

# Community Health Improvement

## Mobile Health

**Achievements | 2024**



### DEPARTMENT OBJECTIVE

**Mobile Health delivers care where it is needed to create healthier futures through trusted community solutions.** The department aims to improve access to quality preventive care services for adults 18 and older across Texas Health's service areas. Mobile Health offers chronic disease management and screening services through several programs, including Mammograms, Wellness for Life (WFL), and Healthy Education Lifestyles Program (HELP). Mobile Health expanded their reach in 2024 to include more men services by partnering with an outside vendor to conduct PSA (prostate-specific antigen) testing for prostate cancer screening.

### WFL PROGRAM

- Colon, cervical, and prostate cancer screenings
- Adult wellness exams
- Blood analysis (i.e., diabetes, cholesterol)

### MAMMOGRAMS

- Breast cancer screening services for women
- Mammograms for women

### HELP

- Chronic disease management services to uninsured patients

### STATEMENT OF NEED\*

Mobile health services have been cited as a viable and valuable model because of its ability to straddle between community-based and clinical settings, thereby enabling the team to develop essential networks to address both the non-medical drivers and medical determinants of an individual's health. There is also evidence that mobile health services are associated with reducing costs for avoidable ED visits, reducing readmission rates, and reducing hospitalization length of stay.

## Demographic of People Served

**UNIQUE PATIENTS\*\***  
Seen within Mobile Health

**3,363**

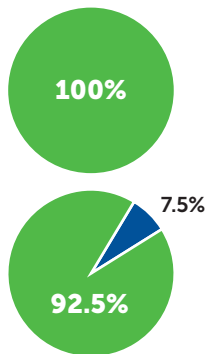
### GENDER DISTRIBUTION

**Mammograms n=3,156**

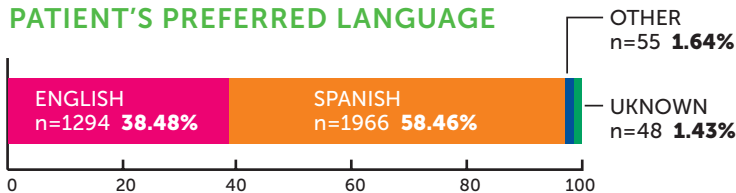
- Female n=3,153
- Male n=0
- Not Reported n=0

**Wellness for Life™ n=428**

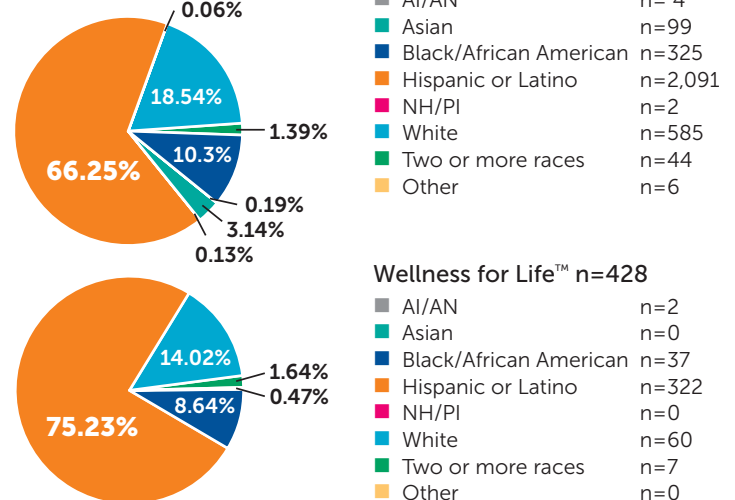
- Female n=396
- Male n=32
- Not Reported n=0



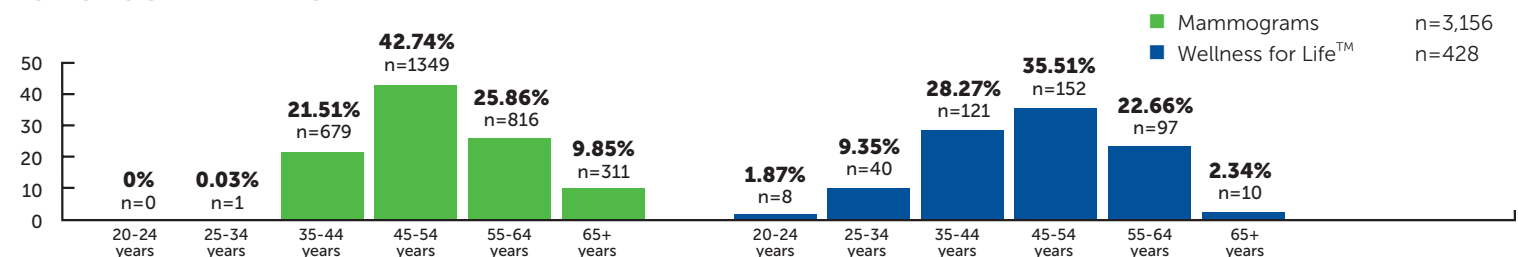
### PATIENT'S PREFERRED LANGUAGE



### RACE AND ETHNICITY



### AGE GROUP BREAKDOWN



\* Statement of Need sources: Yu, S.W.Y., Hill, C., Ricks, M.L., Bennet J., & Oriol, N.E. (2017). The scope and impact of mobile health clinics in the United States: A literature review; International Journal of Equity Health, 16, Doi: 10.1186/s12939-017-0671-2  
 \*\* Unique patient refers to an individual who is only counted once, even if they are seen in other service lines (WFL, HELP, and Mammograms) within Mobile Health during the year.

