

InTouch

TEXAS HEALTH RESOURCES FOUNDATION

WINTER 2020

Advancing Care
Through Graduate
Medical Education

Making Hospital Stays
Positively Memorable
Through Patient
Experiences

On the cover: Fran Ward, RN,
2020 Exceptional Care Award Winner

► COVID-19 Response Fund Spotlight:
Young Philanthropists Step Up During COVID

► Donor Spotlight: Texas Health Hosts
Annual Donor Celebration Virtually

Dear Friends

2020 has been a challenging year in many respects. Shortly after the new year began, we quickly found ourselves in unprecedented circumstances we couldn't have imagined a few weeks earlier. I hope you and your family are staying safe and well during these challenging times, and that the holiday season brings respite from what has become the new "normal."

Despite the challenges, one thing remained steady – our donors' steadfast commitment to Texas Health and assisting in the fulfillment of our Mission. From the onset of COVID-19, support from the community was strong and thoughtful to aid our front-line caregivers with the critical resources they need like food, hotel accommodations and daycare assistance. Through our COVID-19 Response Fund, more than \$2 million has been raised in both monetary and in-kind donations, and almost all these funds have been dispersed for childcare expenses and personal protective equipment to benefit our front-line workers. Incredible response to truly incredible people. As this fight continues, so do their needs. Continuing support for our front-line staff makes a difference to them and those they treat.

During this year, the needs throughout our health system did not go away even with COVID-19 at the forefront. Donors continued to support the programs and services vital to our patients and their families now and into the future as we work to improve the health of those in the communities we serve. This is evident within the pages of this issue of *In Touch* magazine – wonderful examples of our community supporters giving back to help others and our health care workers in action providing compassion and care to all who walk through our facilities.

As we close out this year, I want to thank all of you for helping us make a difference for our North Texas neighbors. We are indeed blessed to count you as members of the Texas Health family and are grateful for your seemingly endless generosity.

Have a wonderful holiday season and cheers to a new year ahead!



James K. (Jay) McAuley
President
Texas Health Resources Foundation



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**“If it helps one more baby go home, then it’s all worth it...
And in the case of families who can’t take their child home,
they still have the same comfort that we had while we were there.”**

For the Evans family, the holiday season was forever changed two years ago when they spent Christmas far from home in the neonatal intensive care unit at Texas Health Fort Worth. Despite the best efforts of NICU staff, the twins could not be saved. However, the couple was so moved by the care they received amid tragedy, they decided to give back to their caregivers with a gift to the NICU.

If you’ve been touched by the care you or your loved one has received in our NICU, your gift can be made in honor of that special caregiver — supporting the needs of our tiniest patients and their families.

Make Your Gift Today at TexasHealth.org/Giving



Heard Around the System

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We work hard to keep our mailing list correct. We regret that occasional errors or duplications may occur. If that happens, please contact the Foundation at 682-236-5200.

“I want to thank Dr. Tabor and all of the nurses on the maternity floor for taking such great care of me during my three month stay. My baby was delivered in April by Dr. Tabor and without him and the awesome nurses, my baby probably wouldn’t have made it. I just want to say thank you for everything you guys have done for me and my baby.”

— Texas Health Fort Worth

“The NICU staff was simply incredible during our daughter’s time there. She is about to turn one and we cannot say how thankful we are to have had the opportunity and memories we have made with our daughter. The staff’s care was the greatest. The nurses were amazing! We look forward to coming by after the pandemic to see everyone and thank them in person for helping us through a very stressful time.”

— Texas Health Plano

“Jenny was my son’s ICU nurse for two days. My son was on life support. I was living my worst nightmare. Jenny was the only reason I could take my next breath. She was comforting, compassionate, and extremely skilled. You have a true gem working for you. Please acknowledge her in some way for me.”

— Texas Health Denton

Let’s Get Social!

Follow Texas Health Resources Foundation on Facebook and Instagram for a glimpse into how your support of the Foundation makes an impact on our community.





Advancing Care Through GME

Texas Health is expanding its general surgery residency program to prepare the next generation of physicians

Texas Health Harris Methodist Hospital Fort Worth has been approved to begin a general surgery residency program by The Accreditation Council on Graduate Medical Education. This is the first residency program at the hospital and a major milestone for Texas Health Resources as it expands training programs for the next generation of physicians in North Texas.

Residents will begin working at Texas Health Fort Worth in mid-2021, with additional programs starting there and at other Texas Health hospitals and outpatient clinics and locations through 2023.

Texas Health Fort Worth President Joseph DeLeon said the residency programs that will be established at his hospital and other Texas Health campuses will bring a new dimension to the advanced care offered throughout the system.

Pictured left: Charles West, M.D., vascular surgeon on the medical staff of Texas Health Fort Worth and faculty physician for the general surgery program, performs an endovascular procedure.

"It will be exciting to see young physicians learning in environments ranging from one of the busiest hospitals in the state to rural and underserved settings," he said. "Patients across North Texas will benefit from the care of these young, talented physicians, who represent the future of healthcare here in our region and beyond."

