

Primary Data Collection

Appendix A

Texas Health Resources

2025 Community Health Needs Assessment

As part of the 2025 Texas Health Resources (THR) Community Health Needs Assessment, three primary methods were utilized to collect qualitative data from community partners and members. The following outlines the key questions asked within each data collection approach:

- Key Informant Interviews
- Focus Groups
- Community Organization Survey

I. Key Informant Interview Questions

- What do you think are the three to five most pressing health disparities in your community today?
- What nonmedical drivers of health do you believe are most prevalent among your patient population, and how are they contributing to these health disparities?
 - Access to healthcare (e.g., access to screening, primary care utilization)
 - Economic factors (e.g., income, employment)
 - Education (e.g., high school diploma, higher education)
 - Neighborhood and built environment (e.g., housing and food insecurity, transportation)
 - Social context (e.g., lack of social support, single parent households)
- Are there specific populations within your community who are disproportionately impacted by these nonmedical drivers of health and health disparities?
- What services or programs do you believe could have a positive impact on the issues you have identified?
- Who are the key community partner organizations you utilize as resources for addressing these disparities or other identified issues?
- What do you think THR has done well in the last three years with respect to improving or eliminating health disparities and generally promoting health and wellness in the community? Do you have any specific examples?
- What opportunities do you believe exist for THR to do more?
- What barriers or limitations exist that prevent THR from doing what needs to be done to improve the health and quality of life for members of the community?
- Is there anything else you would like us to know or consider as we assess the health needs of the community?

II. Focus Group Questions

- Have you noticed improvements in these three (behavioral health [e.g., anxiety, depression, resiliency], chronic disease [e.g., diabetes, hypertension], awareness, health literacy, and navigation [e.g., access to healthcare, access to healthy foods]) priority areas since 2022?
 - If so, what have you seen be effective?
 - If not, what do you believe the barriers to improvement are?
- What would you say are the top-three health-related problems people in your community are facing that you would like to change or improve?
 - Why do you think these are the most important health issues?
 - What would you do to address these problems?
 - Do you have any examples of specific programs or services that would be needed to address these problems?
 - What might prevent someone from accessing care for the health challenges identified above?
 - What services does your organization offer that are focused on these health issues?
 - By show of hands, how many of you offer services through your organizations that are focused on these health issues?
 - What resources are currently available for residents in your community for the identified health problems we have discussed today?
 - Are there resources currently available through other entities that are related to these areas?
- Are there any specific community organizations or agencies that you see taking a strong leadership role for improving the health of your community?
 - Do you see residents fully utilizing these programs and services? Why or why not?
- What additional programs and resources do you think are needed to best meet the needs of residents in your area?
- Are you aware of any THR community health improvement program(s) in your community?

III. Community Organization Survey Questions

- Are you aware of any THR programs, initiatives, and/or resources specifically addressing any of these priorities in your community? If so, please list the THR programs, initiatives, and/or resources you are aware of in the text box.
- Have these priority areas improved, worsened, or stayed the same in your community compared to 2022? (Behavioral health [e.g., anxiety, depression, resiliency], chronic disease [e.g., diabetes, hypertension], awareness, health literacy, and navigation [e.g., access to healthcare, access to healthy foods])
- What are new or additional areas of opportunity THR should explore?