injuries. Through Advocacy-Empowered Nurses Practice Shared Governance. Nursing Excellence Symposium, Arlington, Texas, November 2019.



Sharing Their Knowledge
Cathy Grayson, M.S.N., R.N., CIC, Texas Health Plano, and Sasha Gbedemah, M.S.N., R.N., CIC, Texas Health HEB, shared a podium presentation on Adapting Infection Prevention to the Behavioral Health Setting at the Association for Professionals in Infection Control and Epidemiology 2019 conference in Philadelphia in June.

Gettle, V.; Texas Health Allen. Improving Postpartum Women’s Satisfaction with Discharge Teaching. Pathway to Excellence® Conference, Orlando, Florida, April 2019.

Glenn, C.; Edlund, S.; Texas Health Dallas. We All Fall Down: Simulation to Increase Caregiver Awareness of Inpatient Falls. 2019 Trauma Quality Improvement Annual Scientific Meeting and Training, Dallas, November 2019.

Gutierrez, M.; Texas Health Arlington Memorial. Providing Culturally Competent Healthcare to the Lesbian, Gay, Bisexual and Transgender (LGBT) Population. Texas A&M Commerce Rising Stars of Research and Scholarship, New Orleans, February 2019.

Hobbs, K.; Texas Health Resources. CAUTI on with Our Patients: The Development and Implementation of a CAUTI Tracer Program. 2019 Association for Professionals in Infection Control and Epidemiology National Conference, Philadelphia, June 2019.

Mart, C.; Brown, S.; Texas Health Fort Worth. Growing Support to Reduce Anxiety – The Benefit of Networking. 2019 International Westberg Symposium, Memphis, Tennessee, April 2019.

Mitchell, M.; Texas Health Cleburne. A Retrospective Chart Review Comparing Outcomes of Water Deliveries and Matched Traditional Deliveries. 2019 Texas Association of Women’s Health, Obstetric and Neonatal Nurses Conference, Frisco, Texas, May 2019.

Nava, A.; Jacques, M.; Texas Health Plano. The Pink Sheet: A Colorful Intervention to Improve Patient Throughput. 2019 Clinical Nurse Leader Summit, Tampa, Florida, February 2019.

Owen, K.; Texas Health Plano. How Does the Baby Come Out? Reducing the Cesarean Delivery Rate in Low-Risk Women Using Six Sigma. Sigma Theta Tau, Delta Theta Chapter, Research Symposium, Arlington, Texas, March 2019.

Padua, P.; Jarabata, J.; Uytico, F.; Patel, M.; Texas Health Dallas. Clinical Nurse Leaders Advancing Stroke Outcomes. Pathway to Excellence® Conference and American Nurses Association Quality and Innovation Conference, Orlando, Florida, April 2019.

Pinyan, T.; Texas Health Cleburne. Nurses Pioneer Practice in the Use of Nitrous Oxide for Labor Analgesia. 2019 National Association of Women’s Health, Obstetric and Neonatal Nurses Convention, Atlanta, June 2019.

Pinyan, T.; Mitchell, M.; Texas Health Cleburne. When Transferring to the Hospital Wasn’t in the Birth Plan: An Interprofessional Collaboration. 2019 National Association of Women’s Health, Obstetric and Neonatal Nurses Convention, Atlanta, June 2019.

Regan, A.; Texas Health Cleburne. Umbilical Cord Infection Prevention: Topical Breastmilk. 2019 Texas Association of Women’s Health, Obstetric and Neonatal Nurses Conference, Frisco, Texas, May 2019.

Richter-Gifford, B.; Texas Health Arlington Memorial. Start the Clock: Improving Inpatient Hypoglycemia Care. Sigma Theta Tau, Delta Theta Chapter, Research Symposium, Arlington, Texas, March 2019. America Association of Diabetes Educators National Conference, Houston, August 2019.