Set to open in early 2022, the new Jane & John Justin Patient Surgical Tower at Texas Health Fort Worth will provide the resources for Texas Health's continued commitment to support excellence in graduate medical education. With its major modernization of surgical services and educational space, the \$300 million expansion will increase Texas Health Fort Worth's capacity to care for those in need and help retain leading clinicians already practicing at the hospital and attract more of the country's top surgeons and caregivers.

Expanding GME commitments across Texas Health

The general surgery accreditation launches Texas Health's plan to increase its graduate medical education (GME) commitments to help address the shortage of physicians in the Metroplex and increase access to convenient care for North Texans, said Andrew Masica, M.D., MSCI, Texas Health's senior vice president and chief medical officer, Reliable Health.

"These programs create a long-term benefit for the community and support our Mission to improve the health of the consumers we serve," Dr. Masica said. "Training the next generation of caregivers helps ensure that the future of that Mission is in good hands."

While residents have been working at Texas Health Presbyterian Hospital Dallas for decades, the recent accreditation demonstrates a significant expansion of Texas Health's physician training programs to new locations.

The current plan is for the new residency programs to be based across the Texas Health system. In addition to working in urban settings, Texas Health expects residents to rotate to rural and underserved communities, such as Erath County.

Texas Health's GME programs will also train physicians in primary care specialties such as internal medicine, family medicine, and obstetrics and gynecology. Future programs may include psychiatry, emergency medicine, and physical medicine and rehabilitation. The programs will roll out over the course of the next three years, with residents training at their primary hospital and Texas Health locations throughout the region.

Helping meet community needs

Texas Health's GME expansion will also help meet the need for physicians in North Texas and nationwide.

According to a study by the American Association of Medical Colleges (AAMC), the United States will face a shortage of between 54,100 and 139,000 physicians by 2033. A primary care physician shortage of 21,400 to 55,200 physicians is projected for the same year.

Along with the nationwide shortage of physicians, the North Texas region faces daunting challenges in physician training.

When it comes to comparably sized markets, Dallas-Fort Worth has fewer residency slots per 100,000 people than Chicago, Houston, New York and Los Angeles. With an aging physician workforce in North Texas and among the highest numbers of uninsured and medically underserved in the country, this investment in GME slots will allow Texas Health to address many critical access issues facing consumers in Texas Health's service area.



Gregory Smith, D.O., neurosurgeon on the medical staff of Texas Health Fort Worth and faculty physician for the general surgery program.

"Residency programs allow Texas Health to train physicians in a way that's tailored to fit the specific needs of the North Texas community," Dr. Masica said.

"Bringing residents to our care delivery sites complements the robust medical staffs at Texas Health facilities, and also provides an opportunity for physicians to extend teaching and research activities."

Additionally, there is a 60 percent higher possibility that residents stay in practice in the area where they completed residency, according to the AAMC.

"The significant investment we're making in graduate medical education here at Texas Health Fort Worth and throughout our entire system makes sense for the patients who come to us for care," DeLeon said, "and for the broader North Texas region."

For more information on how you can support GME and the Justin Tower expansion, contact LesleyAtkinson@TexasHealth.org or 682-236-5238.

Contributing writer: Andy Wilson

Healing Hands

A Gift That Keeps Giving

Grateful patient Walter Dunlap gives back as a volunteer at Texas Health Dallas

A decade ago, Walter Dunlap was admitted to Texas Health Presbyterian Hospital Dallas after coming into the Emergency Department with violent nausea and fever. Dr. George T. Shires coordinated a team of several physicians, including Drs. William Dittman and Elaine Whittaker, who worked together to save Walter's life. They determined that Walter had suffered a near-fatal pulmonary embolism, caused by blood clots that traveled to the lungs from deep veins in the legs.

"They took wonderful care of me and kept my family informed of my condition," explained Walter. "The team saved my life by preventing the clots from traveling into my lungs."

During his three-month stay, Walter lost 42 pounds and became so weak he could not raise his legs. Walter decided during his recovery that once he was healthy, he wanted to return to Texas Health Dallas as a volunteer as a way to say thank you.

"I knew I wanted to do more for the amazing care I received," he said. "I became a volunteer senior ambassador in which a select group of volunteers work with the nursing staff to meet with patients, mainly to visit, listen, and assist with nonclinical needs."

Walter has been a hospital volunteer for the last eight years.

"Walter is able to empathize and relate to the patients he connects with because he has walked in their shoes," said Volunteer Services Manager Sonya Manibusan. "He understands their suffering and hopes to inspire a spirit of camaraderie and survival before leaving their room. Patients have shared how touched they are by his visits and how powerful his presence is on their patient journey."

Recently, Walter decided to share his grateful patient and volunteer experience to create a fundraising page on North Texas Giving Day in September to support Texas Health Dallas. During the online giving event, he was able to raise more than \$700 for the Texas Health 365 Fund, which supports the hospital's greatest needs.

