

2025

# TOGETHER WE HEAL

Healing is rarely a solitary act. It happens when compassion meets action – when individuals come together with a shared commitment to care for one another. In 2025, your generosity made that commitment real.

Together we strengthened programs that restore health, dignity, and hope. Together we reduced barriers to care and helped families focus on healing. And together, we reminded those we serve that they are not alone.

## 2025 GIFTS THAT HELPED HEAL

In 2025, **\$41,624,438** raised by donors and through state and federal grants\* helped heal patients and communities, provided access to care, and supported our care teams.



\*\$310,660 was raised from federal and state grants

### PATIENT CARE



The newly renovated **Milk Bank at Texas Health Harris Methodist Hospital Fort Worth** provided more than **24,000 feeds** to fragile NICU infants last year – offering nourishment, comfort, and peace of mind to families during some of their most vulnerable moments.

**Texas Health Presbyterian Hospital Dallas** completed its **500th robotic-assisted lung biopsy** case, exemplifying clinical innovation in advancing high-quality cancer care.



The renovated **Breast Center at Texas Health Arlington Memorial Hospital** welcomed patients into a calming, spa-like environment designed to support healing. Donor generosity has also supported renovations at the Women's Center at Texas Health Arlington Memorial, scheduled for completion in June.



**Texas Health Presbyterian Hospital Plano** broke ground on a new patient tower in 2025. This expansion ensures patients will have access to the space, technology, and specialized care they need – especially in Neuroscience, Heart and Vascular, and Digestive Health – today and for generations to come.

A generous gift from Karen Cramer is helping make possible the new **Cramer Tower**, a patient tower at **Texas Health Harris Methodist Hospital Southwest Fort Worth**.

Breaking ground in 2026, the tower will expand capacity with additional beds and enhanced facilities to support key service areas such as neurosurgery and cardiac care.



Thanks to the CMRC TX Fund, the new **Community Resource Center opened at Texas Health Presbyterian Hospital Allen** to provide medical, nutritional, and education support for people suffering from chronic diseases. More than 323 were served since it opened in June 2025.

### EDUCATION

**Allied Health and Nursing Scholarships** provided educational opportunities for 276 people, with more than **\$258,583** awarded in 2025.



The **FastTrack Apprenticeship program** helped 587 people start their careers in healthcare, including 62 pharmacy technicians, 16 radiology technicians, 307 patient care technicians, and 164 certified medical assistants.

### COMMUNITY HOPE



Last year, **Nutrition Security** programs put meals on the table for many families in North Texas. More than **134,000** people shopped using Double Up Food Bucks to purchase fruits, vegetables, and other healthy food last year. Good For You Healthy Hubs served more than 23,000 people.

Through Community Hope programs nearly **5,000 children** received free books, **three new schools** received learning gardens, the playground areas of two schools received a refresh, and **Wellness Innovation grants** were awarded to six areas schools.

**Nineteen school districts** across North Texas are now participating in **School Mental Health Executive Learning Communities (ELCs)** developed by Texas Health and the Meadows Mental Health Policy Institute. ELCs bring senior school district officials together to implement school mental health programs and improve student wellbeing and academic achievement.



**743 victims** of sexual assault found support dealing with this awful crime through the Forensic Healthcare & Violence Prevention program (formerly called SANE – Sexual Assault Nurse Examiner program).



The **THRIVE (Together Harnessing Resources to give Individuals Voice and Empowerment)** was launched at Southwest High School in Fort Worth, marking the seventh THRIVE implementation at North Texas Schools.



The **Wellness for Life® Mobile Health** unit served 3,556 patients at 299 sites. Patients were provided no-cost mammograms and cancer screenings for women and men.

### GENERAL PROGRAMS



COMMUNITIES FOUNDATION OF TEXAS

Thanks to the incredible generosity of donors, we broke records on North Texas Giving Day, RAISING **\$1.35 MILLION** FROM 471 DONORS!



For more information about the Texas Health Resources Foundation, please go to [TexasHealth.org/Foundation](https://TexasHealth.org/Foundation).