Robbins, A.; Texas Health Fort Worth. A Low Cost CPR/AED Training Solution for Building Heart Safe Schools & Communities. Cardiac Arrest Survival Summit Presented by the Citizen CPR Foundation, Seattle, December 2019.

Rolen, M.; Texas Health Arlington Memorial. 30 Minutes or Less: Closing the Gap Between Blood Glucose Check and Insulin Administration. Sigma Theta Tau, Delta Theta Chapter, Research Symposium, Arlington, Texas, March 2019.

Suarez, V.; Texas Health Dallas. Improved Adherence to Pharmacological VTE Prophylaxis Through Daily Monitoring. 2019 Trauma Quality Improvement Annual Scientific Meeting and Training, Dallas, November 2019.

Tran, D.; Texas Health Dallas. Implementation of Two-Tier, Nurse-Driven Depression Screening Protocol for Acute Stroke Patients. International Neuroscience Nursing Research Conference, Austin, Texas, August 2019.

Tran, D.; Fawcett, M.L.; Texas Health Dallas. Dizziness Triage: Posterior Stroke or Lapse of Lightheadedness? International Neuroscience Nursing Research Conference, Austin, Texas, August 2019.

Tran., D.; Gonzalez, A.; Williams, S.; Luis, A.; Texas Health Dallas. EMS Liaison: Three-Pronged Approach to Better Outcomes for Stroke Patients. American Association of Neuroscience Nurses 51st Annual Educational Meeting, Denver, March 2019.



Showcasing Nursing’s Heart Through Art
Terri Lytle, R.N., Texas Health Allen, created the design and organized the construction of the first-place quilt at Texas Health’s annual Professional Practice Model (PPM) Art Contest. Second place was awarded to Texas Health Fort Worth for a cake depicting the PPM, and third place was given to Texas Health Southwest for their string art representation of the model.

True, B.; Sleutel, M.; Texas Health Arlington Memorial. Easing Infant Pain: Using Evidence That Sticks. Sigma Theta Tau, Delta Theta Chapter, Research Symposium, Arlington, Texas, March 2019. 2019 Texas Association of Women’s Health, Obstetric and Neonatal Nurses Conference, Frisco, Texas, May 2019. 2019 National Association of Women’s Health, Obstetric and Neonatal Nurses Convention, Atlanta, June 2019.

Van Valkenburg, A.; Texas Health HEB. Perinatal Depression and Anxiety Collaborative. 2019 National Association of Women’s Health, Obstetric and Neonatal Nurses Convention, Atlanta, June 2019.

AWARDS AND RECOGNITION

Jiji Andrews, M.S.N., R.N., PCCN, CMSRN, Texas Health Arlington Memorial. Academy of Medical-Surgical Nurses 2019 National Convention \$1,000 Award.



Banquet Honors Nursing Career Advancement Program Nurses

Denise Claussen, M.S.N., B.S.N., chief nursing officer, and Tammy Garrett, R.N., both of Texas Health Kaufman, celebrated with nurses from throughout Texas Health at the 2019 Nursing Career Advancement Program banquet.

Malorie Bishop, B.S.N., R.N., CMSRN, Texas Health Southwest.

Grant from the Academy of Medical-Surgical Nurses to attend the Nurse in Washington Internship.

Kelley Cartwright, M.S.N., R.N., CNL, CMSRN, CCAP, Texas Health Southwest. Academy of Medical-Surgical Nurses 2019 Clinical Leadership Award.

Cory Franks, M.S.N., R.N., CNL, Texas Health Alliance. 2019 American Association of Colleges of Nursing National Clinical Nurse Leader Vanguard Award.

Mindy Hamilton, R.N., Texas Health Dallas. Mural of Excellence Award: From Trash to Treasure, International Sigma Theta Tau 45th Biennial Convention, Washington, D.C., November 2019.

Jennifer Meckley, B.S.N., RNC-NIC, Texas Health Hurst-Euless-Bedford. 2019 Academy of Neonatal Nursing Excellence in Neonatal Nursing Practice Award.

