

Texas Health Harris Methodist Hospital Fort Worth  
Kidney Transplant Program  
Selection Criteria

Updated: 01/17/2020

In accordance with the policy of the Transplant Program at Texas Health Harris Methodist Hospital Fort Worth, every patient is to be notified of the Transplant Program's selection criteria. If you have questions or concerns about any of these exclusions, please contact the Transplant Program at **817-250-2443**.

**Absolute Exclusion:**

- Severe disabling cardiovascular and/or pulmonary disease
- Active malignancy
- Severe disabling vascular disease
- Severe disabling liver disease
- HIV positive
- Life expectancy of less than 5 years
- Inability to obtain adequate financial resources
- Potential recipient is unable or unwilling to comply with transplant related management and medical follow up.
- BMI greater than 45

**Relative Exclusion (Evaluated on a case by case basis):**

- Poor functional capacity (wheelchair bound or 6-minute walk less than 1000 feet)
- Psychosocial instability
- Documented non-compliance
- Obesity considered with weight distribution and co-morbidities
- Anatomy that may predispose recipient to excessive surgical risk
- Active substance abuse
- Current smoking with concurrent clinically demonstrable cardiovascular and/or pulmonary disease
- Recent history of cancer
- BMI 40-45
- Multiple Co-Morbidities