

# InTouch

TEXAS HEALTH RESOURCES FOUNDATION

SUMMER 2021



## Healing Hands

Parents Natalia and Jose give the gift of time to families

## Health to Home

Philanthropic Support Helps to Heal the Homeless

▶ **Your Gift at Work:** Donor Support Continues to Help Lymphedema Patients

▶ **Honoring a Physician's Legacy**

# Dear Friends

As my first message to you as the president of Texas Health Resources Foundation, I want to say thank you! As the world continues to address the effects of a global pandemic, we all recognize the importance of quality health care in our communities. With your philanthropic generosity, you give hope to our front-line caregivers in times of hardship and help advance community outreach initiatives that support our North Texas neighbors.

A great example of this is in our feature story on page 4. You'll read about a remarkable young man who was helped through our Health to Home medical respite program. Funded entirely through philanthropic support, your generosity is assisting homeless men, like Steven Brown, with a fresh start at a new life.

In January, we pivoted our COVID-19 Response Fund to help increase community vaccination efforts to reach the most underserved communities in North Texas. When the COVID-19 vaccine rollout began, it became evident that historically underserved Black and Hispanic communities were experiencing access issues and other barriers to receiving the vaccine. Community support has been unwavering as we work to increase access to COVID-19 vaccines for all North Texans. You can read more on this in our Donor Spotlight section on page 8.

These are just a few of the many areas touched by philanthropy and the impact you have on those we are privileged to serve.

I hope you are enjoying your summer and get to safely spend time with those closest to you. Please mark your calendars, once again, on September 23 for North Texas Giving Day! Your gift matters and truly makes the difference for those we serve.

With appreciation,



**Laura McWhorter**  
President  
Texas Health Resources Foundation



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**On the cover:** Parents Natalia Lopez and Jose Luis Avina with their new son, Luca.

Cover photo: Bob Lukeman

# Heard Around the System

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*We work hard to keep our mailing list correct. We regret that occasional errors or duplications may occur. If that happens, please contact the Foundation at 682-236-5200.*

"I wanted to take a moment to thank the nurses, techs, doctors and other staff who took care of me for the past three weeks. ICU, PCU, and Harris 3rd floor all took such great care of me. But I wanted to give a special thank you to nurse Ashley P on the third floor. She was so kind and supportive. She encouraged me when I felt the most down, and I truly believe it contributed to my recovery. Thank you all, and I pray for safety and wellness while you save others."

— Texas Health Fort Worth

"I took my son to the Seay Behavioral Health Center the other night and Eric helped us. I don't know his last name, but he was so very helpful to my son that was in terrible distress. He was so compassionate and kind and extremely gentle with my son. He immediately put us both at ease as my son was very scared. I was impressed with Eric very much and wanted to reach out to let him know. We are so grateful!"

— Texas Health Plano

"I am so pleased with Nurse Practitioner Stacy J., that I needed to tell someone. I called for my asthma, and she listened attentively to my concerns and she delivered the meds to get me better. Stacy, thank you so much for being different and more caring than anyone I had before. You gave me great advice that no one gave me before, but more importantly, you listened, delivered and got me much better. Thank you! God bless you!"

— Texas Health HEB

## Let's Get Social!

Follow Texas Health Resources Foundation on Facebook and Instagram for a glimpse into how your support of the Foundation makes an impact on our community.



# Health to Home: A Medical Respite and Housing Solution Collaborative

## Philanthropic support helps to heal the homeless

After three days of repeated power outages at his aunt's Dallas home during February's arctic storm, Steven Brown noticed something was very wrong with his legs.

"My feet had swelled up on me," the 23-year-old man recalled. "I couldn't walk normal. My ankles locked up to the point where I couldn't bend my knees or stand up no more."

A relative took Brown to Parkland Memorial Hospital, where he learned he had suffered frostbite to his legs and had a blood infection. After three days of hospitalization, he was presented with two choices – either a long, complicated recovery filled with many uncertainties or amputation.

"Either I had an option that I could keep (my legs) and deal with whatever comes with it or the second option was I had to get both of my limbs amputated so I chose that one," Brown said. "...Other people would probably be like, dang, I lost my legs. They'd probably have a hard time coping and dealing with it... But I can deal with it. It's just a different way of living."

Unable to return to his aunt's home because of the living conditions and with no place else to go, Brown was referred and admitted into Health to Home, a collaborative medical respite program between Texas Health Presbyterian Hospital Dallas, Austin Street Center, a Dallas homeless shelter, and CitySquare, a nonprofit housing and social support provider.

Funded entirely through donations to the Texas Health Resources Foundation, the 24-month pilot program provides qualifying homeless or imminently homeless men like Brown short-term



residential care to recover in a safe environment. Clients of the program have access to medical care and other social support services, including substance abuse treatment resources and help finding permanent housing.

To date, the program has received more than \$1.2 million in philanthropic support from the community with the Moody Foundation recently gifting \$325,000 to help those in need, like Steve Brown.