Mindy Rodriguez, M.S.N., CEN, TCRN, Texas Health Stephenville. Dallas-Fort Worth Hospital Council Preceptor of the Year.

Deborah Tran, D.N.P., R.N., CNRN, SCRn, NE-BC, Texas Health Dallas. Grand Canyon University 2019 Adjunct Faculty – Leadership in Research and Scholarly Activity Award.

Jessica Villareal, B.S.N., R.N., Texas Health Arlington Memorial. 2019 TCU Evidence-Based Practice Impact Award.

LEADERSHIP

Jiji Andrews, M.S.N., R.N., PCCN, CMSRN, Texas Health Arlington Memorial. Member, Clinical Practice Committee, hub moderator, Lippincott content reviewer, American Medical Surgical Nurses.

Elizabeth Asturi, M.S.N., R.N., NE-BC, Texas Health Dallas. President, North Texas Organization of Nurse Executives.

Sunny Austin, B.S.N., R.N., CNOR, RNFA, Texas Health Arlington Memorial. President, Association of Operating Room Nurses, North Texas Chapter.

Jody Bauer, M.B.A., M.S.N., R.N., SCRn, Texas Health Plano. Treasurer, Dallas County Emergency Nurses Association.

Doris Blacksher, B.S.N., R.N., CMSRN, Texas Health Arlington Memorial. Treasurer, Academy of Medical Surgical Nursing, Greater Arlington Chapter #628.

Carol Ann Boehm, R.N., Texas Health Plano. Secretary, Collin County Texas Association of Neonatal Nurses.

Mary Carrizalez, M.B.A., B.S.N., R.N., CCRN, Texas Health Arlington Memorial. Board member, vice chair, Association of Women’s Health, Obstetric and Neonatal Nurses, Cowtown Chapter.

Fourteen Texas Health Nurses Receive D Magazine’s Excellence in Nursing Awards

Leadership

- Scott Domingue, Texas Health Resources
- Donielle Halvorsen, Texas Health Huguley
- Brandi Hopkins, Texas Health Huguley
- Suzanne Murphy, Texas Health Dallas
- Toya White, Texas Health Dallas

Direct Care

- Jemrose Bando, Texas Health Dallas
- Karen Hodges, Texas Health Dallas
- Molly Iype, Texas Health Resources
- Stephanie Koepke, Texas Health Dallas
- Ellen Munsterman, Texas Health Fort Worth
- Erin Prendergast, Texas Health Dallas
- Shalen Robbins, Texas Health Huguley
- Crystal Smith, Texas Health Plano
- Jennifer Thompson, Texas Health Huguley

Kanika Cline, B.S.N., Texas Health Southwest. Secretary, National Association of Orthopaedic Nurses, Fort Worth Chapter SC-217.

Emily Cross, B.S.N., R.N., CEN, Texas Health Dallas. Instructor, Emergency Nurses Association Trauma Nursing Core Course.

A DECADE OF VIAL OF LIFE

Nurses at Texas Health Fort Worth have coordinated the Vial of LIFE Program for a decade, providing more than 140,000 potentially lifesaving vials to the community. The Vial of LIFE (Lifesaving Information For Emergencies) is an oversized plastic medicine vial containing a medical information brochure that the community is encouraged to complete and keep in their refrigerator. Alerted by a sticker on the refrigerator and front door, first responders or family members can bring the vial to the hospital with the patient in case of an emergency.

Victoria Dunson, B.S.N., R.N., Texas Health Southwest. President, National Association of Orthopaedic Nurses, Fort Worth Chapter SC-217.

Samantha Doup, M.S.N., RN-NIC, Texas Health Dallas. Secretary, North Texas National Association of Neonatal Nurses.

Susie Edlund, B.S.N., R.N., SCR.N, CEN, TCRN, Texas Health Dallas. Instructor, Emergency Nurses Association Trauma Nursing Core Course.

