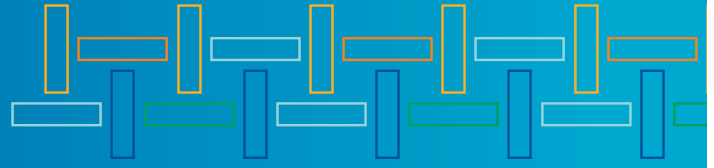


Health to Home

Impact Report



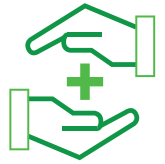
THANK YOU FOR JOINING TEXAS HEALTH

in believing that everyone deserves the chance for a healthy, fulfilling life. Through your generous gifts to support the Health to Home medical respite program, you are giving the unhoused population in Dallas the opportunity to find healing and hope.



Homelessness is increasing across the nation. According to Doran et al., 70.3% of all hospitalizations of people experiencing homelessness result in readmission within 30 days of discharge. This can prolong recovery from both physical ailments and homelessness. Medical respite care is acute and post-acute care for people experiencing homelessness who are too frail to recover on the streets but not ill enough to be hospitalized. It is a proven model for reducing hospital admissions and length of in-patient stays for these neighbors, and, importantly, it provides access to needed social services and housing placements.

The Health to Home medical respite program is a partnership between Texas Health and Austin Street Center, one of the largest low-barrier homeless shelters in Dallas. Texas Health staff provide supervised medical care, and Austin Street provides access to behavioral health and social services aimed at addressing the underlying causes of homelessness. The ultimate goal of the program is to help these neighbors recover from both homelessness and medical ailments through social supports and stable housing.



To anyone facing similar struggles, my advice is to stay positive and learn to trust people. Trust your instincts about who to rely on. There are good people out there who genuinely want to help. — Darrell



From Homeless to Healing

For two years, Darrell was homeless, struggling with an addiction that separated him from his family. He was not eating well — and sometimes he was not eating at all. He was just trying to survive. He sought temporary shelter near a local church, where the congregation offered help when they could. While he was there, he became ill and was diagnosed with cancer.

Darrell was skeptical about going into the medical respite program. “My past experiences with shelters weren’t good.” He said that had been treated poorly and even kicked out due to his health issues. However, Our Calling, a Dallas homeless ministry, was persistent and convinced him to seek treatment with Health to Home.

During his time with the program, he was pleasantly surprised. “They were supportive, and I was surrounded by caring people who wanted to help.” The staff played a big role in his recovery. “They kept a positive attitude and provided the care I really needed. They helped manage my wounds, and that’s something I couldn’t have done alone.”

Darrell now has a safe place to call home, which has been instrumental in his continued recovery. The support he received from Texas Health and Austin Street through the Health to Home program has brought stability to his life, allowing him to focus on his health and future.

With a stable home, his primary goal is to complete his cancer treatment. He is determined to stay on track and maintain a positive outlook, regardless of the challenges he faces.

Health to Home



Health to Home is a collaborative program between Texas Health Presbyterian Hospital Dallas (THD) and Austin Street Center (ASC). Since its inception in late 2020, the program enrolled and served 373 unhoused individuals.

In 2024, 93 individuals were enrolled in the medical respite unit at Austin Street Center, where they received medical care, case management, navigation, and housing support. Key indicators as shown on the right for 2024.

The current referral pipeline is open to community-based organizations and other health systems including: Baylor Scott & White, Parkland, Methodist Health System and UT Southwestern.

89%

Percentage of male individuals enrolled

55-64

Age range of most individuals enrolled

48%

Percentage of Black/African American individuals enrolled

Activities/Output

Out of 93 individuals enrolled in Health to Home:

- 84** Engaged in case management services
- 7** Connected to a primary care provider or a patient-centered medical home
- 8** Received behavioral health services with community partner, Integrated Psychotherapeutic Services (IPS)
- 8** Received job training
- 1** Job placement

Housing Solution

Out of 93 individuals enrolled in Health to Home:

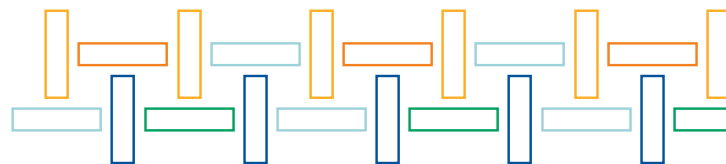
- 0** Connected to transitional housing for homeless persons
- 4** Connected to long-term care facility or nursing home
- 1** Connected to residential project or halfway house with no homeless criteria
- 7** Connected to rental by client, with RRH or equivalent subsidy
- 1** Connected to rental by client, with other ongoing housing subsidy
- 1** Connected to rental by client, with no ongoing housing subsidy
- 10** Participants staying or living with family or friends
- 35** Participants who exited program to homelessness

Outcomes

- 41%** Participants were connected to an appropriate housing solution (24/59). The average housing rate for homeless recovery programs in Texas is 18%, so this is a significant outcome
- 92%** Decrease in hospital visits and charges for program participants who received their care at Texas Health hospitals
- \$** Every \$1 invested in the Health to Home program represented a cost savings of more than \$5 for Texas Health hospitals

Observations among 8 participants from THD were:

- 564%** Return on Investment (ROI) for every dollar spent on each participant that graduated from the program
- 97%** Decrease in total charges 6-months pre-intervention vs. 6 months post-intervention (\$521,386.52 vs. \$16,470.03)
- 86%** Decrease in total hospital visits 6-months pre-intervention vs. 6 months post-intervention (22 vs. 3)



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