"Texas Health Presbyterian Hospital Dallas and Austin Street Center's Health to Home program is an innovative, much needed initiative that is changing lives. The Moody Foundation is honored to help," said Francie Moody-Dahlberg, the Moody Foundation's chairman and executive director.

### The program

The program is part of Texas Health Resources' commitment to improving community health. Currently, the program accepts clients from Texas Health Dallas and Parkland hospitals with plans to expand further in the future.

"We want to expand to outlying communities, other hospital settings, because there is such a need," said Jennifer Hay, M.S.N., R.N., director of the respite program and Texas Health Dallas Emergency Department.

Those who qualify are housed in a 9-bed unit located within the Austin Street Center, where they receive health and psychological assessments, on-site care by a Texas Health nurse and medical assistant, weekly visits by a Texas Health physician, and medical support and education.

"A lot of these gentlemen have chronic medical conditions – diabetes, high blood pressure and things of that nature that they have to take medications for the rest of their life. We've even had patients who have cancer in our respite program," Hay said. "This is something you cannot manage on the streets and this could end someone's life without care. We provide that extra support so that they can basically better manage their healthcare and live a healthier lifestyle."

The youngest client who has gone through the program, Brown turned 24 while staying at the shelter. He will soon be moving into new housing and maintains an upbeat outlook about his future that staff say is contagious.



“Despite all the downfalls that he’s experienced, he still has a smile on his face. It’s great to have that positivity kind of transfer to our other clients. He brings that positivity every day.”

Faviola Carroll  
Austin Street

Faviola Carroll, an on-site Austin Street social worker, helps clients replace missing identification records like birth certificates and social security cards and obtain “a lot of the basic needs they haven’t had in years” like social security benefits, food stamps, glasses or dentures.

Another case manager works to get clients back home or, when that is not possible, helps them apply for housing through CitySquare.

Since accepting their first client in October, the program has helped 24 men.

### **Brown’s journey**

Brown faced being sent to other homeless shelters in Dallas once he was discharged from the hospital in March.

“Luckily, this was an option,” he said. “This was the best option that was available.”

The youngest client who has gone through the program, Brown turned 24 while staying at the shelter. He will soon be moving into new housing and maintains an upbeat outlook about his future that staff say is contagious.

“He’s very positive. Despite all the downfalls that he’s experienced, he still



has a smile on his face,” Carroll said. “It’s great to have that positivity kind of transfer to our other clients. He brings that positivity every day.”

As a client of the program, Brown has been provided with his prescription medications, a wheelchair, a walker, clothing, meals and laundry. He has also obtained health and prescription medication insurance, a primary care provider, a copy of his birth certificate, and received job assistance and resources to complete his general education development test.

The program also covers Brown’s transportation to an amputation support group and appointments, including a recent appointment at the Hanger Clinic in Dallas where Brown was fitted with prosthetic legs thanks to the help of another non-profit organization, Limbs for Life.

There, Brown learned the various steps in putting on and removing his prosthetic legs. With the support of parallel bars, he also took his first steps on his new legs.

“How does that feel?” Danica Nordstrom, the clinic manager, asked him as he sat back down, slightly sweating from the exertion.

“It feels good,” he responded.

“You just walked. It was a little sloppy. It was a little ugly, but you did it,” Nordstrom quipped, drawing laughs from Brown.

Nordstrom said with Brown’s positive attitude and physical therapy, she suspects the struggles most face in the first year of adjusting to their prosthetics will be short-lived for Brown.

“What I have found is that when people are first going into their prosthetic journey, they almost always fall into one of two camps – excited to get started or they’re still mourning the loss of their legs,” Nordstrom said. “That first group is going to have a little bit more success on the front end because they’re excited, they’re invested.”

“I think you’re going to have a very abbreviated awkward phase, which is good,” she told Brown. “I want it to be as short as possible for you because you’ve got life to live, right?”

Brown is definitely ready to live his life. He is confident it’s just a matter of time before he can walk unassisted on his new legs and has set a goal to eventually drive again.

He recently moved into housing through CitySquare and feels grateful that Health to Home set him up with the resources and support he needs to be able to make it on his own.

Without it, he said, “I wouldn’t be at the point where I am today.”

**For more information on Health to Home or to help make an impact for others in the medical respite program, contact Jennifer Atchison with the Texas Health Resources Foundation at 682-236-8420 or [JenniferAtchison@TexasHealth.org](mailto:JenniferAtchison@TexasHealth.org).**

*Contributing writer: Deanna Boyd-Spangler*

# Healing Hands

## Precious Moments

### Parents Natalia and Jose give the gift of time to families at Texas Health Southwest in memory of their first child

Last spring, Texas Health Harris Methodist Hospital Southwest Fort Worth was the grateful recipient of the donation of a CuddleCot from Natalia Lopez and Jose Luis Avina. A CuddleCot is a refrigerated bed which allows grieving parents and families who have experienced the loss of a child due to stillbirth extra time to spend with their baby.

Research shows that these precious moments offer positive psychological benefits for the parents at a pivotal time. The hospital is thankful to be able to offer this opportunity to families who are in this heartbreaking situation.

