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TEXAS HEALTH RESOURCES FOUNDATION WINTER 2023

The Margot Perot Center for Women and Infants Renovation is complete!

A Season of Celebration: Celebrating you **Preparing the Next Generation of Caregivers:** Apprentice program offers entry-level launchpad **Charitable Gift Planning:** Gifts to fund the future

## Dear Friends

As 2023 comes to a close, we have many reasons to celebrate. At the top of the list, we celebrate your generosity and how you selflessly give to help us improve the health of the people in the communities we serve. You make a difference. Every day.

In fact, most of our celebrations have come about because of you. Due to your generosity, we completed a \$65 million renovation at the Margot Perot Center for Women and Infants at Texas Health Dallas, changing the lives of women and their families for decades to come.

Texas Health HEB celebrates 50 years of serving the Hurst-Euless-Bedford area with the creation of a Community Health Fund supported by donor gifts. And Texas Health Plano celebrates the opening of its NICU Family Center, which will bring the much-needed comforts of home to our tiny patients and their families.

The THRIVE program continues to flourish, celebrating with opening ceremonies at three additional schools including Furlough Middle School in Terrell, O.D. Wyatt High School in Fort Worth, and Inspired Vision Academy Secondary in Dallas. Now these students, and their families, will have access to healthy food, and resiliency skill and workforce training that will help them create better futures.



Special thanks to Lynne Moffatt for her loyal service as Texas Health Foundation Board Chair.

And the year would not be complete without our annual Donor Appreciation Dinner, held in November, where we celebrate donors of our Hawthorne, Farrington-Thompson, and Circle of Giving Societies and their contributions to North Texas.

And lastly, we celebrate Lynne Moffatt for her service as Foundation Chair throughout the past two years. It's been a pleasure to work with her and thank her for all she has done to improve the health of the people in the communities we serve.

My sincerest wish is that all your celebrations – at the end of the year and always – be blessed with the compassionate spirit you so freely give to others.

Gratefully,

Laura McWhorter President, Texas Health Resources Foundation

## Inside

#### 4 Margot Perot Center for Women and Infants

Celebrating the completion of the renovation with the donors who made it happen!



#### 12 'Tis the Season to Celebrate!

Fun was had by all at the Donor Appreciation Dinner, Starlight Gala, and Annual Golf Tournament!



#### Features

- 3 Heard Around the System
- 6 Preparing the Next Generation of Caregivers
- 8 Charitable Gift Planning
- 9 Mission Moment
- 10 Your Gift at Work
- **12 Event Spotlight**
- 15 News Around the System



**On the cover:** The "Delivering Miracles" sculpture soars above the lobby of the renovated Margot Perot Center for Women and Infants at Texas Health Presbyterian Hospital Dallas.

Cover photo: Jill Johnson

1

# Is There A Hero

# In Your Healthcare?

Did you know you can show your appreciation of your care team by donating in your caregivers' honor to the Texas Health Heroes program? When you honor your caregivers, you're not only acknowledging the healing care and compassion that has been provided but you're also helping to support the mission of Texas Health Resources – improving the health of the people in the communities we serve.

If you would like to recognize a Texas Health caregiver who went the extra mile for you or a family member, please scan the QR code below, or visit: TexasHealth.org/Heroes





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Editor/Writer: Peggy Davidson

#### Writers:

Lisa Bower Sarah Hopkins

Design: Sally Martin

#### Photographers: Jill Johnson

Bruce Maxwell

Printer: Color Mark Printing

#### **Board of Trustees:**

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We work hard to keep our mailing list correct. We regret that occasional errors or duplications may occur. If that happens, please contact the Foundation at 682-236-5200.

## Heard Around the System

I had day surgery at Texas Health Presbyterian Hospital Dallas. The help I encountered was the best possible. Everyone I met was gracious, caring, professional, and even pretended to like my jokes!