"My time visiting with patients and working to support the nurses and physicians has been one of the most meaningful experiences in my life," Walter said. "I have been blessed through what began as an awful experience but became a life-changing opportunity to see God at work in the lives of others, patients, nurses, and doctors."

To make a gift to the Texas Health 365 Fund, please visit [TexasHealth365Fund.com](https://www.texashealth365fund.com).



Making Hospital Stays Positively Memorable

Texas Health Allen staff create patient experiences in pilot program

It seems like there is never a convenient time to be a patient in the hospital.

Take for example, how one patient felt on the 60th anniversary of the day she wed her beloved husband, whom she wouldn't see until his visit to the hospital that evening.

When the nurses on the inpatient surgical unit heard about the special anniversary, they sprang into action, alerting a dedicated volunteer committee and creating a special "evening in" for the couple. When the patient's husband arrived to visit her, the couple was surprised with steak and lobster dinners and a personal card signed by the nurses on the unit, creating an anniversary story they will likely remember for years, and a grateful couple that staff will remember forever.

Hospital staff have embraced the opportunity to view their patients' hospital experiences empathically and to create unexpected experiences that surprise and delight. A pilot program at Texas Health Presbyterian Hospital Allen, Make a Memory, supports this notion through a dedicated effort to create positive experiences for patients and families.

The idea came from Dr. Robert Schwab, chief medical officer of Texas Health Allen, who believes strongly in the power of "story" as it relates to patient experiences. Dr. Schwab points to the fact that a stay in the hospital, whether it's your own or that of a family member, represents a major event in a person's life story. It's an event that they remember – good or bad – for the rest of their lives.

"I asked our staff to understand that each of us is an actor in that story," Dr. Schwab explained. "We have to decide what role we want to play: We can either be a bit player, or a villain, or we can choose to be a hero and impact their stay in a positive way."



William Carroll, a surgical inpatient at Texas Health Allen, was presented with a framed photo of staff who cared for him, including (left to right) Jana Barber, Lili Madera, Mercy Mathews and Lauren Myers.

More than 150 memory-making events have taken place so far. Coordinating these experiences is a dedicated team of volunteers. One Make a Memory team member is assigned to round daily and assist staff in identifying and expediting opportunities to delight patients. The committee works with a small budget, thanks to funds provided by the Texas Health Resources Foundation, but what most experiences require is time and effort for coordination. Memories have included a hand massage for a patient with rheumatoid arthritis, a phone call from a friend, or the staff assembling to sing a special happy birthday song to a patient. The cost for the program is low and the positive impact on patients has been high.

Celina resident William Carroll spent a couple of weeks recovering from surgery as an inpatient at Texas Health Allen. The nurses on his floor had grown close to William and wanted to create a personal gift to acknowledge their new friendship. A group photo was taken and the staff

signed a personalized photo mat. As a group, the nurses presented William with the framed memento along with hugs and well-wishes, and a few tears from both caregivers and patient.

"The nursing staff was terrific, and cared for me wonderfully," William explained. "I was kind of emotional because I had gotten close to them. The gift was definitely a surprise. I was thinking about doing something for them, and here they are doing something for me!"

"We have gotten quite a few thank-you notes about how much it meant to them, but the biggest change has been seen in the staff," Dr. Schwab said. "Being a nurse is a difficult job, and this asks them to reach inside and pull out that empathy and joy in caregiving."

If you would like to contribute to the Make a Memory program at Texas Health Allen, please email MichelleCollins@TexasHealth.org.

Contributor writer: Rachel Hedstrom

Holistic Hospice Care at Texas Health Arlington Memorial

Thanks to generous donors, the hospice wing of Texas Health Arlington Memorial Hospital was recently refreshed, providing a peaceful environment for patients and their families. The hospice service is designed to provide physical, emotional and spiritual support to patients and their families dealing with a life-ending diagnosis.

"Last night, my father-in-law passed away at the hospital," a grateful patient's family member shared. "He was brought in on Saturday and seemed to weaken each day until he was finally sent to hospice. I cannot express how wonderful the nursing staff was during each step of this journey, especially when we arrived at hospice. Sharon and Loni and their assistants were like angels. The level of compassion they shared made this event almost positive."

A team of nurses, physicians, social workers and chaplains work together to develop a plan of care that is centered on the patient's and family's needs. Clinicians provide patients with pain management and symptom control, so that they may live their last days with dignity and spend quality time with their families. Since opening, the hospital has served more than 4,000 patients and families.

"The care that my staff was providing was incredible already," said Ronnie Sullivan, MSN, RN, OCN, CCAP, nurse manager oncology, hospice, and outpatient infusion. "But I think providing a home-like atmosphere for families to relax allows for improvement in the emotional care of the families."

The hospice renovation included the area's six patient rooms and the family lounge. With the newly refreshed space, patients have warm, comforting rooms



with space for visitors, and the family lounge offers families a private place to gather outside of a patient's room. As the only in-patient hospice area in Arlington, this space is critical to the needs of the Arlington community.

