

Texas Health Harris Methodist Hospital Stephenville

*2016 Community Health Needs Assessment:
Implementation Strategy Report*



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Background

Mission

To improve the health of the people in the communities we serve.

Vision

Texas Health Resources, a faith-based organization joining with physicians, will be the health care system of choice.

Values

- **Respect** – Respecting the dignity of all persons, fostering a corporate culture characterized by teamwork, diversity and empowerment.
- **Integrity** – Conduct our corporate and personal lives with integrity; Relationships based on loyalty, fairness, truthfulness and trustworthiness.
- **Compassion** – Sensitivity to the whole person, reflective of God's compassion and love, with particular concern for the poor.
- **Excellence** – Continuously improving the quality of our service through education, research, competent and innovative personnel, effective leadership and responsible stewardship of resources.

Your feedback on this report is welcomed and encouraged. Please direct any questions or feedback to:

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Texas Health Harris Methodist Hospital Stephenville serves the communities of Stephenville, Dublin, Comanche, DeLeon, Hico, Eastland and Bluff Dale with advanced medical treatments and an experienced staff that provides compassionate care.

With a mission of improving the health of the people in the communities we serve, Texas Health Stephenville and the physicians on its medical staff are committed to your well-being and the health and wellness of your family.

Texas Health Stephenville offers:

- [Better Breathers](#)
- [Diabetes Care](#)
- [Emergency Department](#)
- [Heart and Vascular](#)
- [Imaging](#)
- [Orthopedics](#)
- [Surgery](#)
- [Women and Infants Care](#)
- [Wound Care and Hyperbaric Medicine](#)



Texas Health Stephenville is designated as a Level IV Trauma Center by the Texas Department of State Health Services. The hospital earned a designation as a Breast Imaging Center of Excellence by the American College of Radiology, and is designated as a Baby-Friendly Hospital by the World Health Organization and UNICEF.

Texas Health Stephenville is conveniently located at the intersection of Belknap and Tarleton streets in Stephenville.

CHNA Report



- In depth **interviews** and **focus groups** were conducted with individuals. An **online community survey** was also distributed to collect input on **community health needs, assets, and barriers** from **community members**. Each form of community input was analyzed, and **significant health needs, barriers, and assets/resources** were identified.



- The **Healthy North Texas platform** was leveraged along with **PQI data from The DFW Hospital Council**. HCI's **data scoring methodology** was used to **compare indicator values** at **national, state, and county levels** as well as **trends over time** and **HP2020 targets**. HCI's **data scoring methodology** was used to **compare indicator values** at **national, state, and county levels** as well as **trends over time** and **HP2020 targets**.



- The **qualitative (community input/primary data)** and **quantitative (secondary data)** analysis findings were **synthesized to identify significant community health needs**. Health needs were considered **“significant”** if at **least two** of the following **data types** cited the **topic** as a pressing health concern: **Key Informant/Focus Group Findings, Survey Findings, Secondary Data Findings**.



- **Key hospital staff and stakeholders** utilized the **data analysis and synthesis findings** to **vote** on which **significant health needs will be prioritized for implementation strategy** development consideration. Participants engaged in **multiple rounds of voting and discussion**, and **considered specific system-wide criteria for prioritizing** significant health needs.

Texas Health Stephenville's Priority Health Needs for 2016 CHNA		
Access to Health Services	Exercise, Nutrition, & Weight	Mental Health & Mental Disorders

IS Report



- **Key hospital staff and stakeholders** considered the **prioritized health needs** in developing an implementation strategy. Participants examined **current initiatives and resources**, discussed **potential new programs and partnerships** within the community, and considered overall **Texas Health strategic planning process** to determine which **needs to address in the Implementation Strategy**.

This report summarizes the plans for Texas Health Resources to address the prioritized needs identified in the 2016 Community Health Needs Assessment (CHNA). Texas Health developed a system-wide community benefit strategy to leverage internal and external resources and increase its ability to impact community health needs.

