

Bringing Community Together to Care for All Aspects of Health



DALLAS / ROCKWALL REGION

Texas Health identifies the needs of North Texans in underserved communities and brings organizations together to make a measurable difference. To care for someone's health is to positively influence all aspects of their wellbeing. Intentional efforts are aligning resources to improve North Texans' lives with:



Food Security, regular access to balanced, healthy meals, helps North Texans gain the nutrition their body needs to heal and to stay healthy. Texas Health leads the community by:

- Addressing food insecurity with Texas Health Community Impact (THCI) grants that help make fresh, nutritious food available to neighbors in need.
- In 2021, Texas Health Community Impact (THCI) worked with faith communities to distribute hundreds of pounds of food to underserved families in Pleasant Grove (75217).

Education has shown to increase healthy behaviors, including self-management, and improve health outcomes across the lifespan. Texas Health improves access to health education through:

- Offering important prevention education, coaching and support to help manage disease through Mobile Health initiatives in target ZIP codes of need.
- Fostering new opportunities for faith communities through Faith Community Health Promoter training and Foundations of Faith Community Nursing sessions.
- Empowering North Texans through in-person Advanced Care Planning with Faith Community Nursing. Online help is available at: TexasHealth.org/Advanced-Directives.
- Building comprehensive, collaborative partnerships through a Texas Health - University Consortium that leverages resources, elevates educational opportunities, and drives innovative approaches focused on eliminating health disparities and achieving health equity.



Community & Social Context

supports wellbeing by empowering healthy relationships and interactions with family, friends, co-workers and other community members. Texas Health empowers these social connections by:

- Helping faith communities engage with the physical health of their members through Faith Community Nursing initiatives that bring people together in a shared community around a specific cause: their health.
- Addressing sexual violence, human trafficking, consent, and healthy relationships through Sexual Assault Nurse Examiner (SANE) conversations in group settings, like community events or at faith communities; training sessions for law enforcement and other stakeholders; and participation in each county Sexual Assault Response Team to promote healing and hold offenders accountable.
- Since 2019, THCI has invested over \$10 million in grants to community-based organization to advance health equity.

Within Dallas/Rockwall, THCI gave \$2.5 million to improve access to primary care, mental health and equip community members to effectively respond to behavioral health crises in West Dallas (75212/75211), Southern Dallas (75217), Vickery Meadow (75231) and South Rockwall (75032).





Health Care means timely, high-quality health care services that meet the needs of North Texans. Texas Health supports this by:

- Empowering North Texans with early detection screenings and recommendations for next steps to address identified needs through Mobile Health efforts.
- Bringing vaccines and education to address vaccine hesitancy. For example, Faith Community Nursing offers flu shot clinics for ages nine and older.
- Staffing specially trained sexual assault nurse examiners (SANE) in the local Emergency Departments for victims 24 hours a day.
- Collaborating with local nonprofit community clinics to provide metric-driven financial support and resources to assist vulnerable populations through Clinic Connect.



Economic Stability, the connection between the financial resources people have – income, cost of living, socioeconomic status – and their health is promoted by:

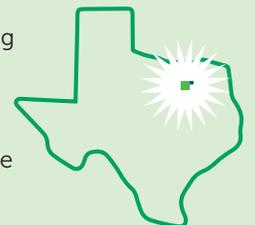
- Encouraging organizational capacity building and multi-sector collaboration by offering innovative grants through the Texas Health Community Impact Dallas/Rockwall Region.



Neighborhood & Physical Environment

is the connection between where a person lives, and their health and wellbeing. Texas Health is:

- Breaking down barriers to transportation by making health care accessible and convenient through Mobile Health initiatives that bring the care to the community.
- Seeking to ways to serve as a catalyst to enhance housing and transportation options through Community Health Improvement initiatives.
- Highlighting our Dallas/Rockwall Region as a place where neighbors can help neighbors as only Texans can.



Join our data-driven approach to making the biggest impact on the lives of North Texans. Help in your neighborhood today. Together, the impact is both immense and measurable.

Get started! Contact: THRCHI@TexasHealth.org