Rachael Ramsey, Women and Infants' manager at Texas Health Southwest, said, "We will be forever grateful for their generous donation. Having the ability to extend the amount of time a family gets to spend with their deceased infant is priceless. The CuddleCot enables families to meet, care for and grieve their baby, creating unforgettable memories."

Natalia and Jose are passionate about hospitals in the community having a CuddleCot to offer families, because they had experienced this loss and were given time to grieve.

"We cherish those memories and are so grateful that the CuddleCot was able to extend our time with our son."

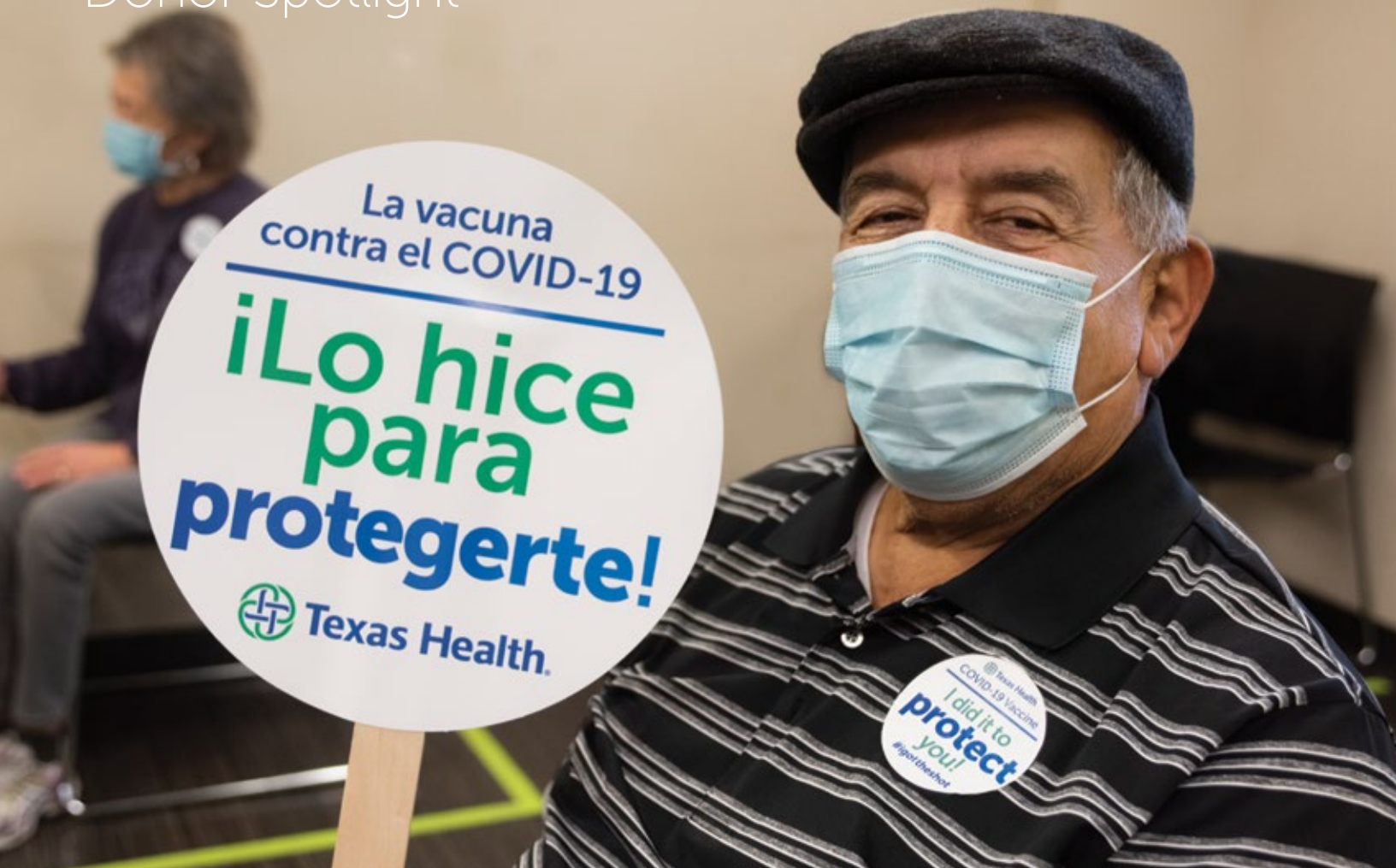
Natalia Lopez



"During our darkest days, this CuddleCot was our ray of light, granting us the precious gift of time," said Natalia. "Time to soak in every inch of our child and hold him. Time to take the only photos we would ever take of him. We cherish those memories and are so grateful that the CuddleCot was able to extend our time with our son. It is our mission to donate a CuddleCot each year to different hospitals so that families experiencing loss are able to create those precious, everlasting memories before saying goodbye. We want parents to know that their loss matters, and that they are not alone."

Two days after this heartfelt donation, Natalia and Jose celebrated the birth of their happy, healthy baby boy, Luca Thiago (pictured together on our cover).