"I would like to tell the donors a big thank you for your generous donations," said Blake Kretz, president of Texas Health Arlington Memorial Hospital. "The money that you've provided to renovate this unit will allow our patients to have a special area where they can be provided hospital care but in a much more home-like environment. The impact of your gift will go a long way for the patients and their families."

Texas Health is so grateful for supporters of the project, including the Arlington Tomorrow Foundation, Texas Health Arlington Memorial Auxiliary and many more dedicated donors. This much needed renovation would not have been made possible without them. End of life is a special, significant time, and offering a

restful space for patients and their families is very important to the hospital's hospice unit staff. The staff is thankful for the new environment and for the donors who made it possible.

"The renovation is beautiful, the environment is beautiful," said Mary Teague, MDiv, BSN, nursing supervisor, hospice unit. "This is a nice place. It feels like home when you walk in. The other thing that makes it feel like home is the specially trained staff that works here. Everyone who's here has a heart for hospice nursing. No one here is afraid to walk through death with anyone. No one is afraid of your grief or of your fear or of any questions that you have. I don't have to worry about the environment that I'm in because it looks beautiful. I don't have to make excuses for old paint or chipped furniture or a floor that's 25 years old. All I have to do is focus on taking care of the patients and taking care of the families because the space is just gorgeous."

Working the Night Shift During COVID-19

Patient care technicians offer support at Texas Health Cleburne

As night begins to fall at Texas Health Harris Methodist Hospital Cleburne, Heather Magers and Rosemarie Nelson start their 6 p.m. shifts.

They will spend the next 12 hours continuously in and out of rooms, donning and doffing personal protective equipment, caring for COVID-19 positive patients and persons under investigation for the virus. The two patient care technicians (PCT) typically tend to about 15 patients each, checking vitals, helping with toileting, helping to turn them, feeding them, and changing linens.

And then, they hold their patients' hands while they cry.

"It's really hard during COVID, because we always take precautions for ourselves so we can take care of them. They're impatient for us to be there right away," Nelson said. "Some patients are scared about COVID. They're crying because they're scared."

Magers agreed that sometimes they cope with emotionally difficult situations, but added, "To me, I'm thankful because I can be with somebody and be their comfort zone."

"We all work together 24/7 to improve the health of the people in our community. Our hard work is driven by compassion and a calling for service to others."



Heather Magers (left) and Rosemarie Nelson

'They remember you'

PCTs answer to nurses and charge nurses, taking care of requests that are sometimes small, sometimes physically taxing, but vital and nonstop throughout their shifts.

"I did it for a while, when I was going through nursing school, and I loved it — you will spend more time with a patient than anyone else," said Adam Jobe, M.H.A., manager of the med-surg progressive care unit and interim manager of the Texas Health Cleburne intensive care unit. "You're in the room so much more often than any other person in the hospital. They remember you. When I was a PCT, I made so many friends throughout the community."

Magers, who grew up in Crowley, said she became interested in healthcare because two of her children had health issues, other family members had cancer and then she tended her father before he died.

"That's what really hit home for me," she said. "I wanted to learn and understand a little bit more." She began the work after a 14-year career in fast food.

Nelson, who came to the U.S. from the Philippines six years ago, had previously been in sales. She said she realized she wanted to help others after caring for a 94-year-old woman who lived independently.

"I learned a lot interacting with patients and that I really have the patience to understand them," she said. "That lady was very, very sweet."

Neither of them minds the unpleasant work that comes with the job — diapering patients and caring for disgruntled patients who don't want them there while they are in the bathroom (the PCTs have to monitor patients for safety).

"I raised four kids and I'm taking care of two grandkids," said Magers. "It doesn't bother me."

Compassion and heart

Jobe said both women are hard workers who never complain.

"It's hard work; there are continuous requests. They may have a patient who's also coming down on them and being very hateful," he said. "All that comes down on you and sometimes it can make people have a negative attitude. I never hear anything negative out of them."

Magers and Nelson both like the night shift. "We have a great team at night," Nelson said. "We help each other."

"Strong teamwork is the norm at Texas Health Cleburne," said Ajith Pai, PharmD, FACHE, the hospital's president.

"We all work together 24/7 to improve the health of the people in our community," he said. "Our hard work is driven by compassion and a calling for service to others."

Magers agreed.

"If you don't have a heart for something like this, don't do it," she said. "It's about the compassion and the heart. They've got to have that smile on their face when they go home. That's what makes it all worth it."

Contributing writer: Judy Wiley



“My grandmother told me a long time ago that to be successful, you don’t need to be interesting, but you must be interested.”

Sandra Estess

so generously helped to take care of not only our Texas Health care team members, but also those in the communities that we serve.”

Texas Health continues to be truly grateful for the generosity of donors and the outpouring of love shown by our communities this year.

Philanthropic Leadership Award Winner Sandra Estess

Each year at the Donor Appreciation Celebration, the Philanthropic Leadership Award is presented to an individual who is committed to supporting the mission of Texas Health through philanthropy. The recipient has a history of dedicated volunteer fundraising and advocacy on the system’s behalf.