The top prioritized health needs across the system were:

1. Mental Health & Substance Abuse
2. Exercise, Nutrition, & Weight
3. Access to Health Services and Healthcare Navigation & Literacy

From 2017-2019, Texas Health will implement strategies and activities aimed at addressing these areas. Mental Health & Substance Abuse is categorized as **Behavioral Health**; Exercise, Nutrition, & Weight is grouped under **Chronic Disease**, which has been a strategic area of focus for Community Health Improvement since the 2013 CHNA; and Access to Health Services and Healthcare Navigation & Literacy is jointly titled **Awareness, Health Literacy, & Navigation**.

In accordance with requirements in the Affordable Care Act and IRS 990 Schedule H requirements, this plan was approved by the Texas Health Board of Directors on April 24, 2017.

Implementation Plan

Priority Area 1: Behavioral Health

Priority Area #1:	Behavioral Health
Need Statement	Mental disorders and substance abuse problems are among the most common forms of disability. Key informants and focus group participants noted the lack of resources to meet the needs of dementia/Alzheimer's patients in particular. The Healthy People 2020 goal is to improve mental health and reduce substance abuse through prevention and by ensuring access to appropriate, quality behavioral health services.
Target Populations	<ul style="list-style-type: none"> • Low-income, uninsured/underinsured populations • Zip code 76442 • Spanish-only speaking populations • Low-income adults age 65 and older • Hispanic adolescents • Families living in rural areas and those commuting for work
Goals	Improve quality of life through awareness, detection, treatment, and management of behavioral health conditions; address social determinants of health by partnering with community organizations.
Strategic Alignment	Consumer Focus
Resources	<ul style="list-style-type: none"> • Texas Health Stephenville Community Health Improvement Advocate & Staff • System-Level Community Health Improvement Staff • Educators and Other Staff • Texas Health Stephenville Community Health/Community Benefit Budget • Internal Service Lines • Community Partner Organizations/Agencies • Texas Health Buildings • Partner Organization Locations • Community Locations
Timeline	2017-2019

Priority Area 1: Behavioral Health (cont'd)

Priority Area #1:		Behavioral Health				
Strategies	Activities	Lead Dept / Staff	Process Objectives (SMART)	Anticipated Impact		
				Short-Term Outcomes (1 year)	Intermediate Outcomes (1-3 years)	Long-Term Outcomes (3+ years)
1.1 Explore opportunities for new system-wide behavioral health community program(s)	1.1.1 Define behavioral health topic area for strategic implementation	<ul style="list-style-type: none"> • Texas Health Stephenville Community Health Advocate • System-Level Community Health Improvement/ Vice President, Program Directors, Program Manager, Community Health Specialists, and Data Analyst 	<ul style="list-style-type: none"> • Complete detailed assessment of behavioral health needs and barriers in primary and secondary service area zip codes 	<ul style="list-style-type: none"> • Increase understanding of behavioral health needs and evidence-based behavioral health programs both internally with Texas Health Stephenville staff and externally with community partners 	<ul style="list-style-type: none"> • Increase both Texas Health Stephenville and community capacity to address behavioral health needs, targeting underserved populations • Increase capacity to evaluate behavioral health programs 	<ul style="list-style-type: none"> • Advance health equity by improving access to behavioral health services for underserved populations • Reduce the stigma associated with behavioral health conditions through community education and support
	1.1.2 Collaborate with System Services and other entities to determine appropriate system-wide approach to addressing behavioral health needs with particular attention to evidence-based programs and leverage internal and external partnerships to implement		<ul style="list-style-type: none"> • Complete comprehensive inventory of evidence-based behavioral health community programs and current and potential collaborators • Assess internal resources • Improve linkage between internal clinical and community service lines to better address community behavioral health needs • Identify appropriate behavioral health-specific program curriculum • Pilot program • Create training and have Community Health Advocate and educators trained • Partner with Faith Community Nurses/Community Health Workers, Behavioral Health service line, community partners and others to implement program prioritized to underserved populations 			
	1.1.4 Engage partners through behavioral health coalitions within service areas		<ul style="list-style-type: none"> • Research behavioral health-focused coalitions within Texas Health Stephenville service areas • Assess appropriate involvement or mobilize community partners in creation of new behavioral health-focused coalition 			