## Communities Foundation of Texas Helps Expand COVID-19 Vaccination Access to the Underserved

Texas Health was quick to initiate and scale up community vaccination efforts as soon as a COVID-19 vaccine became available late in 2020, opening and running vaccination clinics around the Metroplex with the help of staff and volunteers. Approximately 49 percent of Texans (age 12 and up) are now vaccinated as of June 30. According to the CDC, community confidence in the vaccines leads to more people getting vaccinated, which means fewer COVID-19 illnesses, hospitalizations and deaths. In fact, among those still dying from COVID-19, 99 percent have not been vaccinated against the virus.

Although vaccination efforts in North Texas have been reasonably successful,

some barriers to accessing the vaccine have emerged among some populations. In Texas, the white population is three times more likely to have a COVID-19 vaccine compared to the Hispanic/Latino population, even though people of color have higher hospitalization and mortality rates, according to the Kaiser Family Foundation.

“From the moment Texas Health heard we would be a vaccine hub in Tarrant County, equitable distribution was top of mind,” said Catherine Oliveros, vice president of Community Health Improvement at Texas Health. “As soon as vaccines rolled out, national data showed that communities of color were less likely to receive vaccines through mass distribution centers because of transportation and technology

barriers, as well as misinformation and language limitations.”

Emerging data gathered by Texas Health also indicated that populations age 65+ in rural areas are also behind state and national averages for receiving the vaccine.

In response, Texas Health is addressing inequities in COVID-19 vaccine access and distribution through a targeted community-driven plan to reach out and expand vaccination efforts in the most underserved communities around North Texas. To help accomplish this undertaking, Communities Foundation of Texas (CFT) has granted Texas Health \$1 million in funding through the W.W. Caruth, Jr. Fund at CFT.

"It is philanthropic partnerships like this one with Communities Foundation of Texas that will allow us to address vaccine hesitancy and build equitable access and uptake of COVID-19 vaccines in North Texas."

Shannon Fisher  
Texas Health Resources Foundation



"Communities Foundation of Texas is proud to help increase vaccine access and education through this \$1 million dollar investment in the work of Texas Health Resources. This grant is the largest of six recent health focused grants that total \$2.4 million and align with our goal of expanding health equity across North Texas, especially for community members with disproportionate and limited access to vaccines," said Sarah Cotton Nelson, CFT's Chief Philanthropy Officer.

Texas Health's Community Health Improvement department will use the grant funding to help scale community vaccination efforts in the region's most underserved communities in a mix of urban, suburban, and rural settings, with a focus on Erath, Johnson, Kaufman, and Tarrant counties. The planned approach includes increased messaging about the vaccination campaign, culturally and linguistically appropriate outreach and education about COVID-19 and available vaccine sites, as well as expanding mobile vaccination clinics available in the region. Texas Health will locate sites at community centers and churches in the communities, utilize a bilingual and bicultural mobile team, and provide

transportation for patients to/from mobile vaccination clinics, especially in rural areas.

"Texas Health is determined to establish an equitable distribution strategy tailored to meet the needs of communities that were more likely to face access barriers," explained Oliveros. "Thankfully, across the Texas Health service area, we spent the last two years building relationships in key underserved communities through Texas Health Community Impact. This allowed us to mobilize our networks and resources during this crisis to go to where people work, live, play and pray, bringing the vaccine to neighborhoods, providing them through a trusted partner, and offering an experience in their preferred language."

With the grant from the W.W. Caruth, Jr. Fund at Communities Foundation of Texas, Texas Health has more than half of the funding necessary to carry out these plans successfully and sustainably. Additionally,

Texas Health Resources Foundation is pivoting the COVID-19 Response Fund to help increase community vaccination efforts.

"Throughout the pandemic, philanthropy has been called upon to play a more critical role than ever before in our community," said Shannon Fisher, vice president at Texas Health Resources Foundation. "We are grateful to the many donors who have continued to support Texas Health and other non-profit partners in our community. It is philanthropic partnerships like this one with Communities Foundation of Texas that will allow us to address vaccine hesitancy and build equitable access and uptake of COVID-19 vaccines in North Texas."

If you would like to help us with this effort, please visit [TexasHealth.org/giving](https://www.texashealth.org/giving). Your gift will be put to immediate use to help increase access to COVID-19 vaccines for all North Texans.

## Donor Support Continues to Help Lymphedema Patients

The Texas Health Resources Foundation Annual Golf Tournament is celebrating its 30th Anniversary on October 11, 2021 to benefit the Bernard C. Alger Cancer Fund, established in 1991 in memory of the Harris Methodist System officer who lost his life to cancer. Since then, over \$2.6 million has been raised for education, support programs and cancer screenings through the golf tournament and generous community donors.

In 2020, 42 patients received supplies and treatment through the Lymphedema Program at Texas Health Fort Worth, because of the generous support of the donors to the Alger Fund. The program is on track to help as many patients in just the first 6 months of 2021. Lymphedema is a condition experienced by patients receiving cancer treatment that causes swelling in the arms or legs due to a blockage in the lymphatic system. Supplies required to participate in therapy include specialized foam padding, Kinesio® tape for head and neck patients and a multilayer compression bandage system for arms or legs.