This year’s recipient of the award is Sandra Estess. Those who know her well would say she is most deserving of this recognition as she and her husband, the late Dr. Henry Estess, have made a great impact within Texas Health and the Dallas community.

“Her grandmother had a quote that she lived by... ‘brighten the corner where you are,’” said Bob Ferguson, former chair of the Texas Health Resources Board and friend of the Estess family. “When you think about all the good things that Sandra has done, she has brightened the mission and the work of all the organizations which she has ever been involved with.

Texas Health Hosts Annual Donor Celebration Virtually

On Tuesday, November 10, more than 200 guests logged into Zoom to participate in the virtual Donor Appreciation Celebration. The event celebrated the great work that has been done through the past year by the donors of the Texas Health Resources Foundation to improve the health of the communities that Texas Health is privileged to serve.

It was an entertaining evening that included a virtual cocktail reception, awards and remarks from keynote speaker Ernie Johnson, an Emmy-award winning sports broadcaster and host of *Inside*

the NBA on TNT. Ernie shared stories about his family, career and obstacles he has overcome in life. He encouraged everyone to find their “blackberry moments” in life, moments that are surprisingly sweet and unpredictable.

Barclay Berdan, CEO of Texas Health, gave an update on the health system and the effect the pandemic has had on the day-to-day operations in our hospitals: “In moments of challenge, we rise up and take care of one another. But we cannot do it alone. And that’s why I am especially grateful for all of you who have



Not only that, but anyone who is blessed to know her personally would agree.”

In 1970, Dr. Estess was one of the first physicians to begin practicing at Texas Health Dallas. Sandra became a founding member of Presby Partners, originally a group of physicians’ wives who served as ambassadors for the hospital to the community. Among many other roles, Sandra and Dr. Estess both served terms on the Texas Health Resources Foundation Board.

Reverend David Erb, a friend of Dr. Estess, was the first chaplain at Texas Health Dallas and served at the hospital for 25 years. As the director of the chaplaincy program, he mentored others to become hospital chaplains while providing compassionate care for patients in the

hospital. Sandra and Dr. Estess recognized the decades of his committed dedication to the hospital, and in 1992, they established the first endowment fund at the hospital in his honor.

“My grandmother told me a long time ago that to be successful, you don’t need to be interesting, but you must be interested,” shared Sandra. “I’m confident that all of us here are extremely interested in our particular areas of involvement and participation. And so by my grandmother’s standards, we do make a difference and we are a success.”

Texas Health Resources is grateful to Sandra for her many years of dedicated service and the impact she has made within the system, and we offer our most heartfelt congratulations to her.

Fran was not hesitant to spend long periods of time in her COVID-19 patients’ rooms and held the hands of many patients as they passed away.

Exceptional Care Award Winner Fran Ward

The Exceptional Care Award, which recognizes a dedicated Texas Health caregiver who strives to exemplify Texas Health’s promise behaviors in each patient and family relationship, is also presented every year at the Donor Appreciation Celebration.

This year’s recipient is charge nurse Fran Ward, R.N., who has been with the Texas Health system for 23 years and works in the Medical - Surgical Intensive Care Unit (MSICU) at Texas Health Fort Worth. While she has always gone above and beyond for her patients, like offering to bring them their favorite drinks or snacks, making sure her male patients can get a shave or anything else she can do to make her patient’s day better, she inspired her co-workers with her response to the pandemic. Fran was not hesitant to spend long periods of time in her COVID-19 patients’ rooms and held the hands of many patients as they passed away.

“Fran serves in secret and I will never truly know all the ways she has gone the extra mile for her patients and their families,” said Mark Van Wart, nurse manager for the MSICU. “But I can think of no other person more deserving of this award as Fran Ward.”

Congratulations to Fran for being chosen for this award. We are thankful for her dedication to the care of her patients.

COVID-19 Response Fund Spotlight



Dylan, left, and Connor Clark

Young Philanthropists Step Up During COVID

Amidst the uncertainty and stress that the pandemic has brought to many this year, there have also been countless uplifting stories of generosity and ingenuity. One of the most inspiring trends has been the rise in young philanthropists who have stepped up during this challenging time to offer their talents and gifts to aid our caregivers.

Texas Health Resources recently received a \$5,000 donation from two teenage brothers in Raleigh, North Carolina, to directly support the COVID-19 Response Fund at Texas Health, which benefits the immediate needs of front-line caregivers.

With school postponed this spring, Dylan and Connor Clark launched CopperSAFE Masks in late April as a smarter, more comfortable solution to help people stay safe in public settings. Both CopperSAFE Masks and Red Tractor Masks, a secondary line later launched by the teens, are worn around the neck, and offer a far more comfortable, convenient and reusable mask for both kids and adults compared to traditional-style masks.

“From the moment each of us first heard the term ‘coronavirus’ until today, front-line health care workers have been there for those stricken by COVID-19. Day after day, night after night, they have clocked in for their shift, knowing the risks but driven by a call to serve others.”