- Texas Health Presbyterian Hospital Dallas Patient

We've experienced nothing short of outstanding care and attention from every department in the hospital during our stay at Texas Health Southwest. We can't just applaud one as they all consistently demonstrated the highest level of professionalism, dedication, compassion, and positive demeanor. We've never had a more positive experience.

> — Texas Health Harris Methodist Southwest Fort Worth Patient

"Just wanted to drop a note of praise for our nurse in the ER. She was compassionate, engaging, and kept us informed at all times, even while training a nursing student. She made our visit the best it could be under the circumstances. She exemplifies all that is good in nursing and is a credit to her profession. Kudos to her for a job well done!"

> — Texas Health Presbyterian Hospital Rockwall Patient

#### Let's Get Social!

Follow Texas Health Resources Foundation on Facebook, Instagram, and LinkedIn to see how your support makes an impact on our community!







## TIME TO CELEBRATE!



# Margot Perot Center Renovation Is Complete!

Work is complete on a nearly \$65 million renovation that modernizes the patient experience at the Margot Perot Center for Women and Infants on the campus of Texas Health Presbyterian Hospital Dallas. The renovation, which began April 2021, comes to an end as the Center celebrates 40 years.

"We are starting a new chapter at the Margot Perot Center," said Chris York, president of Texas Health Dallas. "With this renovation, enhancing comfort while delivering quality care was a key focus for us."

The renovation was designed to save space, maximize efficiency, improve patient flow, and most important, create a center that was conducive to healing. Patient spaces, including 64 postpartum mother and baby rooms, labor and delivery rooms, and three C-section suites, were refurbished. It also includes a makeover of 19 postpartum luxury suites and two new mother rooms with kitchenette areas stocked with refreshments and snacks. An outdoor plaza with space for hospital and community events was also added.

To commemorate the generosity of those who helped bring the vision to fruition, soaring overhead in the lobby is the Delivering Miracles sculpture that honors the babies born every day at the Margot Perot Center.

> The Margot Perot Center renovation was a massive undertaking, planned and executed with care to enhance the experience of anyone who enters this building – patients, families, visitors, and staff.

> > - Barclay Berdan, CEO, Texas Health Resources

The renovation was made possible, in part, by generous donations from the community. The lead gift for the renovation was provided by the center's namesake, Margot Perot.

Donors were honored at a special event in October. "We are grateful for the support we have received from the community," said Laura McWhorter, president of the Texas Health Resources Foundation.

## TO THESE TOP DONORS:

The Family of Margot and Ross Perot Sandra Estess and Family Juliana and Judson Crawford Beth and Fin Ewing J.M. Haggar, Jr. Family Foundation Hawn Foundation Hillcrest Foundation Hoblitzelle Foundation B.R. and Denny Holman Family Joyce and Larry Lacerte Jane Nokleberg, M.D., and Lawrence Hum, M.D. William C. Seanor Family Debi and Tom Thomas



Rosemarie Ewton and Maynard Ewton, M.D.



Suellen and A.J. Rosmarin



Lawrence Hum, M.D., and Jane Nokleberg, M.D.



Dedicating the Margot Perot renovation, from left: Barclay Berdan, Laura McWhorter, Eugene Hunt, M.D., Chris York, Sandra Estess, Gifford Touchstone, Shannon Fisher



Luke and Alisson-Leigh Scott and their son, Clark.



Claude Prestidge, M.D., and Pat Prestidge



The Juliana and Judson Crawford family.



Frank King



Wyatt Russo, Nicole Russo, Bill Seanor, Anne Seanor, Elizabeth Ferguson, Carlton Ferguson



Compton Broders, M.D., and Barclay Berdan



Gifford Touchstone, Gail Ewing, Carol Touchstone

# Preparing the Next Generation of Caregivers



As the nation is faced with staffing shortages in nursing and allied healthcare professions, Texas Health is finding innovative ways to attract, educate, and retain caregivers to provide the best possible experience for our patients.