Through the Lymphedema Program which was recently expanded from breast cancer patients to all those underserved patients affected by any type of cancer, supplies are given that no other program in the community currently provides. These supplies are not available through Medicare or Medicaid and many other private insurance plans. Care is provided by two physical therapists and two assistants, who are each certified lymphedema therapists, which requires 120 to 160 hours of training. The physical therapists are also certified through the Lymphology Association of North America (LANA).

Julie Allen, a physical therapist with the Lymphedema Program, recently worked with a breast cancer survivor who received care while living in Mexico.



After moving to the United States, her husband suffered a stroke, which left him wheelchair bound. They are not eligible for social security programs and are being supported by their son.

"She had already gone through treatment where she had to fight for her life," said Julie. "And then she had to deal with this side effect. It was great for her to have these resources. She was a star student and did everything she was supposed to do. She was taking care of her husband and it was good she had this outlet to care for herself."

Without this program, Julie would not have been able to receive the tools she needed to manage her lymphedema and improve her quality of life.

"Because of our donors, the Lymphedema Program is able to provide support that is not available anywhere else in the community," said Julie. "Patients who come to see us often have a fear of what their care is going to cost. Being taken care of by others is a huge weight off their shoulders. This would not be possible without the people who support this unique service."

**For more information about the Bernard C. Alger Cancer Fund or supporting through the golf tournament, please reach out to Jocelyn Repshas at [JocelynRepshas@TexasHealth.org](mailto:JocelynRepshas@TexasHealth.org).**

## Texas Health Allen Student Art Contest

This spring, Texas Health Allen partnered with Allen ISD to host an art contest for the students of Allen High School. Fifty entries were submitted from students ranging from freshman to seniors, and the winning pieces of art now hang in the hospital for patients and their families to enjoy.

“One of our primary goals in the Allen High School Art program is to provide opportunities for our students to be engaged in their community,” said John Garrott, the Visual Arts Department Head at Allen High School. “The student artwork chosen for display will make a lasting impression on those who view the work for years to come.”

Jared Shelton, FACHE, president of Texas Health Allen, shared Texas Health’s mission and vision with the students and provided some parameters for the artwork, encouraging the students to reflect and create pieces for a healing environment.

“A healthy, thriving school district is vital to the well-being of a community,” said Shelton. “At Texas Health Allen, we are always looking for ways to help promote educational and experiential opportunities for the students in the communities we serve. The student art contest was a way to allow Allen High School art students to think about how art can play a role in the patient’s healing journey and then use their skills to help make it happen. We are so excited to have these beautiful pieces of art displayed throughout our hospital for patients and visitors to admire.”

The artwork was judged by a committee of individuals from the art community and supporters of the arts, including Tracey Cline, president of the Credit Union of Texas Cares Foundation; Amanda Dunbar, an Allen High School alum who has exhibited and sold her artwork in galleries throughout the US and Canada; Kathy



Litinas, a board member of the Allen Arts Alliance; Brenda McKinney, a painter and mixed media artist; Marie Renfro, an award-winning artist from North Texas; Sheacy Thompson, Community Engagement Officer, Credit Union of Texas; and Sherry Tucker, former board trustee at Texas Health Allen.

On May 11, awards were presented at a reception held at the hospital and attended by the artists and their families, the judging panel, John Garrott, Matthew Russell, principal of Allen High School, Robin Bullock, Allen ISD superintendent and the Allen ISD Board of Trustees. The Allen High School Orchestra provided

music, while guests viewed the students work displayed in the new wing of Texas Health Allen.

The plan was to select 10 pieces to be hung in the hospital, but judges were so impressed by the artists’ works, they could not decide on 10 and instead selected 13 winners. The first place prize of \$1,000 went to “Going Up” (pictured) by Yashita Kancharlam, the second place prize of \$500 went to “The Moment” by Raaida Hasnain, and the third place prize of \$250 went to “Escape en Pena Blanca” by Claudia Rivera Guevarez. The 10 honorable mention award winners received \$50 gift cards.

# Honoring a Physician's Legacy

When a long-time physician retires after decades of service, friends and colleagues often look for a meaningful and lasting way to honor their legacy of contributions in healthcare. At Texas Health, one way we celebrate our most exceptional physicians at the end of their careers is through the creation of a fund or endowment designed to continue supporting the work they care about most. This year, Texas Health Presbyterian Hospital Dallas is honoring two of their treasured retiring physicians with the creation of two separate funds supporting clinical education.

## Dr. A Compton Broders, M.D.

Dr. A Compton Broders, M.D. recently retired after 40 years of practice in emergency medicine in the Dallas-Fort Worth region. Dr. Broders graduated from The University of Texas at Austin in 1970 and from medical school at Duke University in 1974. He completed his residency at Parkland Hospital in Dallas in 1977 and later earned a master's degree in medical management from Tulane University in 1998. Dr. Broders also met his wife of more than 40 years, Maureen Murry, M.D., J.D., in the Emergency Department at Parkland Hospital.



