

# Community Impact Grant - 2021/22

## Vision. Leadership. Teamwork.

Texas Health Community Impact uses cross-sector collaborative grants to address local community needs in resourceful and innovative ways. This data-driven, outcomes-focused approach pinpoints North Texas ZIP codes most in need of our help and drives how we engage with leaders, influencers and existing resources within those underserved areas. Together, we're responding to health disparities, eliminating root causes of chronic disease and providing tools that instill life-long health and well-being.

## Collaborating Organizations

Children's Advocacy Center of Denton County

Bridgeport ISD

First United Methodist Church

## To join the cause or for more information, please contact:

### Julie Wright

Program Manager for Denton and Wise Counties  
Community Health Improvement  
Texas Health Resources

[JulieWright@TexasHealth.org](mailto:JulieWright@TexasHealth.org)  
682-236-7471

## About Promoting Resiliency Among Vulnerable Children

Wise County continues to grow, as does the number of residents facing food insecurity, behavioral health issues and other life obstacles. Grant funds are being used to build a social services infrastructure and the Children's Advocacy Center for North Texas and Bridgeport ISD have partnered to bring Trust Based Relational Intervention (TBRI) to students at Bridgeport Middle School. The goal is to teach resiliency skills and to identify and intervene for children who have more severe mental health needs because of Adverse Childhood Experiences. Combating hunger in a food desert is also an integral piece of the program.

## Program Objectives to Reach by December 2022

- Increase resiliency among low-income youth and family units in Bridgeport (76426).
- Increase food security among low-income youth and family units in Bridgeport (76426).
- Improve self-efficacy among low-income youth and family units in Bridgeport (76426) by empowering individuals to navigate health care and social assistance services.

## \$356,000

Amount awarded for the cycle two grant will allow the collaborative to continue to build infrastructure and momentum as further financial support is generated in the communities to meet long-term goals.

## Meet Brett\*



When Brett's Wise County middle school implemented the Trust-Based Relational Intervention (TBRI) program for seventh and eighth graders, the 14-year-old wasn't interested. He refused to participate in activities in the initial session, was upset that he didn't win the incentive prize at the end and told facilitators he wouldn't be taking part in the future.

TBRI is a nationally recognized program for children who come from hard places and who are at risk for abuse or neglect. In Bridgeport ISD, a significant number of students live in families that struggle with food insecurity, lack of transportation and behavioral health issues — all of which increase risk in the home. That's why the Promoting Resiliency Among Vulnerable Children grant provides Bridgeport ISD students with the opportunity to attend TBRI programming through their social studies classes, where topics include physical, social and emotional safety, behavioral self-regulation and resiliency skills training. Because these are difficult topics for children who are already hurting, the facilitators patiently encouraged Brett over time and are happy to report that he's doing well. "He has exhibited a lot of growth and his participation is excellent," the TBRI facilitator said. A particularly joyful moment was when Brett led his class in the TBRI beginning rules, showing great leadership and respect.

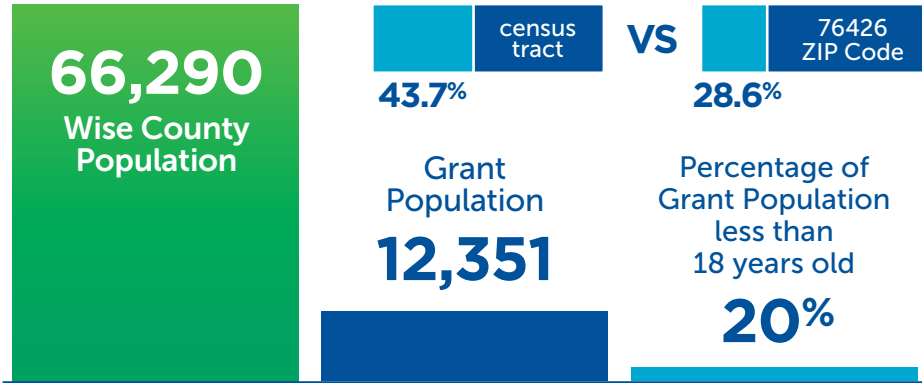
\*Name changed to protect confidentiality.



# Bridgeport 76426

As an example of the data used to analyze the ZIP codes and determine areas of focus in each Texas Health Community Impact region, the following is information for Bridgeport 76426.