At Texas Health we offer a supportive and meaningful opportunity to build a career through our Career Pathways program, which provides support that helps our caregivers and other employees grow their knowledge and skills at every level of their career journey.

Many programs for current employees are in place, such as academic scholarships, the Nursing Excellence Fund, and more. With your help, our goal now is to focus on expanding the Career Pathways apprentice programs.

#### The Apprentice Program Offers an Entry-Level Launchpad

Once an interest in healthcare careers is ignited, Texas Health offers students right out of high school a way to join the medical field in vocational roles where they can earn while they learn, and then move immediately into a job after completing their training. Before them lies a career path where they can move at their own speed, depending on their commitment and goals.

It is an innovative way of tackling hospital staffing shortages while providing job opportunities to young adults in North Texas. Currently, many high school graduates are opting out of a four-year college education, looking instead for a career path that allows them to begin earning right away. This program is a great fit for those students because it provides the path, tools, education, mentoring, and other forms of support. The candidate provides the self-accountability to get the job done.

The apprentice program provides in-depth and thorough training for many allied healthcare positions in just four to 12 weeks, including Medical Assistants, Patient Care Technicians, Pharmacy Technicians, and positions in Perioperative care. Since students earn a salary as an apprentice, they can devote the time needed to the training program. Once the training is complete, there will be a job waiting. A preceptor and mentors support the apprentices during skill development.

#### The apprentice program helps Texas Health fill important positions such as patient care technicians.





#### **AWARD-WINNING APPRENTICES**

#### THIS COULD BE YOU

#### Texas Health apprenticeship grads win top awards

Jacqueline Lara and Krystal Sankar-Ramjohn were recently nominated for U.S. Labor Department honors and Krystal walked away with the award. Check out their stories below.

Jacqueline is a patient care tech at Texas Health Fort Worth and on her first week on the job she helped save a life! As a recent graduate of our FastTrack Apprenticeship Program, Jacqueline went into a patient's room and realized he was unconscious.

"The nurse came in at the same time," Jacqueline said. "So, we immediately started doing CPR." This was her nightmare coming true, on her second day working on her own.

"They asked us in training," What would be your worst fear on the floor? Isaid doing CPR on a person," she said. "So, of course, it happened to me."

There's a happy ending to the story. Thankfully, the patient was resuscitated. And Jacqueline was named Employee of the Month and nominated for a Department of Labor Certificate of Special Recognition

"I still think about it every day," Jacqueline said. "But now that I experienced my first code, I know I can do it and not be scared. So, if I hear a code now, I'm the first one to go. It's kind of inspired me to become a nurse one day."

expect anything like that."



Krystal is a certified pharmacy tech at Texas Health Frisco. She received the Department of Labor's Apprentice Champion of Excellence Award after completing our apprentice program for pharmacy techs. "I thought it was a spam email when I first got it," she said with a laugh. "Then I took my time and read it again and realized it was real. I didn't

Krystal was nominated for the award by 11 coworkers. The award came as no surprise to Chad Friece, pharmacy director, who said he's been impressed by Krystal from the beginning. Although she was in the final two when they were selecting a candidate for the apprenticeship program, the pharmacy team ultimately chose someone else. When the original selection fell through, Krystal was contacted a week before the start date and jumped right in.

"She finished the curriculum a week early. So, we couldn't be happier that it worked out the way it did. Krystal has been a great addition to the team," said Chad. Krystal aarees, "I praved to get this lob. so when I didn't get it initially. I was so disapoointed, but this showed me

he power of prayer. Some things, you're just destined to do."

a look at our apprenticeship opportunities today!

## CALLING ALL FUTURE HEALTHCARE HEROES

DISCOVER YOUR POTENTIAL WITH TEXAS HEALTH EXPLORE OUR APPRENTICESHIP PROGRAMS



The Texas Health apprentice program is included in North Texas Next Magazine, DFW's go-to guide for life after high school. This magazine reaches students, teachers, and parents throughout North Texas. To see the magazine, please go to **Texasnxt.com** and click on Digital Edition.