"I have had the privilege of knowing Dr. Compton Broders for over 50 years, and he is the ultimate physician and consummate gentleman."

Douglas D. Hawthorne

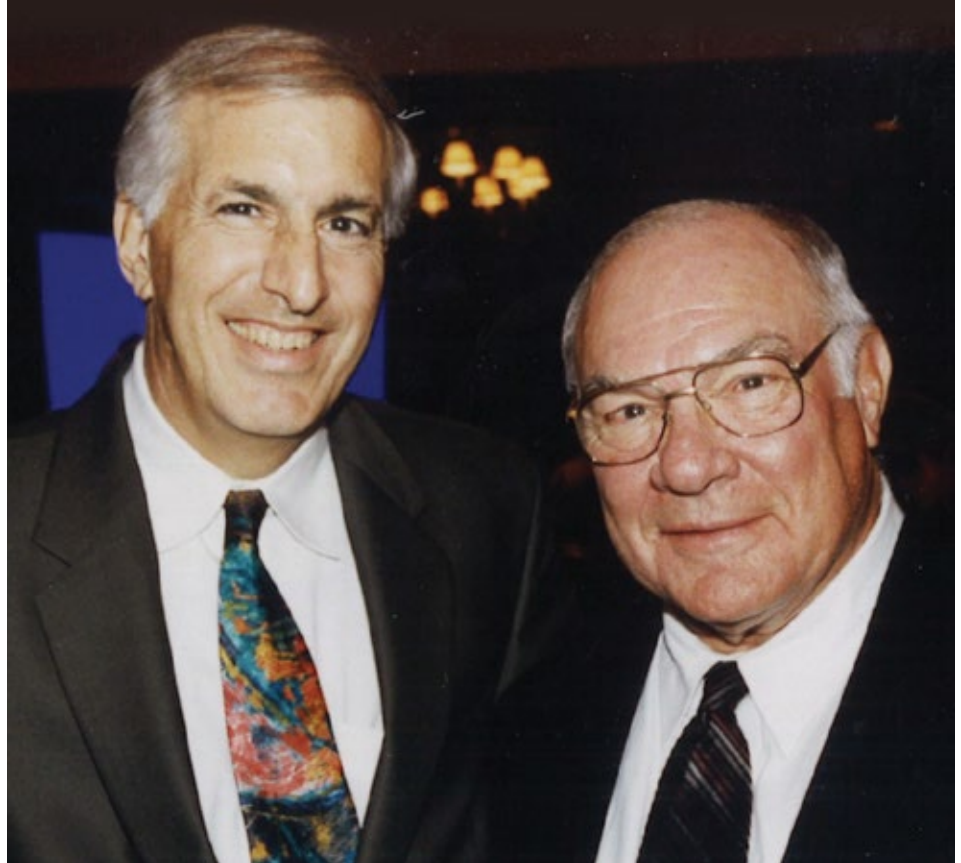
In 1997, he cofounded Emergency Medicine Consultants, Ltd. and served as chief operating officer until 2018. He was also a clinical professor of emergency medicine for the University of Texas Southwestern Medical School, where he was instrumental in helping to develop the Emergency Medicine Residency Program. Additionally, he served in a variety of leadership roles at Texas Health Dallas, Allen, and Kaufman as well as

Parkland Hospital. Dr. Broders is the recipient of the Positive Medicine Project Award, the Spirit of Dallas Award, the James E. Hayes Award, the John A. Rupke Legacy Award, and was voted one of the 50 Most Positive Doctors in America.

Texas Health has established the **A. Compton Broders, M.D., Excellence in Medical Education Fund** to honor Dr. Broders. Inspired by his work in

“(Feldman’s) leadership and medical expertise have touched every corner of this institution.”

Jim Parobek,  
Texas Health Dallas president



establishing an emergency medicine residency, donations to the fund will provide support for continuing education and development opportunities to enhance skills and clinical performance for employees, physicians, residents and fellows at Texas Health Resources.

“I have had the privilege of knowing Dr. Compton Broders for over 50 years, and he is the ultimate physician and consummate gentleman,” said Douglas D. Hawthorne, LFACHE. “His engagement in our system has advanced so many of our initiatives. His sense of well-being is contagious, and he is welcome in any situation. I respect him greatly, and we are friends forever.”

### Dr. Mark Feldman, M.D., M.A.C.P.

Texas Health Dallas is also honoring Dr. Mark Feldman, M.D., M.A.C.P., who is retiring after more than 20 years of service at the hospital. Dr. Feldman holds the William O. Tschumy Chair of the Department of Internal Medicine at Texas Health Dallas and is the program director of the hospital’s Internal Medicine Residency Program. He is also medical director of research at the hospital and clinical professor of internal medicine at UT Southwestern Medical Center, Dallas. In addition to receiving academic accolades, he has a reputation as one of the nation’s leading gastroenterologists.