Dylan Clark, CopperSAFE CEO

CopperSAFE Masks has garnered national attention as individuals, families, businesses, and schools have relied on CopperSAFE to help protect their loved ones, their employees, and their students across America. Sonrise Apparel Services LLC in Dallas is a CopperSAFE production partner. Due to the overwhelming response and success of their business, Dylan and Connor have been able to monetarily give back in the communities where they manufacture and distribute their masks and chose to support front-line healthcare workers at Texas Health, which cares for more patients than any other provider in North Texas.

“From the moment each of us first heard the term ‘coronavirus’ until today, front-line health care workers have been there for those stricken by COVID-19,” said Dylan Clark, CopperSAFE CEO. “Day after day, night after night, they have clocked in for their shift, knowing the risks but driven by a call to serve others.”

Connor Clark, chief marketing officer, added: “Our respect for these doctors, nurses and administrators is unending. And today, we are incredibly proud to give back through a donation to Texas Health in recognition of their commitment to help the patients of North Texas during this pandemic.”



Brock (left) and Emma Henricks

The brothers will continue to fund additional donations to Texas Health, based upon future sales of CopperSAFE masks in Texas.

A brother and sister in Kaufman also found a fun way to show their appreciation for healthcare workers through donating earnings from their lemonade stand.

After watching the news, Brock Henricks, 9, and Emma, 7, told their mom they wanted to help their friends and family who work in healthcare.

“My kids have been begging to do a lemonade stand and we thought this was a great way to raise money for others during the pandemic,” said Jenny Henricks, mother.

The kids decided that they would use the money they earned to buy snacks for staff at Texas Health Presbyterian Hospital Kaufman.

Chelsey Maddox, R.N., who also happens to be Jenny’s best friend, is their “favorite nurse at the hospital,” the kids said.

“It meant so much that they wanted to use their proceeds from the lemonade stand to brighten our day,” said Chelsey, an Emergency Department nurse at Texas Health Kaufman.

“They loved the idea of surprising someone they know,” Jenny added.

Brock and Emma, with the help of a few friends in the neighborhood, earned a total of \$400 in seven hours. Jenny said several people also sent donations through Venmo after she shared her kids’ idea on Facebook.

“They made a fun day out of it instead of looking at it as work,” Jenny said.

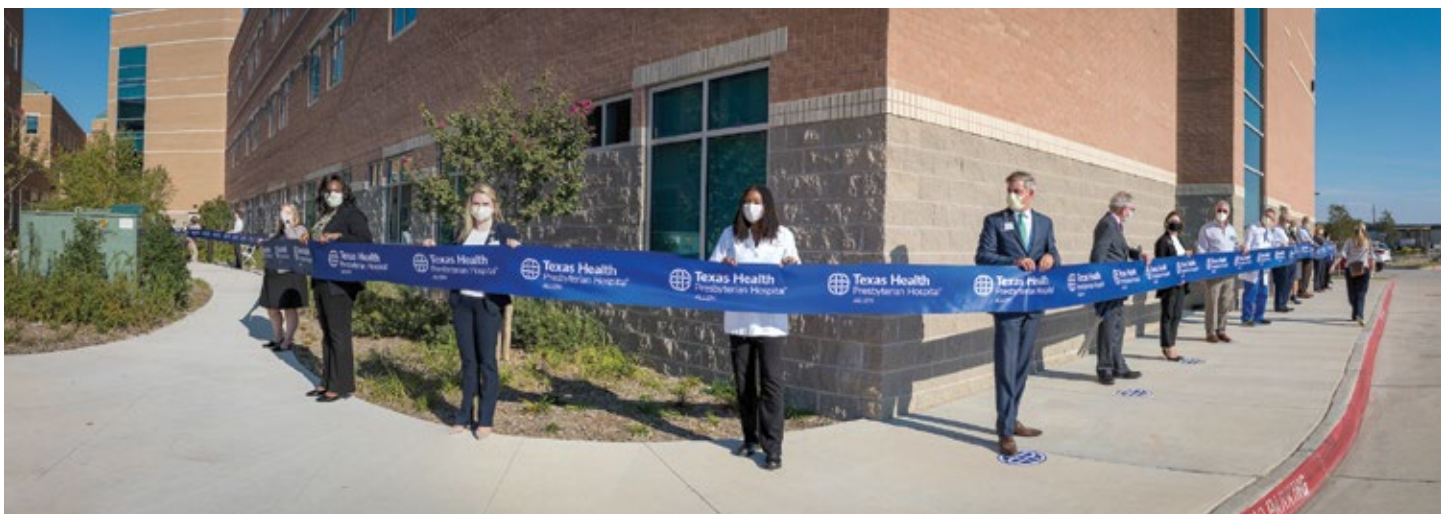
The kids recently hand-delivered the snacks to caregivers outside of Texas Health Kaufman.

“I overheard other staff members sharing the story of where the snacks came from. Everyone was so proud of the kiddos and excited that they thought of us,” Chelsey said.