Blake J. Edmond, M.S.N., B.S.N., R.N., NE-BC, Texas Health Arlington Memorial. Member, Education Committee, Texas Organization of Nurse Executives.

Scott Flockhart, B.S.N., R.N., CEN, Texas Health Plano. President, Dallas County Emergency Nurses Association.

Nicole Forryan, M.S., R.N., CBN, Texas Health Denton. Member, Certified Bariatric Nurse Committee, American Society of Metabolic and Bariatric Surgery.

Cory Franks, M.S.N., R.N., CNL, Texas Health Alliance. Member, Clinical Nurse Leader Association Board, new local chapter development.

Laura Garlow, M.H.A., B.S.N., R.N., TCRN, Texas Health Dallas. Instructor, Emergency Nurses Association Trauma Nursing Core Course.

Viji George, M.A., B.S.N., R.N., RNC-NIC, Texas Health Resources. Educational and professional development chairperson, Indian American Nurses Association of North Texas.

Catherine Glenn, B.S.N., R.N., EMT-P, TCRN, CEN, Texas Health Dallas. Instructor, Emergency Nurses Association Trauma Nursing Core Course.

Michelle Hampton, Ph.D., R.N., NEA-BC, Texas Health Fort Worth. Delegate, House of Delegates, Texas Nurses Association, District 3.

Janet Hicks, M.S.N., RN-BC, Texas Health Arlington Memorial. Treasurer, DFW Association for Nursing Professional Development.

Aisha Honore-Otis, M.S.N., M.B.A., R.N., CMSRN, Texas Health Arlington Memorial. President, Academy of Medical Surgical Nursing, Greater Arlington Chapter #628.

Nurses Week Celebrations

Nurses celebrated their contributions to Texas Health and the nursing profession during Nurses Week 2019. Pictured below, nurses at Texas Health Arlington Memorial celebrated with special treats.



Gretchen Hunt, M.S.N., R.N., ACNS-BC, NEA-BC, Texas Health Southwest. Chair, Education Committee, Texas Organization of Nurse Executives; past president, board of directors, North Central Organization of Nurse Executives; treasurer, board of directors, DFW Great 100 Nurses.

Tiffany Knight, B.S.N., R.N., CMSRN, Texas Health Allen. President, Academy of Medical Surgical Nurses, North Texas Chapter.

Lori Krogman, M.S.N., R.N., Texas HEB. Secretary/Treasurer, North Central Organization of Nurse Executives.

Marisa Meyer Laster, B.S.N., R.N., CWON, Texas Health Fort Worth. Chair, conference planning, Wound Ostomy Continence Nurses Society, South Central Region.

Diane Long, Ph.D., R.N., SCR.N, RN-BC, Texas Health Fort Worth. Panel member, End Nurse Abuse Professional Issues, American Nurses Association. Volunteer, nursing professional development test item development and review, American Nurses Credentialing Center.

Teresa Lytle, B.S.N., R.N., CAPA, CPAN, Texas Health Allen. Historian, Texas Association of PeriAnesthesia Nurses.

Delores Martin, B.S.N., R.N., CNOR, Texas Health Allen. Historian, Association of Operating Room Nurses.

Ilda Martinez, RN-BC, NE-BC, Texas Health Stephenville. Nursing Advisory Board Member, Tarleton State University, Weatherford College, Ranger College.

Jayne McNally, M.S.N. Ed, R.N., Texas Health Arlington Memorial. President, Association for Nurse Professional Development, DFW Chapter.

DeVonna McNeill, M.S.N., RN-BC, RNC-OB, Texas Health Fort Worth. Member, Continuing Education Committee, Texas Nurses Association.

Anita Mitchell, R.N., CNOR, Texas Health Arlington Memorial. Nursing board member, Tarrant Area Gerontological Society.