Texas Health hopes to attract participants from diverse backgrounds that reflect the communities we serve as part of Texas Health's Diversity, Equity, and Inclusion strategy. "When our patients look up into the faces of the people caring for them, they want to see themselves mirrored in those faces – people from their communities with their background," said Candy Baptist, Director of the Career Transformation Center. The program hopes to target participants from the high-need zip codes identified in Texas Health's Community Impact report. To help us provide those opportunities, Texas Health Resources is seeking funding to help expand the Career Pathways program. Your gift will help Texas Health grow a pipeline of trained staff to serve our community's healthcare needs now and into the future.

Initially I didn't consider healthcare as an option, but after reading about what was included with the program, I decided to reconsider. I'm glad I did!" said Krystal Sankar-Ramjohn, a graduate from the Pharmacy Tech apprentice program. "What I liked best about the program was that it provided the training I needed at no cost to me. Also, organizers of the program were approachable, cooperative, and helpful!"



For more information on how you can support this program, please contact Foundation President Laura McWhorter at LauraMcWhorter@TexasHealth.org.

## Charitable Gift Planning

## Helping the Uninsured

Jill Kettela was raised in Southern California, where her father was a doctor and administrator who was loved for his care and compassion. That attribute became embedded in Jill's personality.

Jill was married for 46 years to her husband Pete, and lived in California, Virginia, Wisconsin, Canada, Arizona, Oregon, Nevada, and Tennessee – due to her husband's career in football. During that journey, Jill made it a priority to help her communities by giving her time, energy, and money to various charities.

In December 2022, Jill made North Texas her home. She became inspired at a meeting with Blake Windham, Executive Leader of Texas Health Willow Park, and Laura Patton, Principal Gift Officer with the Texas Health Resources Foundation. They discussed the ever-growing need to provide health services to the uninsured in Parker County.



Later, Jill was at Texas Health Willow Park for a mammogram and heard an employee take a phone call. She was impressed by the care and compassion she heard in the employee's voice. Further discussions with the Foundation team led Jill to amend her estate to leave a gift to the Willow Park facility, making her a member of the Farrington-Thompson Giving Society.

We are grateful to Jill who will leave her legacy of care and compassion to make sure all individuals will be able to receive health services regardless of their ability to pay.



# His Legacy Will Live On

Texas Health Presbyterian Hospital Dallas received an estate gift from Mr. Eutus H. Allen of Dallas, who passed last year at the age of 101. Mr. Allen generously willed half of his estate to Texas Health Presbyterian Hospital Dallas. A man of faith, the other half of his estate benefitted his church.

Mr. Allen was born in Bokchito, Oklahoma, and spent his early years on a farm amidst the challenges of the Great Depression He later moved to San Diego, California, where he worked in construction. He continued his path to Dallas, where he undertook specialized training in aeronautical construction at the United Aircraft Institute. Subsequently, he devoted 38 years to the Pittsburgh Plate Glass Co. as a skilled glass cutter before retiring.

Wendy Gilbert, the Foundation's Director of Legacy & Gift Planning, notes that, "We are eternally grateful for Mr. Allen's foresight and generosity. His gift benefits the Texas Health Dallas 365 Fund designed to help meet the specific needs of patients and staff in that hospital. It will go a long way in improving patient care in his local community."

For questions about including Texas Health in your estate plans, contact Wendy Gilbert at (972) 890-7062 or WendyGilbert@TexasHealth.org.

## Mission Moment

## MUSIC BRINGS PEACE & HEALING to Texas Health Arlington Memorial

Noah DeGarmo, M.D., an emergency physician at Texas Health Arlington Memorial Hospital, brings comfort and peace to patients and families when playing the hospital's Steinway piano. The talented doctor says, "To see the joy and respite playing the piano gives to so many people, brings me joy as well. Giving back outside the emergency room means a lot to me." Dr. DeGarmo is very grateful to have achieved his lifetime goal: to be a practicing physician who is also active in classical music.