Texas Health established the COVID-19 Response Fund to support front-line workers — thousands of employees selflessly serving the community every day — with basics like shelter, food, daycare and other critical medical equipment as they respond to the pandemic with courage and professionalism. The fund also supports the system’s evolving work to ensure the health and well-being of the entire Texas Health community during this challenging time.

To support Texas Health’s COVID-19 Response Fund, please donate at [TexasHealth.org/Giving](https://www.texashealth.org/giving) and share your acts of generosity on social media using [#helpTHfrontline](https://twitter.com/helpTHfrontline).

Long Ribbon Cutting for Large Expansion at Texas Health Allen



Leaders and employees at Texas Health Presbyterian Hospital Allen celebrated the largest expansion in the hospital's history by cutting a 600-foot long ribbon in October. The new facilities opened in June, but COVID-19 restrictions have not allowed a commemoration. The ceremony comes more than two years after ground was broken for the expansion.

"In challenging times like these, when so many plans have been put on hold, it's great to be able to take this moment to celebrate progress like we are doing today," said Barclay Berdan, FACHE, CEO of Texas Health.

The philanthropically supported, 221,460-square-foot addition adjoins the south side of the main hospital building and creates capability for additional beds. This brings the hospital's total bed count to 88. Two new operating rooms designed specifically for orthopedic cases bring the hospital's total number of operating rooms to seven. Also included in the three-story expansion is a new cardiac cath lab, which doubles the hospital's capability to treat patients in need of fast cardiac interventions. A new lab, pharmacy and cafeteria also help improve efficiency.

In the nearly 20 years that Texas Health Allen has faithfully served the community, the city of Allen has grown from 45,000 residents to more than 103,000.

"Growth in Allen and the surrounding communities means it's necessary that we also expand to meet the needs of those we serve," said Jared Shelton, FACHE, president of Texas Health Allen.

In June, employees celebrated the first patient on the new inpatient surgical unit,

Robert Bruce, a resident of Plano, who received a total knee replacement from Dr. Charles Toulson, an orthopedic surgeon on the medical staff at Texas Health Allen.

"Continuing to build a sense of community at Texas Health Allen is a priority for us," Shelton said, "and by investing in new technology and facilities, we can be right there for our friends and neighbors for the next 20 years and beyond."

Neonatal Intensive Care Unit Expansion at Texas Health Southwest

Earlier this year, Texas Health Harris Methodist Hospital Southwest Fort Worth finished its expansion of the neonatal intensive care unit (NICU). The new open-concept space has doubled in size, offering 16 beds and three private rooms, as well as a rooming-in suite overlooking the Horchler Meditation Garden. The NICU now also includes refrigerated, bedside breastmilk storage for nursing mothers.

This expansion would not have been possible without the support of our generous donors, including a lead gift from Hilde and Helmut Horchler, as well as Karen B. Cramer, Pediatrix Medical Group – Fort Worth Neonatology and many others.

"I really want to thank all of the community for the support and the donors who have helped us achieve this remarkable goal," said Dr. Darryl Miao, NICU medical director at Texas Health Southwest.

Jim Parobek Named New President at Texas Health Dallas

Over the summer, Jim Parobek was named president of Texas Health Presbyterian Hospital Dallas, taking the reins of one of Texas Health Resources' largest hospitals with the goals to advance clinical programs, strengthen its integration with UT Southwestern Medical Center and broaden the hospital's ties to the local community.

He had been serving as interim president of Texas Health Dallas since April 2019. During that time, he has been instrumental in expanding the integration of Texas Health Dallas and UT Southwestern's Clements University Hospital, which are run under a Joint Operating Agreement between Texas Health and UT Southwestern.

"We embarked on a broad national search to find the right kind of leader with the diverse skills needed to build on the rich legacy of Texas Health Dallas and grow it into the future," said Barclay Berdan, FACHE, CEO of Texas Health. "After looking at dozens of candidates, it became clear that Jim was the perfect fit for the job."

Under Parobek's leadership, UT Southwestern expanded its neurosurgery program to Texas Health Dallas. Additionally, UT Southwestern surgery residents now train on the Texas Health Dallas campus under the tutelage of surgeons on the medical staff, and UT Southwestern's primary care residency program is operated on the Walnut Hill campus. Then, during the COVID-19 pandemic, Parobek became a visible leader throughout the hospital, often rounding on units at 5 a.m. to connect with the night shift and then meeting with other employees and physicians on the medical staff throughout the day.



Prior to joining Texas Health in 2014, Parobek, was the president of Sts. Mary and Elizabeth Hospital and the Jewish Physician Group, both in Louisville, Kentucky. He was also the president of Gateway Rehabilitation Hospital in Louisville.

"To be known as a great hospital and health system, we have to advance clinical programs for complex diseases and provide preventive, consumer-friendly services that keep people healthy and out of the hospital," Parobek said. "And our Mission must always be our guiding light. We must compassionately and expertly serve all those in need, no matter their walk of life."