Ellen Munsterman, M.S.N., APRN, AGCNS-BC, Texas Health Fort Worth. Secretary, Texas Clinical Nurse Specialists. Member, Continuing Nursing Education Committee, Texas Nurses Association.

Alex Nava, M.S.N., R.N., CNL, PCCN, CMSRN, Texas Health Plano. Marketing and communications coordinator, Clinical Nurse Leader Association.

Tanna Nelson, M.S.N., RN-BC, CPHIMS, Texas Health Resources. President, American Nursing Informatics Association Board, Dallas-Fort Worth Chapter.

Rebecca O'Shea, APRN, OCN, AOCNS, CBCN, CNS, Texas Health Denton. President, board of directors, Oncology Nursing Certification Corporation; member, national nominating committee, Oncology Nursing Certification Corporation.

Joni Padden, D.N.P., APRN, BC, CPHIMS, Texas Health Resources. Board member, American Nursing Informatics Association, Dallas-Fort Worth Chapter.

Leanne Perry, M.S.N., RN-BC, RNC-MNN, Texas Health Fort Worth. Member, Continuing Nursing Education Committee, Texas Nurses Association.

Theresa Powers, M.B.A., B.S.N., R.N., CEN, TCRN, Texas Health Dallas. Instructor, Emergency Nurses Association Trauma Nursing Core Course and Emergency Nursing Pediatric Course.

Betsy Richter-Gifford, B.S.N., R.N., CDE, Texas Health Arlington Memorial. Member, American Association of Diabetes Educators State Board; chair, American Association of Diabetes Educators North Texas Local Networking Group; member, American Association of Diabetes Educators State Conference Planning Committee.

Michel Roberts, B.S.N., R.N., VA-BC, Texas Health Arlington Memorial. President, Infusion Nurses Society, DFW Longhorn Chapter.

Magally Rolen, B.S.N., R.N., PCCN, Texas Health Arlington Memorial. Member, Editing Task Force, American Association of Critical-Care Nursing Scope and Standards for Progressive Critical Care Nursing Practice.

Stacey Rowland, B.S.N., R.N., CMSRN, Texas Health Allen. IT/Marketing chair, Academy of Medical Surgical Nurses, North Texas Chapter.

Kimberley Russell, R.N., Texas Health Plano. President, Collin County Texas Association of Neonatal Nurses.

Susanna Russell, B.S.N., R.N., CMSRN, Texas Health Allen. Vice president, Academy of Medical Surgical Nurses, North Texas Chapter.

Beena Sajith, M.S.N., R.N., CMSRN, Texas Health Allen. Treasurer, Academy of Medical Surgical Nurses, North Texas Chapter.

Dede Scholl, M.S.N., RN-NIC, Texas Health Dallas. Chair, Program Committee, North Texas National Association of Neonatal Nurses.

Kristina Shaw, M.S.N., RN-BC, Texas Health Fort Worth. President, Association of Nursing Professional Development, Fort Worth Affiliate. Member, Continuing Nursing Education Committee, Texas Nurses Association.

Kathy Srokosz, M.S., B.S.N., R.N., Texas Health Denton. Member, Denton County Homelessness Executive Leadership Team.

Valerie Suarez, B.S.N., R.N., CCRN, TCRN, Texas Health Dallas. Instructor, Emergency Nurses Association Trauma Nursing Core Course.

Phoebe Sumena, B.S.N., R.N., Texas Health Southwest. Treasurer, National Association of Orthopaedic Nurses, Fort Worth Chapter SC-217.

John Summers, M.A., B.S.N., R.N., Texas Health Allen. Member, Nursing Advisory Board, Collin County Community College.

Talisha Teal, B.S.N., R.N., CMSRN, Texas Health Arlington Memorial. Secretary, Academy of Medical Surgical Nursing, Greater Arlington Chapter #628.