Dr. DeGarmo grew up studying the piano and longed for opportunities to perform after college. This led him to embark upon the amateur competition circuit. Most recently he was a semifinalist and jury discretionary award winner at the 2022 Cliburn International Amateur Piano Competition and received first prize in the 2022 Harmonia International Amateur Piano Competition. Most recently, he was the featured soloist with the World Doctor's Orchestra performing George Gershwin's Second Rhapsody.

In 2019, he co-founded the Boulanger Piano Quintet in Dallas, composed of fellow physician musicians. Dr. DeGarmo's love for Gershwin goes back to childhood when he first heard the clarinet glissando opening to *Rhapsody in Blue*. He has performed that piece on the piano in Jordan Hall in Boston, in Japan as part of the Kumamoto Music Festival, and Symphony Center in Chicago.

Research has shown the wide-ranging positive effects that music can have on hospital patients, including alleviating pain and discomfort, and reducing stress and anxiety. According to the National Center for Complementary and Integrative Health, "music causes the release of brain chemicals that can evoke emotional reactions, memories, and feelings and promote social bonds."



We are thrilled to join others in helping provide this beautiful piano. I see patients and staff enjoying the music each time I am there. Whether visitors have come to celebrate a new baby or to visit hospice, the music provides comfort and healing. Dan and I have longstanding ties to Texas Health, so this was just a natural thing for us to do.

– Linda Dipert, Texas Health Foundation Board Member, Lead Donor



## Your Gift at Work

## **Texas Health Plano NICU Family Center**

#### Donors Bring Peace and Comfort to Families

Texas Health Presbyterian Hospital Plano's vision to create a home away from home for the families of NICU babies became a reality with the opening and dedication of the new Texas Health Plano NICU Family Center in October.

To celebrate the opening, a special event was held to extend our deepest thanks to the generous donors who made this Center possible. Texas Health Foundation President Laura McWhorter expressed her appreciation, saying, "We wholeheartedly thank the donors who saw the need and responded generously. Your contributions will provide comfort and healing to countless families who seek care at our hospital in the future."



The ribbon cutting with major donors, Foundation board members, Mayor John Muns, Texas Health Plano hospital leadership, Barclay Berdan, and Laura McWhorter.



Eric Ledner, Shayna Harris, and Lori Harris in front of the room named in memory of their daughter, Sophie Leah Ledner.



The family of Amy and Chris Skaggs in the twin room donated in memory of their daughter, Leighton Sophie Taylor Skaggs.



Michael Deck, M.D., and his son, Michael, in the room donated by the Deck Family.

#### SPECIAL THANKS TO THESE TOP DONORS:

Michael Deck, M.D. Family Pediatrix Medical Group, Inc. Phyllis and Bobby Ray Amy and Chris Skaggs Penny and Rick Skaggs Texas Health Employees The Employee-Owners of Austin Commercial Carla Dawson Shayna Harris and Eric Lednew Dr. and Mrs. Harvey Harris H-E-B/Central Market



Carla with nephew Renner.

#### **A Very Special Dedication**

In a very special dedication, Carla Dawson, Chief People Officer of Texas Health Resources, shared a special gift that she made in honor of her twin nephews, born at Texas Health Plano in July 2011. The twins arrived after an emergency caesarean at just 25 weeks. Sadly, one of the twins, Everett, passed away, but Renner persevered. The family spent weeks at the NICU visiting and caring for Renner, who stayed in the NICU for 13 weeks before he was allowed to go home.

"I gave the gift specifically to the new Family Center because I wanted to help create a space where families have a comforting place to decompress. Watching my brother and sister-in-law observing Renner every day – there just was not a lot of space and they could not be there the entire time. They lived 30 minutes away from the hospital and took split shifts for 13 weeks."

Today, Carla shares that Renner started middle school this fall and plays trombone in the school band – a feat that seems impossible for a child who began his life on oxygen.

