

Community Impact Grant - 2021/22

Vision. Leadership. Teamwork.

Texas Health Community Impact uses cross-sector collaborative grants to address local community needs in resourceful and innovative ways. This data-driven, outcomes-focused approach pinpoints North Texas ZIP codes most in need of our help and drives how we engage with leaders, influencers and existing resources within those underserved areas. Together, we're responding to health disparities, eliminating root causes of chronic disease and providing tools that instill life-long health and well-being.

Collaborating Organizations

Erath County United Way

Tarleton State University Health Sciences and Human Services

Meals on Wheels of Erath County

HOPE, Inc.

Pantry and More

Basic Needs

Grace Place

Dublin Love Basket

AgriLife

Stephenville ISD

Texas Bank

Pecan Valley Centers for Behavioral and Developmental Healthcare

Tarleton Army Senior Reserve Officers' Training Corps (ROTC)

To join the cause or for more information, please contact:

Dana Worrell, Program Manager

Erath, Hood, and Johnson Counties
Community Health Improvement
Texas Health Resources

DanaWorrell@TexasHealth.org
817-475-8816

About Erath County Community Bridges (ECCB)

Led by Erath County United Way, ECCB is making measurable changes in the health and well-being of the community through an integrated collaboration with Tarleton State University's new Telehealth Institute, monthly wrap-around meetings with community partners to address individual's identified needs, and a shared online platform for referrals with access to shared data to enhance navigation services.

Program Objectives to reach by December 2022

- Decrease depression and/or anxiety among low-income individuals age 40+.
- Increase food security and navigation services among low-income individuals age 40+.

\$599,962

Texas Health considers the grant awarded to the collaborative as seed money for use as further financial support is gathered in the community to meet long-term goals.

Meet Susan



Life has rarely been easy for Susan. She has experienced abuse, alcoholism and the loss of a parent and a child.

After her son's death, Susan was struggling with depression and her sobriety. Taking care of herself physically and emotionally was a challenge as were her finances and living conditions. She needed help to get back on track.

Someone suggested that Susan reach out to Meals on Wheels (MOW) of Erath County, a program of United Way of Erath County and a partner in the Erath County Community Bridges (ECCB) grant. MOW began daily delivery of healthy meals to Susan and connected her to resources for help with housing and counseling services through ECCB.

"If not for United Way, I would be homeless," Susan said, adding that the organization helped her with repairs to the RV she lives in so that she had heat and electricity.

Susan is learning coping skills in her counseling sessions and is building a support network. Her goal is to regain employment and live independently. She recently decreased her daily MOW delivery from seven to five days a week because she's now able to do some food preparation for herself.

"If you sincerely need help, reach out for it. It's hard. I'm 52 and should be able to take care of myself, but we all need help," Susan said, adding that she hopes to volunteer for MOW in the future.



Stephenville 76401 and 76402, and Dublin 76446

As an example of the pre-COVID-19 data used to analyze the ZIP codes and determine areas of focus in each Texas Health Community Impact region, the following is information for Erath County, Stephenville 76401 and 76402, and Dublin 76446.

DEMOGRAPHICS - ERATH COUNTY



TOTAL POPULATION
40,641

Sources: United States Census Bureau (ZIP code), Healthy North Texas (County)



19.3%
Erath County

17%
Texas

In the target ZIP codes:

40%
are age 40+

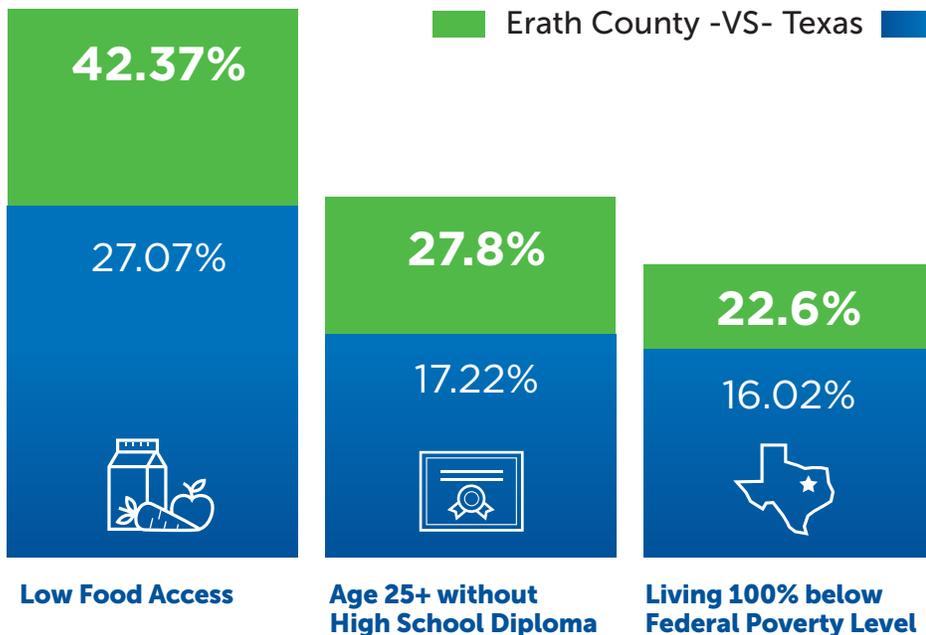
20%
are Hispanic

Food insecurity is defined as the disruption of food intake or eating patterns because of lack of money or other resources.*

*<https://www.healthypeople.gov/2020/topics-objectives/topic/social-determinants-health/interventions-resources/food-insecurity>
Source: Community Commons

SOCIAL DETERMINANTS OF HEALTH

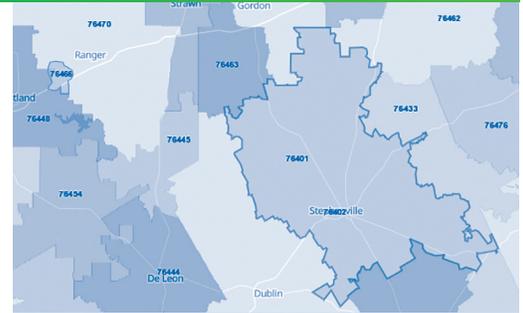
Conditions in the environments in which people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks. Source: <https://www.healthypeople.gov/2020/topics-objectives/topic/social-determinants-of-health>



LOOKING FOR ADDITIONAL DATA?

To review the Community Health Needs Assessment, please visit [TexasHealth.org/CHNA](https://www.texashealth.org/CHNA)

Maps obtained through <https://www.unitedstateszipcodes.org/>
Doctors on the medical staffs practice independently and are not employees or agents of Texas Health hospitals or Texas Health Resources.



POPULATION DATA

SUICIDE RATE
Age adjusted per 100,000 lives

18%
Erath County

12.5%
Texas

<https://www.cityhealthdashboard.com/hz/fort520worth/metric-detail?metric=8376data>
Range=city/metric/yearRange=2010-2015%2C+6+Year+Modeled+Estimate

Erath County is **underserved in behavioral health areas**, with a **shortage of providers** at a rate of **85.8** per 100,000 lives



MB 3248 1/22 EP