Greg Terry, B.S.N., R.N., Texas Health Dallas. Member, Texas Emergency Medical Taskforce, Region 2; Health and Human Services Trauma Critical Care Team, South; instructor, Emergency Nurses Association Trauma Nursing Core Course.



Nurse Recognized for Emergency Department Care
Kevin Lane, R.N., received the 2019 Rose Award for his work at the Neighborhood Care & Wellness Burleson Emergency Department (ED). The Rose Award is bestowed annually on one registered nurse who works in a Texas Health ED and consistently provides outstanding experiences to their patients. Pictured above are Lindy Rose, the award's namesake; Kevin Lane; and Winjie Miao, senior executive vice president and chief experience officer.

Deborah Tran, D.N.P., R.N., CNRN, SCRN, NE-BC, Texas Health Dallas. President, Neuroscience Nurses, Dallas Area Chapter; member, advisory board, Neuroscience Nursing Research Council, The University of Texas Southwestern Medical Center; member, Workplace Advocacy Committee, Texas Nurses Association; member, CVSNI Excellence in Clinical Practice Awards Committee, American Heart Association; grant reviewer, Agnes Marshall Walker Foundation.

Stephanie Van Keer, B.S.N., R.N., Texas Health Southwest. Vice president, National Association of Orthopaedic Nurses, Fort Worth Chapter SC-217.

Jamie Sue Waugh, D.N.P., R.N., CWON, NE-BC, Texas Health Fort Worth. Secretary, Wound Ostomy Continence Nurses Society, South Central Region.

PUBLICATIONS

Classen, K., Texas Health Dallas. Effect of Timing of the First Bath on a Healthy Newborn's Temperature, Journal of Obstetric, Gynecologic & Neonatal Nursing, September 2019.

Duffey, P., Texas Health Specialty Hospital. Evaluating the Use of High Reliability Principles to Increase Error Event Reporting, The Journal of Nursing Administration, June 2019.

Kelley, C.B., Texas Health Dallas. Connecting the Dots: What TNA's DNP Policy Fellowship Can Do for You, Texas Nursing Magazine, Spring 2019.

Kelly, P., Texas Health Dallas. Guest editor. Integration of Genomics Across the Continuum of Cancer Care, Seminars in Oncology Nursing, February 2019.

Morelock, S., Texas Health Plano. The Hospital Administrative Supervisor Role: An Initial Exploratory Examination, Nursing Management, 2019.

Morelock, S.; Kirk, J.; Texas Health Plano. An Urban Medical System's Exploratory Study of Medication Errors, Nursing Open, July 2019.

Munsterman, E.; Hodo, A.; Newcomb, P.; Texas Health Resources. Factors Associated with Falls Among Hospital Inpatients, Nursing Management, November 2019.

Muraguri, M., Texas Health Allen. Non-invasive, Zip Type Skin Closure Device vs. Conventional Staples in Total Knee Arthroplasty: Which Method Holds Greater Potential for Bundled Payments?, Journal Cureus, March 2019.

Newcomb, P.; Behan, D.; Sleutel, M.; Walsh, J.; Baldwin, K.; Texas Health Resources. Are Genetics/Genomics Competencies Essential for all Clinical Nurses?, Journal of Nursing Management, January 2019. Nursing 2019, July 2019.

Newcomb, P., Texas Health Resources; Li, J., The University of Texas at Arlington. Predicting Admissions for Asthma Exacerbations in North Texas, Journal of Public Health Nursing, August 2019.

O’Shea, R., Texas Health Denton. A Badge of Honor: The Value of Oncology Nurse Certification, ONS Voice, May 2019.

Rolen, M., Texas Health Arlington Memorial. Standard 7 Evidence-Based Practice/Clinical Inquiry Exemplar, American Association of Critical-Care Nurses Scope and Standards for Progressive and Critical Care Nursing Practice, May 2019.

Shipley, R.; Chapman, B.; Davis, C.; Garrett, C.; Grigsby, S.; Kelley, C.B.; Texas Health Dallas. DNPs: Healthcare Change Agents, American Nurse Today – Education Edition 2019-2020.