“His leadership and medical expertise have touched every corner of this institution,” said Jim Parobek, Texas Health Dallas president. “There’s no way to adequately describe the role he’s played here. We’re happy for him, but he will be sorely missed.”

Dr. Feldman graduated from Temple University in 1968 with a degree in mathematics. He later graduated first in his class from Temple University School of Medicine, where he completed his medical residency. He completed a fellowship in gastroenterology at UT Southwestern in 1977.

An author of more than 175 peer-reviewed research articles and more than 50 book chapters on a range of medical topics, Dr. Feldman is an editor of *Gastrointestinal and Liver Disease*, widely considered the world’s preeminent work on digestive diseases. Over the years, his research has appeared in science’s leading medical journals, including the *Journal of Clinical Investigation*, the *New England Journal of Medicine*, the *Journal of American Medical Association*, and a wide variety of gastroenterology journals including the *American Journal of Gastroenterology*.

In 2008, Dr. Feldman was awarded Mastership in the American College of Physicians, one of the highest honors bestowed on physicians in the United States. Earlier in his career, he received the coveted Young Distinguished Scientist Award from the American Federation for Clinical Research and received the prestigious C.A. Ewald Prize, presented by the German Society for Digestive and Metabolic Disease.

Texas Health is honoring Dr. Feldman for his years of service with the creation of the **Mark Feldman, M.D., Internal Medicine Fund**. Donations to the fund will support medical education and teaching programs in the Internal Medicine Residency Program, including research in this area, at Texas Health Dallas.

“It’s sad to see Dr. Feldman leave, but his legacy will live on through the next generation of physicians he’s helped train and through his commitment to excellence and leadership of numerous services here,” said Aurora Estevez, M.D., chief medical officer at Texas Health Dallas.

**If you are interested in learning more about either of these funds, please contact Vickie Ramsey at 214-679-3044 or VictoriaRamsey@TexasHealth.org.**

# News Around the System

## Major Renovation Underway at Texas Health Dallas

A nearly \$60 million renovation is underway at the Margot Perot Center for Women and Infants on the campus of Texas Health Presbyterian Hospital Dallas. The major renovation of the women's and infants' hospital includes a complete revision of the labor and delivery unit and operating rooms, as well as updates throughout the clinical areas.

"We're excited to expand and improve the Perot Center, which has been a staple in the Dallas community for nearly four decades and a premier care facility focused on improving outcomes for women and infants," said Jim Parobek, president of Texas Health Dallas. The Margot Perot Center was dedicated in 1983 in celebration of the 25th wedding anniversary of the late Ross Perot and his wife Margot. It was one of the country's first hospitals dedicated to the care of women and infants.

In addition to upgraded technology in the ORs, the 362,000-square-foot building will feature modern designs on patient floors and public areas, including the inpatient post-surgical unit, triage unit, postpartum unit, concierge suites,



A rendering of a new postpartum room at the Margot Perot Center. Courtesy: HKS

elevators and entrances. Construction will be done in phases to not disrupt care. The project is expected to be completed in May 2023, coinciding with the center's 40th anniversary celebration.

"Texas Health Dallas is proud to continue a legacy with the Perot family, and we want to build on that by focusing on the future," Parobek said.

About 5,000 babies are born each year at the Perot Center. The eight-story building features 84 neonatal intensive care unit (NICU) beds, a maternal and neonatal transport team, surgical operating suites, a dedicated pediatric outpatient clinic and the Peggy Bell Diagnostic Imaging Center.

## Texas Health Denton Receives Level III Maternal Care Designation

Expectant mothers in Denton County now have both a Level III Maternal Care program and a Level III Neonatal Intensive Care Unit available to them at Texas Health Presbyterian Hospital Denton.

Together the designations from the Texas Department of Health and Human Services reflect that Texas Health Denton meets standards to provide comprehensive maternal and infant care available for North Texas families. About 2,000 babies are born annually at Texas Health Denton, the only hospital in Denton that provides labor and delivery services.

"Our Level III maternal and neonatal programs allow us to provide specialty maternal and neonatal care close to home for Denton County mothers and families," said Melissa Winans, D.N.P., M.B.A.-H.C.M., R.N., NEA-BC, FACHE, chief nursing officer at Texas Health Denton.

A Level III maternal care facility provides comprehensive

care for pregnant women, with programs focused on healthy pregnancies including non-invasive therapies to avoid unnecessary c-sections, breastfeeding support, education, and medical and surgical treatments for complex obstetrical conditions.

The hospital is expanding its Women's Center to serve the growing Denton County area. Designed with mothers, babies and families in mind, the new center will include 12 labor and delivery rooms, 30 postpartum and antepartum beds, and two dedicated surgical suites for C-sections. This new addition will also include advanced breast imaging, physical therapy and cardiac rehab. The expansion is expected to open in 2022.

"We're looking forward to continuing to grow how we care for the health and well-being of area families when the Women's Center expansion opens next year," said Mahnaz Rahman, M.D., maternal medical director and OB/GYN on the hospital's medical staff.

