

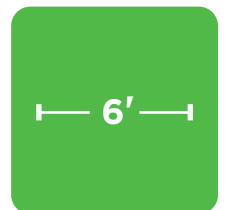
Guidelines for Your Safety

If you are sick or unwell, please stay home. Virtual workout services are available.

Before you enter the fitness center you will be required to undergo a wellness screening and temperature check.

While You Are Exercising

- Masks must be worn at all times.
- Social distance by maintaining at least 6-feet from other members and employees at all times.
- Avoid using lifting gloves or other personal items that cannot be washed in hot water after each use.
- Avoid lifting weights requiring a "spotter".
- Use a new disinfectant wipe to clean the equipment surface before and after use.
- Do not use equipment that is marked as closed for social distancing.
- Group fitness classes will be limited and rooms will be taped off into 6' blocks. At the end of each class you will be required to wipe down each piece of equipment you used and leave it in your block.
- Wash your hands or use hand sanitizer frequently.



General Fitness Center Updates

- We will be operating at 50% of facility capacity until further notice.
- Hours of operation may be adjusted or reduced.
- Locker rooms and showers are currently closed. Restrooms are open.
- Childcare is closed until further notice.
- Towel service is currently unavailable. Members are encouraged to bring their own clean towels and take them home each day.
- All water foundations are closed. Members are encouraged to bring their own water. Bottled water is available for purchase.
- Touchless payment is highly recommended.
- Juice bars and other food service areas are closed until further notice.
- Basketball courts and other areas where physical contact sports occur are closed.
- The pool (if available) will have limited capacity to ensure social distancing.
- Massage treatments (if available) will be by appointment only. No walk-ins allowed.
- Due to limited facility capacity, guest passes are currently discontinued.

***We are committed to keeping members and staff safe.
Thank you for your cooperation.***