The Foundation extends its heartfelt gratitude to Carla and her family – not only for generously supporting the Center, but for sharing their inspirational story that gives hope to others on a similar journey.

## **Texas Health Harris Methodist Hospital HEB** 50 Years of Service





City councilmembers from Hurst-Euless-Bedford (from left): Jon McKenzie, Rich Steves, Barclay Berdan, Jared Shelton, Mayor Linda Martin, Steve Farco, Jeremy Tompkins, and Tika Paudel

This year marked the 50th anniversary of Texas Health Harris

Methodist Hospital Hurst-Euless-Bedford. For five decades, Texas Health HEB has been a cornerstone in the Hurst-Euless-Bedford community, standing by to care for our citizens, 24 hours a day, 7 days a week.

In honor of this milestone, the Texas Health HEB Community Health Fund was created. The initial goal was to raise \$50,000 which would be matched by the Texas Health Foundation. Goal achieved! This important fund will support programs that will help improve access to important mental health support, address food inequity, focus on improving literacy, and so much more.

### Take a look at photos from the 50th Anniversary Celebration!



Laura McWhorter, Karen Parsinen, Lynda Railsback, Brenda Ritz, Kris Lindsay, Brenda Whitley, Dorothy Williams, Shalyn Clark, Connie Nichols, and Jared Shelton



Mayor Linda Martin and Commissioner Gary Fickes



Roy Turner, M.D. and David Lloyd, M.D.



Jared Shelton, Wendy and Garry Hamilton, Al and Shalyn Clark, and Fraser Hay

11

## Event Spotlight

# Fall Events Bring Celebrations of Joy and Gratitude

With a grateful heart, the Texas Health Resources Foundation gives thanks for another year of joining with friends and the community to support our Mission to improve the health of the communities we serve.

#### **Donor Appreciation Dinner**

The 2023 Donor Appreciation Dinner honors our Giving Society donors and those who've made a special impact on our communities.

The Philanthropic Leadership Award recognizes an individual or foundation committed to supporting the Mission of Texas Health Resources through philanthropy. This year, the W.W. Caruth, Jr. Fund at Communities Foundation of Texas was honored for their gracious gifts supporting many community impact programs.

The Exceptional Care Award recognizes a dedicated Texas Health caregiver who exemplifies the quality care Texas Health strives to provide to each patient and family. This year, the Exceptional Care Award was presented to Derone Mayfield, Electronics Technician at Texas Health Fort Worth. A 27-year employee at Texas Health, Derone is a friend and helper to everyone he comes across, going above and beyond his position to aid patients and staff alike.

We are grateful to our award winners, and to all Texas Health Foundation donors for setting a beautiful example for North Texas.



Jenna Bush Hager, Barbara Pierce Bush, Deborah Ferguson







Richard Vigness, M.D., and Linda Vigness



Keith and Pam Braley

TEXAS HEALTH RESOURCES FOUNDATION



Colleen and Jim Stewart



Emily and Joel Long from the Helen James Foundation



Philanthropic Leadership Award Winner W.W. Caruth, Jr. Fund at Communities Foundation of Texas. Pictured here, from left: Jeri Chambers, Dimple Sureka, M.D., Wende Burton, Greg Oertel, Deirdre Pollock, Catherine Oliveros



Barclay Berdan and Derone Mayfield, Exceptional Care Award Winner



Bob Ferguson, John Wroten, Leahray Wroten, Michael Deck, M.D.



Cecelia and Stanley Feld, M.D., John Avitabile, Vanida Lambert



Doug Hawthorne, Janet Moll, Dave Ashworth



Tiffany and Ryan Rubenkoenig



Jim Minyard and Sue de Mille-Minyard



Marsha Bane, Tom Cravens, Dr. Ignacio and Lynda Nunez



Phyllis and Mike Guyton

## Event Spotlight

#### Starlight Gala

The Starlight Gala shone bright with the generosity of those who support this North Texas community. This year the Gala supported advancements in Diagnostic Cardiovascular Care at Texas Health Presbyterian Hospital Allen and the Texas Health Veteran's Programs in Collin County. Thank you to everyone who attended and lent their support to these important causes!