## POPULATION DATA



[https://data.census.gov/cedsci/table?q=0400000US48\\_1400000US48497150401.48497150402.48497150500\\_1600000US48102646d--ACS%205-Year%20Estimates%20selected%20Population%20Detailed%20Tables&tid=ACSDT5YPT2015.B010016&hidePreview=true](https://data.census.gov/cedsci/table?q=0400000US48_1400000US48497150401.48497150402.48497150500_1600000US48102646d--ACS%205-Year%20Estimates%20selected%20Population%20Detailed%20Tables&tid=ACSDT5YPT2015.B010016&hidePreview=true)  
<http://www.healthytexas.org/index.php?module=indicators&controller=index&action=socionneeds> (all accessed 4/27/2021)

## CHOICE OF AREA AND FOCUS OF PROGRAMS DATA

All areas within the 76426 ZIP code report higher poor mental health. Youth reporting a major depressive episode **increased from 8% to 13%** since 2010 in Wise County <http://www.healthytexas.org/indicators/index/view?indicatorId=5346&localeType=25>

According to the 2018-2019 National Survey of Children's Health, of **1,149** children in Texas who were interviewed, **41%** reported at least one adverse childhood experience. [https://www.childhealthdata.org/browse/survey/results?q=79156r=45#cpw\\_main](https://www.childhealthdata.org/browse/survey/results?q=79156r=45#cpw_main) (accessed 4/19/2021)

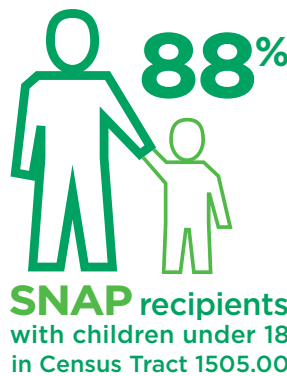
In Wise County, **107 children under age 5** were confirmed by TDFPS to have been victims of child abuse. [https://cookchildrens.org/SiteCollectionDocuments/about/2018\\_CHNA%20Report\\_FINAL.pdf](https://cookchildrens.org/SiteCollectionDocuments/about/2018_CHNA%20Report_FINAL.pdf) (accessed 4/19/2021)

## SOCIAL DETERMINANTS OF HEALTH

Conditions of the environments in which people are born, live, learn, work, play and worship, and their age, affect a wide range of quality-of-life outcomes and risks.

**More than 30% of children living in Census Tract 1504.01 live below the Federal Poverty Level**

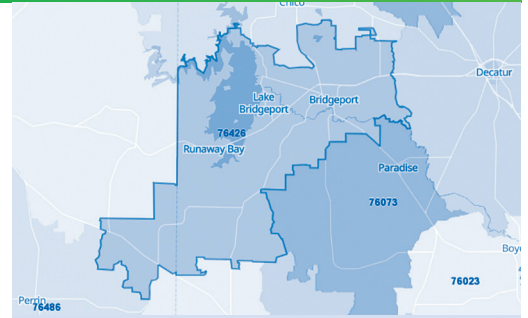
Census Tracts 1504.01 (70.7) and 1505.00 (73.8) **have SocioNeeds Index scores that are 30 points higher than Wise County (40.1)**



### LOOKING FOR ADDITIONAL DATA?

To review the Community Health Needs Assessment, please visit [TexasHealth.org/CHNA](https://www.texashealth.org/CHNA)

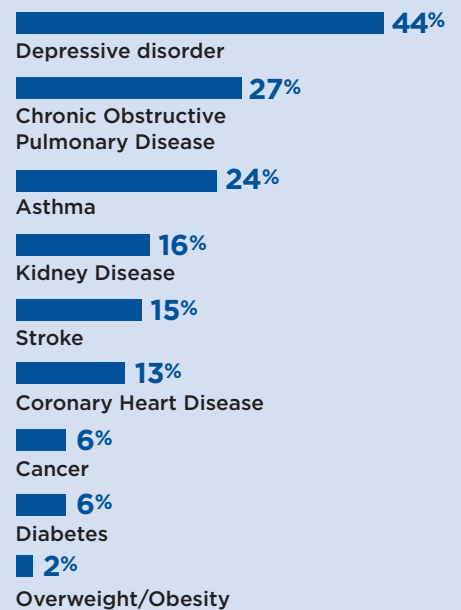
Maps obtained through <https://www.unitedstateszipcodes.org/>  
 Doctors on the medical staffs practice independently and are not employees or agents of Texas Health hospitals or Texas Health Resources.



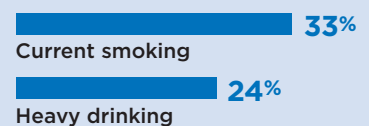
## DATA VISUALIZATION

Potential reduction of negative outcomes in adulthood health conditions that could be reduced by the following amounts with adverse childhood experiences prevention:

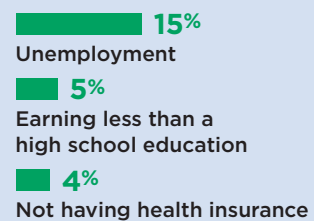
### HEALTH CONDITIONS



### HEALTH RISK



### SOCIOECONOMIC CHALLENGES



<https://www.cdc.gov/vitalsigns/aces/data-visualization.html> (accessed 4/19/2021)