Tran, D., Texas Health Dallas. Contributor. Scope and Standards of Practice: Neuroscience Nursing, 2019.

RESEARCH

The Effectiveness of a Robotic Seal on Compassion Fatigue in Acute Care Nurses: A Mixed Methods Approach – Henson, S.; Texas Health Resources.

Evaluating Outcomes After Implementing a Standardized DKA/HHS Order Set – Richter-Gifford, B.; Sleutel, M.; Texas Health Arlington Memorial.

An Exploration of New Graduate Nurses’ Transition to Specialty Practice – Baldwin, K.; Sleutel, M.; Behan, D.; Texas Health Arlington Memorial.

Implementing ERAS (Early Recovery After Surgery) for Breast Cancer Patients – Edmund, B.; Dachroeden, L.; Sleutel, M.; Texas Health Arlington Memorial.

Improving Medical Emergency Team Effectiveness: Mock Codes, Badge Buddies, Event Review Tool and Nurse Survey Tool – Brookshire, J.; Enriquez, A.; Texas Health Dallas.

Nurses’ Perspectives in Caring for Patients with Do Not Resuscitate Orders – Hodges, K.; Kelly, P.; Vuong, E.; Lee, J.; Texas Health Dallas. Baker, K.; Lockwood, S.; Texas Christian University.

Nursing Interventions for the Deteriorating Trauma Patient: Would the Use of the Dutch-Early-Nurse-Worry-Indicator-Score Have Changed the Outcome? – Brookshire, J.; Enriquez, A.; Texas Health Dallas.

Nursing Perspectives: Fall Episodes in an Acute Care Hospital – Nava, A.; Walsh, J.; Gibson, T.; Morelock, S.; Robinson, M.; Jones, A.; Swegle, J.; John, J.; Texas Health Plano.

Outcomes of Implementing an OB Hemorrhage Safety Bundle – Sleutel, M.; True, B.; Texas Health Arlington Memorial.

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**TEXAS HEALTH
NURSING BY THE
NUMBERS 2019**

8,249
REGISTERED NURSES
AT 14 WHOLLY OWNED
HOSPITALS

215
TEXAS HEALTH
PHYSICIANS GROUP
NURSE PRACTITIONERS

23
SEXUAL ASSAULT
NURSE EXAMINERS
(SANEs)

297
NEW GRADUATE
RESIDENCY PROGRAM
PARTICIPANTS

235
FAITH COMMUNITY
NURSES

49
NURSING RESEARCH
STUDIES

1,203
NURSING CAREER
ADVANCEMENT
PROGRAM PARTICIPANTS

24
TCU EVIDENCE-BASED
PRACTICE PROGRAM
FELLOWS

400+
CENTRAL STAFFING
OFFICE CLINICAL
FULL-TIME EMPLOYEES

38
NURSES HONORED
AS DFW GREAT 100
NURSES

CARE THAT MAKES THE DIFFERENCE

When Ilaissa's infant choked and turned blue as she was feeding her at home, the care that she had received at Texas Health Presbyterian Hospital Denton made all the difference. Born at 25 weeks gestation, Ilaissa's baby had stayed in the Neonatal Intensive Care Unit at Texas Health Denton for 81 days. She was cared for by a team of nurses, including pictured from left: Lila Reid, R.N.; Faith Gallo, R.N.; and Lindsay Smith, R.N. Ilaissa was so appreciative of the care her little girl received from the nurses and doctors during the stay, as well as the teaching she received at discharge. Thanks to that education, Ilaissa knew how to perform CPR on her baby until an ambulance arrived. Today, Ilaissa's little girl is thriving and meeting milestones.



I can't say enough kind
about the staff. If I hadn't
been taught how to perform
CPR during the discharge
teaching, my baby girl
might not be alive today.
-Ilaissa