Texas Health Employees Give Back Nearly \$700,000

Texas Health employees stepped up and gave back to help their fellow coworkers experiencing hardships during the pandemic through the Employees Supporting Employees campaign, which was held in October. Thanks to their generosity, more than \$694,000 has been raised to benefit this campaign as well as Texas Health's nonprofit partners through employees' rollover pledges from last year's Community Employee Giving campaign.

Partner nonprofit organizations include the American Heart Association, March of Dimes, American Diabetes Association, United Way, American Cancer Society and various local food drive beneficiaries. Employees also have the opportunity to participate in fundraising events, such as the Heart Walk, hospital specific food drives, and volunteer hours in the community through Texas Health's Community Time Off program, which gives each employee up to eight paid hours a year to complete a volunteer project of their choice. The philanthropic spirit of our Texas Health employees and community supporters is truly making the difference for all we are privileged to serve.

Charitable Gift Planning



Support Your Passions Well Into the Future

Everyone has something they are passionate about. You may be passionate about a place that holds an important spot in your heart, a cause that's near and dear to you, or a charitable organization that you frequently volunteer for.

But, did you know that you can ensure your support of your passions, like our mission, continues even after your lifetime while also receiving tax benefits for yourself?

You can—with a planned gift.

Popular Planned Gifts

- Include a gift to Texas Health Resources Foundation in your will or living trust.
 - » Your benefits: Retain control of your assets and have the flexibility to change your mind at any time.
- Name us beneficiary of your retirement account.
 - » Your benefit: These assets pass to us tax-free, allowing us to use the entire amount to support our mission. If passed to your loved ones, they would have to pay income tax when distributions are made from the account.
- Transfer appreciated stock to us.
 - » Your benefits: You qualify for a federal income tax charitable deduction based on the current fair market value

of the securities and are exempt from paying capital gains tax on any increase in their value.

- Create a life income gift.
 - » Your benefits: Depending on the type of gift you choose, you can receive stable income for life or for a period of up to 20 years. You may also qualify for a federal income tax charitable deduction in the year you make the gift.

Need Help Making a Planned Gift?

There are many ways you can ensure your support for Texas Health Resources Foundation continues for years to come.

Contact Lesley Atkinson, vice president of development, at 682-236-5238 or LesleyAtkinson@TexasHealth.org today to learn more about planned giving.

Health Shots

Texas Health Resources Foundation Golf Tournament October 12, 2020

One hundred golfers joined us at Texas Star Golf Course for the 29th annual Golf Tournament presented by Balfour Beatty Construction. The tournament supports the Bernard C. Alger Cancer Fund, which provides cancer screenings and education for residents of our community who would otherwise not be able to afford them. Perfect weather allowed us great conditions to social distance while teeing up for these important services. Thanks to their support, more than \$119,000 was raised in net proceeds.



Golf Tournament: Clockwise from top: (From left) Tournament winners Steve Dillon, Elias Bahar, Pleas Mitchell, Chad Brewer • (From left) Joy Schroeder, David Jackson, John Whiteley, Dirk Pittman • Danna Jenson • Jim Parobek

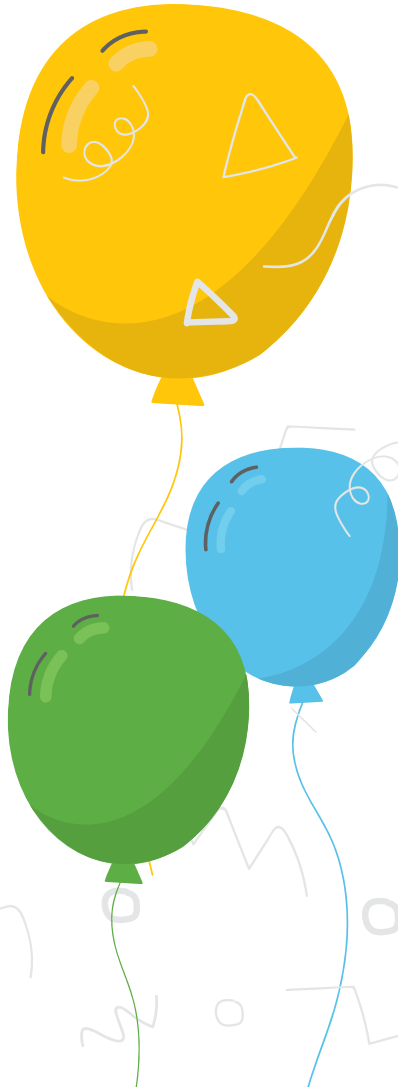
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Scan here with your smartphone's camera to find out more about the Foundation or to make a gift.

Thank You for Making the Difference on North Texas Giving Day

Thanks to the incredible generosity of our North Texas donors, Texas Health Resources Foundation blew past our fundraising goal on North Texas Giving Day, raising nearly \$493,000, and was the fifth highest organization for most funds raised and second highest in healthcare organizations. If we combine gifts this day with those made in May on North Texas Giving Tuesday Now, our total is over \$674,000. THANK YOU for all the support for everyone on the front lines at Texas Health!



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