

Bringing Community Together to Care for All Aspects of Health



COLLIN REGION



Texas Health identifies the needs of North Texans in underserved communities and brings organizations together to make a measurable difference. To care for someone's health is to positively influence all aspects of their wellbeing. Intentional efforts are aligning resources to improve North Texans' lives with:

Food Security, regular access to balanced, healthy meals, helps North Texans gain the nutrition their body needs to heal and to stay healthy. Texas Health leads the community by:

- Addressing food insecurity with Texas Health Community Impact (THCI) grants that help make fresh, nutritious food available to neighbors in need.



Education has shown to increase healthy behaviors, including self-management, and improve health outcomes across the lifespan. Texas Health improves access to health education through:

- Offering important prevention education, coaching and support to help manage disease through Mobile Health initiatives in target ZIP codes of need.
- Fostering new opportunities for faith communities through Faith Community Health Promoter training and Foundations of Faith Community Nursing sessions.
- Empowering North Texans through in-person Advanced Care Planning with Faith Community Nursing. Online help is available at: TexasHealth.org/Advanced-Directives.



Community & Social Context supports wellbeing by empowering healthy relationships and interactions with family, friends, co-workers and other community members. Texas Health empowers these social connections by:

- Helping faith communities engage with the physical health of their members through Faith Community Nursing initiatives that bring people together in a shared community around a specific cause: their health.
- Since 2019, Texas Health Community Impact (THCI) has invested more than \$10 million in grants to community-based organization to advance health equity.

Within the Collin Region, THCI gave \$1.8 million to focus on health disparities in target ZIP codes: 75069 (E. McKinney) and 75074 (E. Plano).





Health Care means timely, high-quality health care services that meet the needs of North Texans. Texas Health supports this by:

- Empowering North Texans with early detection screenings and recommendations for next steps to address identified needs through Mobile Health efforts.
- Bringing vaccines and education to address vaccine hesitancy. For example, Faith Community Nursing offers flu shot clinics for ages nine and older.
- Collaborating with local nonprofit community clinics to provide metric-driven financial support and resources to assist vulnerable populations through Clinic Connect.



Economic Stability, the connection between the financial resources people have – income, cost of living, socioeconomic status – and their health is promoted by:

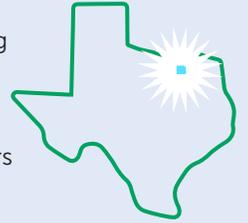
- Encouraging organizational capacity building and multi-sector collaboration by offering innovative grants through the Texas Health Community Impact Collin Region.



Neighborhood & Physical Environment

is the connection between where a person lives, and their health and wellbeing. Texas Health is:

- Breaking down barriers to transportation by making health care accessible and convenient through Mobile Health initiatives that bring the care to the community.
- Seeking to ways to serve as a catalyst to enhance housing and transportation options through Community Health Improvement initiatives.
- Highlighting our Collin Region as a place where neighbors can help neighbors as only Texans can.



Join our data-driven approach to making the biggest impact on the lives of North Texans. Help in your neighborhood today. Together, the impact is both immense and measurable.

Get started! Contact: THRCHI@TexasHealth.org