Priority Area 2: Chronic Disease Prevention & Management

Priority Area #2:		Chronic Disease Prevention & Management, including Exercise, Nutrition & Weight				
Need Statement	Chronic conditions are a significant public health issue and societal cost. However, regular physical activity, a healthful diet, and the maintenance of a healthy body weight can lower a person's risk of several chronic conditions and improve health and quality of life for those already diagnosed. 28% of adults in Erath County are obese, and 9% are diabetic. Community survey participants named weight/obesity as the most pressing health need for the community. The Healthy People 2020 goal to reduce chronic conditions - such as diabetes and heart disease - and complications from chronic conditions through better prevention, detection, treatment, and education efforts. <i>Source: County Health Rankings</i>					
Target Populations	<ul style="list-style-type: none"> • Low-income, uninsured/underinsured populations • Zip code 76442 • Spanish-only speaking populations 		<ul style="list-style-type: none"> • Low-income adults age 65 and older • Hispanic adolescents • Families living in rural areas and those commuting for work 			
Goals	Improve quality of life and reduce healthcare overutilization through the continued prevention and management of chronic conditions; address social determinants of health by partnering with community organizations.					
Strategic Alignment	Consumer Focus, Exceptional Care, Value Creation, Culture of Excellence					
Resources	<ul style="list-style-type: none"> • Texas Health Stephenville Community Health Improvement Advocate & Staff • System-Level Community Health Improvement Staff • Educators and Other Staff • Texas Health Stephenville Community Health/Community Benefit Budget 		<ul style="list-style-type: none"> • Internal Service Lines • Community Partner Organizations/Agencies • Texas Health Buildings • Partner Organization Locations • Community Locations 			
Timeline	2017-2019					
Strategies	Activities	Lead Dept / Staff	Process Objectives (SMART)	Anticipated Impact		
				Short-Term Outcomes (1 year)	Intermediate Outcomes (1-3 years)	Long-Term Outcomes (3+ years)
2.1 Strengthen Delivery System Reform Incentive Payment (DSRIP) program	2.1.1 Continue implementation of diabetes education and management program	<ul style="list-style-type: none"> • DSRIP Project Lead 	<ul style="list-style-type: none"> • 93% of achievement of available dollars for DY6 • Proactively prepare for anticipated changes to DSRIP 	<ul style="list-style-type: none"> • 5% improvement over baseline in selected bundle measures 	<ul style="list-style-type: none"> • 10% improvement over baseline in selected bundle measures 	<ul style="list-style-type: none"> • 15% improvement over baseline in selected bundle measures
2.2 Explore opportunities for collaboration with community partners to address food insecurity and nutritional needs in the community through the implementation of community gardens	2.2.1 Strengthen partnership with Tarleton State University and other community partners working to help community members reduce risk for chronic disease and lead healthier lives through the consumption of healthful diets	<ul style="list-style-type: none"> • Texas Health Stephenville Community Health Advocate 	<ul style="list-style-type: none"> • Identify zip codes and communities with greatest need (i.e., limited/no access to fresh fruits and vegetables) • Determine effective implementation action • Establish proof of concept and plan for implementation and evaluation 	<ul style="list-style-type: none"> • Increase Texas Health Stephenville's capacity to address food insecurity as a barrier to health 	<ul style="list-style-type: none"> • Increase number of outlets supplying fresh fruits and vegetables in Texas Health Stephenville communities identified as having the greatest need 	<ul style="list-style-type: none"> • Advance health equity by decreasing barriers to health by expanding access to fresh fruits and vegetables