Starlight Gala committee members and Foundation staff, from left: Shannon Sweat, Cynthia Thompson, Meredith Duncan, Suzanne Hill, Marshia Allen, Jan Jungmann, Crystella McIvor, Sarah Higdon Humphrey



Shining Star Sponsor, Frost Bank. From left: Carl Walden, Kristy Rogers, Michelle Washington, Terry Buckhalton, Cory Cuevas, Leslie Cuevas, Jennifer Martin, Steve Martin



Gold Star Sponsor, Mayan Technologies, Inc. From left: Sergio Prieto, Viviana Vega, Ernesto Alvarez



Gold Star Sponsor of Veteran's Giving Tree, Boeing Global Company. From left: Event emcee Matthew Foster, Boeing Global Engagement Manager Michael Lawson, Aldo and Mylena Sordelli, Former Plano City Councilmen and President of the Veterans Coalition of Plano Rick Grady.



Shining Star Sponsor, Rodenbaugh Flooring America & Appliances. Seated, left to right: Cynthia Beacom, Rick Reacom, Marshall Friedman. Standing, from left: Mayor Baine Brooks, Connie Rodenbaugh, Teresa Marion, E T Boon, Phyllis Mobley, Skip Mobley



From left: Allen City Councilman Dave Cornette, Laurie Cornette, Derick Jungmann, Event Chair Jan Jungmann



Bronze Star Sponsor, First Horizon Bank. From left: Margaret Tufton, Liz Silasavage, Carol Adkinson, Nick Carrington, Kathy Carrington, Kimberly Zietz, Jason Phillips, Kamryn Strander, Kelly Strander

#### 2023 Golf Tournament:

The 32nd Annual Golf Tournament, was held October 9, 2023, at Texas Star Golf Course in Euless, Texas. The event benefitted the Bernard C. Alger Cancer Fund that provides cancer education, outreach, and support.

The Presenting Sponsor of the golf tournament is Balfour Beatty. Steve Dillon, chair of the golf committee and an employee of Balfour Beatty, said, "We have been supporters of Texas Health for over 25 years, because we want to make a difference in the lives of North Texans. The 32nd annual tournament is just another way that Balfour Beatty can give back, and we are proud to sponsor this event."

This year, Blaies & Hightower, LLP won the Roper Cup. Since the golf tournament's inception, the event has raised more than \$2.8 million dollars for this wonderful cause.

We thank our generous

**Presenting Sponsor** 

**Balfour Beatty for 17** 

years of consecutive

support for this

wonderful event!



Winners of the Roper Cup, Blaies & Hightower, pictured with members of the Roper family.



Presenting Sponsor Balfour Beatty

PWC team

## News Around the System

## Trinity Valley Electric Cooperative Foundation Supports Wellness for Life® Program

A heartfelt thank you to Trinity Valley Electric Cooperative Foundation (TVEC) for generously supporting the Kaufman County Wellness for Life® Program for a third year in a row. The Texas Health Wellness for Life® Mobile Health Program provides mobile mammography and well-woman exams to underserved women in Kaufman County, who otherwise may not be able to afford or have access to these services. Last year, 136 mammograms were administered in Kaufman County, increasing our service numbers by 15% throughout the area from the prior year.

This increase in services is due, in large part, to the incredible generosity of community supporters of the TVEC Operation Round up. The combined giving of thousands of co-op members adds up to making a big difference for charitable organizations that work in the TVEC service area.





## Supporting our Clinical Workers

Thanks to generous donors to the Nursing Excellence Fund, more than 80 nurses from across the system to the Magnet<sup>®</sup> conference.