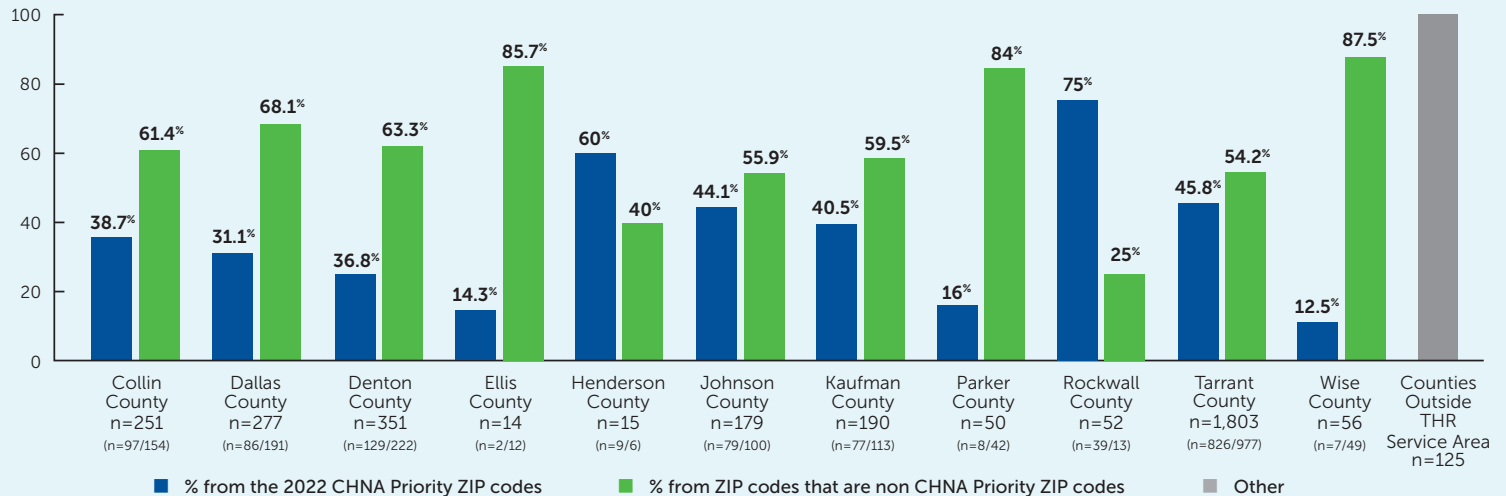


To learn more about our community health improvement programs, please email us at [THRCHI@TexasHealth.org](mailto:THRCHI@TexasHealth.org)



# Mobile Health

## PEOPLE SERVED BY COUNTY\*\* (n=3,363)



**3,363**

Patients that were provided services across the North Texas region\*\*

**99%**

Female patients served\*\*

**46%**

Patients served between the ages of 45-54 years old\*\*

**67%**

Patients identified as Hispanic/Latino\*\*

**1,359**

Individuals served who reside in a CHNA Priority ZIP code\*\*

**2,471**

Grant-funded patients served\*\*



## Activities/Output\*\*

**2,383**

New patients

**52%**

Visits to Community Health Needs Assessment ZIP Codes (n=172)

**46**

Patients identified with pre-diabetes

**17**

Patients identified with diabetes

**295**

Patients identified with hypertension

**73%**

Individuals served who were uninsured or underinsured and met financial screening criteria



## Outcomes

### Aligned Healthy People 2030 Objectives - Health Conditions

Cancer - reduce new cases of cancer and cancer-related illness, disability, and death.

■ Mammograms

■ Wellness for Life™

**99%**

n=3157

Eligible females screened for breast cancer

**72%**

n=211

Females with abnormal screening returned for diagnostic procedure

**93.9%**

Patient satisfaction

**51%**

n=79

Eligible patients returned their fecal immunochemical test (FIT)

**72%**

n=79

Eligible adults gained access to colorectal cancer screening

**10.1%**

n=8

Eligible patients with abnormal colorectal cancer screening results referred for diagnostics

**96%**

n=347

Eligible females screened for cervical cancer

**4.3%**

n=15

Eligible females with abnormal pap exams referred for diagnostics

**92.0%**

Patient satisfaction

**420**

Eligible males screened for prostate cancer through PSA testing

ACKNOWLEDGMENTS - Many thanks to the Texas Health Resources Foundation's support and community partnerships.

\*\*Combined data on patients seen in both service lines of mammograms/wellness for life

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