## **Texas Health**

## **Community Impact Grant - 2021/22**

## Vision. Leadership. Teamwork.

Texas Health Community Impact uses cross-sector collaborative grants to address local community needs in resourceful and innovative ways. This data-driven, outcomes-focused approach pinpoints North Texas ZIP codes most in need of our help and drives how we engage with leaders, influencers and existing resources within those underserved areas. Together, we're responding to health disparities, eliminating root causes of chronic disease and providing tools that instill life-long health and well-being.

## **Collaborating Organizations**

Parker County Center of Hope

Safe Harbor

# To join the cause or for more information, please contact:

### Melanie Nieswiadomy Program Manager

Tarrant-Parker Counties Community Health Improvement Texas Health Resources

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## About Project Help, Hand, and Hope (HHH)

Through **Project HHH**, Center of Hope implements existing strategies like Basic Services (food and financial assistance) and long-term assistance (job training and navigation), while integrating mental health services. In collaboration with other local nonprofits, churches, businesses, and civic organizations, Center of Hope is creating a network of volunteers and providers to assist residents, adults age 18+, to become stronger in mind, body, and spirit.

Project HHH and Project Empower have come alongside to provide services and resources to the residents of 76082. Project Empower works to alleviate depression and anxiety, consume healthy food, improve self-efficacy, and overcome barriers to access with transportation assistance. For additional information, please <u>click here</u> and open the Project Empower file.

## **Program Objective to reach by December 2022**

Positively impact the residents of 76082 by decreasing levels of anxiety and depression, increasing food security, and improving levels of self-efficacy and abilities to navigate services.

## \$174, 956

Awarded to agencies in grants from the Texas Health Community Impact initiative. Texas Health considers this funding to be seed money toward a broader effort of leveraging additional financial support needed to meet the program's long-term goals.

## Meet Molly\*



Molly came into our new Center of Hope location in Springtown depressed and broken. Just a few months ago, she had been working in the construction industry and things seemed to be going her way. Her son had recently come out of prison and she was feeling like her family was coming together.

In April 2021, she and her husband, both in the early 50s, came down with COVID-19. Unfortunately, COVID-19 was hanging on longer than anticipated and her position had to be filled with

someone else. She and her husband stayed isolated in their home for some time. One morning, Molly woke up to find that her husband had succumbed to the virus.

Molly was devastated. Her life as she knew it had completely changed. Because of the Texas Health Community Impact Project, Center of Hope was able to provide food for her family, connect her with a life coach, refer her to professional counseling, and begin to work with her on finding another construction job through our Careers Now program.

It will be a long road for Molly, but Center of Hope will walk alongside her until she is back on her feet.

\*Name changed to protect identity.



## Springtown 76082

As an example of the data used to analyze the ZIP codes and determine areas of focus in each Texas Health Community Impact region, the following is information for Springtown 76082.

### **DEMOGRAPHICS - SPRINGTOWN 76082**

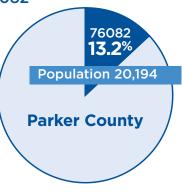
parker county population 152,494

**95.8**% White

13%

13% Hispanic/Latino

**1.7**% Black/African American



https://worldpopulationreview.com/us-counties/tx/parker-county-populatio https://data.census.gov/cedsci/lable?q=760828tid=ACSDP5Y2019.DP05 https://www.census.gov/quickfacts/parkercountytexas

## SOCIAL DETERMINANTS OF HEALTH

Conditions in the environments in which people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks.

Source: https://www.healthypeople.gov/2020/topics-objectives/topic/social-determinants-of-health



http://www.haalthuntevas.com/indirestors/india/bisea/indirestord/i-21078-incalalTunald-2

TOP ZIP CODE 76082 with over **5.000** 



than 2,796 patients for behavioral health needs

 $http://www.healthyntexas.org/content/sites/dallasfortworth/BHCHNA\_\_16\_Counties\_CHC.DFWHCFoundation 2018.pdf and the content of the content$ 

15.8% Food Insecurity Rate for Springtown

18.8%
DEPRESSION



Medicare Population (2016 data)

# ?

#### LOOKING FOR ADDITIONAL DATA?

To review the Community Health Needs Assessment, please visit TexasHealth.org/CHNA

Maps obtained through https://www.unitedstateszipcodes.org/

76073

Rhome

76071

76071

Reno
Pelican Bay
76179

76020

76085

#### **POPULATION DATA**

Percentage of population that is **35-44** years of age with a median age of **39.7** 



#### **76082** BY GENDER





More than **9,801**veterans, with **2,842** (8.1%)
in the **35-54**age group



MB 3251 10/21 EP