Priority Area 3: Awareness, Health Literacy & Navigation

Priority Area #3:	Awareness, Health Literacy & Navigation					
Need Statement	<p>27% of Erath County residents lack health insurance, and 24.3% of residents of Texas Health Stephenville's service area live below the Federal Poverty Level. But coverage is not the only need. Low health literacy--an individuals' ability to obtain, process, and understand basic health information--has been linked to poor health outcomes such as higher rates of hospitalization and less frequent use of preventive services. Increased access to comprehensive, quality health care services and improved health literacy are part of the Healthy People 2020 goals and objectives and are important measures to improve health equity and quality of life.</p> <p><i>Sources: County Health Rankings, Healthy North Texas Dashboard</i></p>					
Target Populations	<ul style="list-style-type: none"> • Low-income, uninsured/underinsured populations • Zip code 76442* • Spanish-only speaking populations 			<ul style="list-style-type: none"> • Low-income adults age 65 and older • Hispanic adolescents • Families living in rural areas and those commuting for work 		
Goals	Increase individuals' awareness of and access to health information and services that are accurate, accessible, and actionable; address social determinants of health by partnering with community organizations.					
Strategic Alignment	Consumer Focus					
Resources	<ul style="list-style-type: none"> • Texas Health Stephenville Community Health Improvement Advocate & Staff • System-Level Community Health Improvement Staff • Educators and Other Staff • Texas Health Denton Stephenville Health/Community Benefit Budget • Aunt Bertha Platform and Other Technologies 			<ul style="list-style-type: none"> • Internal Service Lines • Community Partner Organizations/Agencies • Texas Health Buildings • Partner Organization Locations • Community Locations 		
Timeline	2017-2019					

Strategies	Activities	Lead Dept / Staff	Process Objectives (SMART)	Anticipated Impact		
				Short-Term Outcomes (1 year)	Intermediate Outcomes (1-3 years)	Long-Term Outcomes (3+ years)
3.1 Continue investment in community resource guides	3.1.1 Update guide and reprint Erath County Resource Guide	<ul style="list-style-type: none"> • Texas Health Stephenville Community Health Advocate • Texas Health Stephenville Community Health Council 	<ul style="list-style-type: none"> • Update resources and contact information in guide • Print updated copies • Disseminate to external stakeholders, particularly those working with underserved populations 	<ul style="list-style-type: none"> • Increase overall utilization of tools • Increase strategic utilization of Community Connect with particular focus on underserved populations • Increase Texas Health Stephenville capacity to provide consumers with information on navigating the healthcare system that is accurate, accessible and actionable 	<ul style="list-style-type: none"> • Increase community capacity to provide consumers with information on navigating the healthcare system that is accurate, accessible and actionable 	<ul style="list-style-type: none"> • 25% increase in use of Community Connect tool by individuals living in zip codes with the highest socioeconomic need* • Advance health equity by improving access to healthcare resources for underserved populations • Improve discharge planning through integration of Community Connect tool into internal processes
	3.1.2 Collaborate with System Services to raise awareness and disseminate information on Community Connect Online Resource Guide to internal and external stakeholders	<ul style="list-style-type: none"> • Texas Health Stephenville Community Health Advocate • System-Level Community Health Improvement/ Program Manager 	<ul style="list-style-type: none"> • Disseminate resources to external stakeholders, particularly those working with underserved populations • Develop standard protocols for utilization and programmatic integration of tool internally and externally • Adapt tool to meet the needs of target populations 			

The following information can be found in the Appendices:

- I. Project Team
- II. Consulting Organization

Appendices

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Conduent Healthy Communities Institute (HCI), formerly a Xerox Corporation, was contracted by Texas Health Resources to conduct the 2016 Community Health Needs Assessment, support Implementation Strategy development, and to author the CHNA and IS reports. Based in Berkeley, California, HCI provides customizable, web-based information systems that offer a full range of tools and content to improve community health, and developed the [Healthy North Texas Platform](#). To learn more about Healthy Communities Institute please visit: www.HealthyCommunitiesInstitute.com

HCI's mission is to improve the health, vitality, and environmental sustainability of communities, counties, and states

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