Magnet<sup>®</sup> is an international recognition of nursing excellence by the American Nurses Credentialing Center (ANCC). Magnet® organizations are recognized for superior nursing processes and quality patient care, which lead to the highest levels of safety, quality, and patient satisfaction. Nurses value and recognize the importance of lifelong learning, ongoing education, and professional development activities. Texas Health Resources has five Magnet® designated hospitals. This year, Texas Health Harris Methodist Hospital Hurst-Euless-Bedford and Texas Health Presbyterian Hospital Denton were both recognized as Magnet<sup>®</sup> hospitals.

## **Enriching Our Communities**

To help our communities thrive, Texas Health provides grants and deploys health programs and resources that generate measurable, sustainable improvements. Our 2022 priorities were to reduce disparities, food and housing insecurity and remove barriers to care. We did this by:

#### Identifying North Texans' most pressing health needs

We expanded the 2022 Community Health Needs Assessment from 16 counties to 20, identifying 56 high-need ZIP codes (i.e., higher poverty rates). We are deploying practical, community-driven strategies to drive improvements and remove barriers to care.



#### Texas Health Named a Healthy People 2030 Champion

Texas Health was selected as a Healthy People 2030 Champion by the Office of Disease Prevention and Health Promotion within the U.S. Department of Health and Human Services. We were recognized for helping achieve its vision of a society where all people can reach their full potential for health and well-being across their lifespans.

"One of the greatest threats to an individual's health and well-being is having inequitable access to quality healthcare," said Catherine Oliveros, DrPH, Texas Health's vice president of Community Health Improvement. "We work toward improving poor health outcomes by meeting people where they are."

#### Caring for vulnerable and under-resourced communities

We provided \$874.3 million in charity care and community benefit and awarded \$5 million in Community Impact grants to provide life-enriching resources, programming and pandemic relief.

#### Delivering community health improvement programs

We continued efforts to prevent chronic disease, manage behavioral health issues and improve health literacy and navigation through faith-based communities, mobile health, North Texas Healthy Communities and other initiatives.

#### Advocating for policies and funding that help fulfill our Mission

Engaging with policymakers enabled Texas Health to help prevent \$38 billion in Medicare cuts from taking effect, receive funding for graduate medical education for physician residents and preserve the 340B drug savings program.

#### Equipping under-resourced students with skills to meet future workforce demands

Texas Health employees from various roles mentored more than 75 high school students to connect them to career pathways in healthcare. We also donated medical equipment, supplies and training resources as part of the Pathways to Technology and Early College (P-TECH) program, a national workplace learning initiative that allows students to earn a high school diploma and an associate degree in a specific discipline, such as healthcare.

## Enriching our communities through service projects and engagement

Texas Health received the American Hospital Association's Foster G. McGaw Prize for addressing community health needs. We also provided \$2.5 million of support through community sponsorships and charitable contributions and enabled employees to give more than 5,300 hours of their time to participate in community service projects.



"Texas Health's investments in community health and well-being, along with those of our business and community partners, are providing impactful and meaningful changes within the communities we are privileged to serve."

**DAVID TESMER** Chief Community and Public Policy Officer

17



612 East Lamar Blvd., Suite 300 Arlington, Texas 76011

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Scan here with your smartphone's camera to find out more about the Foundation or to make a gift.

SH2722 7/23 Q12,500

## LIVES ARE CHANGING, C BECAUSE OF YOU!

Thank you, from the bottom of our hearts, for your generosity on North Texas Giving Day!

Because of you, the Texas Health Foundation was able to raise \$902,882 – it was the best year to date!

The top programs supported by this year's donations include Community Impact, Medical Respite, the Wellness for Life® Mobile Program, and THRIVE

and staff celebrate your generosity.

(Together Harnessing Resources to Give Individuals Voice and Empowerment). These programs provide valuable and life-saving services to those in our communities who may not be able to afford them on their own.

Today, out in our community, someone's life has been changed. Because of you.

We are so grateful.

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Armbers of the Texas Health Foundation Board