## Texas Health Alliance Celebrates Opening of Major Hospital Expansion

Employees at Texas Health Harris Methodist Hospital Alliance celebrated the grand opening of a 3-story, \$74 million expansion of the hospital's main patient bed tower. The 65,000-square-foot addition includes an expansion of the women and infants center and 10 emergency department beds to the existing 28, including a seven-bay ED fast track area.

"When we first opened our doors in 2012, we committed to be a hospital built by the community, for the community, and we continue to serve our community today through this new vertical expansion," said Clint Abernathy, president of Texas Health Alliance. "In the Alliance area today, 70,000 rooftops are currently under construction to add to the 320,000 people we now serve. We are up 200,000 from just eight years ago. In a community that grows like Alliance has grown, we must be nimble and ready to respond to the need. With the services offered in our

expanded facilities, we will be able to do just that."

The expansion at Texas Health Alliance adds three stories to extend the main hospital building's footprint, opening additional space for critical care, medical-surgical, and women and infants services, along with a new surgical suite and support services wing, bringing the hospital's total patient bed count to 151.

"When our friends and neighbors who live in the Alliance area need healthcare, they shouldn't have to leave their community to find the care they need," Abernathy said.

The new tower includes a concierge service that introduces patients to their rooms and shows them how to use updated technology, including iPads that allow them to interact with support services, order food, control the temperature of the room and even Skype with loved ones.



CEO Barclay Berdan cuts the ribbon to open the new expansion at Texas Health Alliance.

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## Texas Health Fort Worth Welcomes First Surgical Residents in its 91 Years

Texas Health Harris Methodist Hospital Fort Worth recently welcomed the first surgery residents in the hospital's 91-year history.

"This is a great opportunity for our hospital and the organization," said Joseph DeLeon, Texas Health Fort Worth president. "Along with the physicians on our medical staff, we will be guiding and mentoring the surgery residents to help them excel during this phase of their medical training while also learning from them. In addition, our patients and the community will benefit from this new program."

Virtually all doctors enter a residence training program after finishing medical school. Training to become a surgeon takes five years, and residents are designated by "postgraduate year in training" in the program. Along with the three first-year residents, four residents are joining from other programs: one second-year, two third-year residents and one fourth-year resident.

The start of the surgery residency program at Texas Health Fort Worth is the first step in Texas Health Resources' three-year plan to enhance graduate medical education offerings in the system to help increase access to convenient care, improve quality and



health outcomes for North Texans and address the shortage of physicians in the Metroplex.

Andrew Masica, M.D., Texas Health's senior vice president and chief medical officer of Reliable Health, noted that residents often continue their careers where they train. "These new residents will help us expand the services we can provide to the patients inside our hospital walls, in our practices and other care settings right now," he said. "We also believe they will help our communities for decades to come as part of the North Texas physician workforce."



# Charitable Gift Planning

## Ensure Your Legacy in One Sentence

### Remember Texas Health Resources Foundation in your will or living trust

What if all you had to do to ensure that Texas Health Resources Foundation can be successful for years to come is to write a simple sentence? Sound impossible?

Securing future healthcare for those we serve is as simple as including one sentence in your estate planning. By including a gift to Texas Health Resources Foundation in your will, you can support our mission tomorrow without giving away any of your assets today.

If you are ready to include a gift to our organization in your will, contact Shannon Fisher to get the suggested sentence to add to your will.

Including Texas Health Resources Foundation in your will is a popular gift to give because it is:

- **Affordable.** The actual giving of your gift occurs after your lifetime, so your current income is not affected.
- **Flexible.** Until your will goes into effect, you are free to alter your plans or change your mind.
- **Versatile.** You can give a specific item, a set amount of money or a percentage of your estate. You can also make your gift contingent upon certain events.

### How a Gift in Your Will Works

Your estate planning attorney can help you structure a gift so your loved ones will be taken care of first after you're gone. They will include this sentence in a new will or living trust or add it to existing documents through an amendment called a codicil. A popular option is to leave a percentage of what is left of your estate after other beneficiaries have received their share. This way, your gift remains proportionate to the size of your estate, no matter how it fluctuates.



### Is Including a Gift in Your Will Right for You?

If you answer "yes" to any of the following statements, you're ready to write Texas Health Resources Foundation into your life's story through your will.

- You want the opportunity to guide decisions about the future ownership of your possessions and the legacy you leave behind.
- You want to make sure your support of our work is still available after your lifetime.
- You want to balance your generosity to us with an assurance that loved ones are taken care of first.
- You want the flexibility to change your mind about your gift at any time.

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# Join Us on North Texas Giving Day

We can achieve so much when we do it together! Join us as we participate in this online giving extravaganza. Your gift to Texas Health Resources will help make an impact on our patients and North Texas neighbors we are privileged to serve. You can also make your gift early starting September 1 and encourage giving among your networks by creating a FUNdraising page in support of Texas Health Resources. Visit [NorthTexasGivingDay.org](http://NorthTexasGivingDay.org) for more information.

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