

InTouch

SUMMER 2026



TEXAS HEALTH RESOURCES FOUNDATION



GENERATIONS BEGIN HERE

Justin Tower grows to advance care for mothers, babies, and families.

A RUNWAY FOR HOPE

Puttin' on the Pink turns style into impact.

THE FUTURE OF HEALTH STARTS TODAY

Innovative ideas help North Texans live, age, thrive.

PURPOSE THROUGH PAIN

Turning loss into support for grieving families.

DEAR FRIENDS

Healthcare, at its heart, is one person caring for another, and behind each act of care stands a generous supporter who decided that someone they may never meet was worth showing up for. As I read through this issue, that simple truth rose to meet me again and again. And it is something you, our donors, have shown us at every turn.

It is easy to tell a story about buildings, programs, and gifts. But when you turn these pages, I hope you notice what you have taught us. Behind every tower, every endowment, and every program is a life that was changed, and someone who chose, out of gratitude or hope or love, to make that change possible.

You will meet the couple behind the Jane & John Justin Foundation, whose vision will welcome the next generation of North Texans into the world. You will meet a cardiologist and his wife who believe the best way to protect future patients is to invest in the caregivers who will one day care for them. You will meet two mothers who, in the depth of their own loss, chose to bring comfort to other grieving families. You will see how donors are fueling bold research and innovation, from a Brain Lab uncovering how movement protects the mind, to efforts tackling the root causes that keep families from the healthy food they need to thrive. And you will meet students who are learning early that generosity is a tradition worth carrying forward.

You will also join in honoring Barclay Berdan, whose forty years of extraordinary leadership broadened access to care, strengthened the health of communities, and built a culture where employees can do their life's best work.

The person at the center of every story is why any of this matters. Your belief, that every person deserves care, dignity, and hope, reaches further than you may ever know.

Thank you for showing us, time and again, the humanity in every story, and for all the lives you make better.

With gratitude,



Laura Q. McWhorter, CFRE
President





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Texas Health Harris Methodist Hospital Fort Worth is expanding women and infant services thanks to a gift from the Jane & John Justin Foundation.

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ON THE COVER:

Texas Health mom Mallory with baby Milly.

Cover photo by Aggie Brooks



FOOD IS MEDICINE. HEALTH STARTS HERE.

Across North Texas, too many families lack access to the nutritious food needed to stay healthy and prevent disease.

At Texas Health, we're tackling nutrition security as a healthcare issue, connecting families to healthy food, improving outcomes, and building stronger communities.

Your support can help more children, families, and seniors access the nourishment they need to thrive.

Together, we can create a healthier future for North Texas. Learn more by scanning the QR code.



**HEALTH
BEGINS
TOGETHER.**





**In Touch is published
by the Texas Health
Resources Foundation.**

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“

I wanted to thank the hospital for the attention given to my brother – a veteran – who passed away at your hospital. The special salute over the hospital intercom and having everyone working that night stand in salute as his body was transported to the funeral home was something I had never seen before. Everyone treated this situation with all the dignity and respect he deserved.

– Texas Health Harris Methodist Hospital
Fort Worth patient

“

I've experienced many, many hospital healthcare services in my life. Texas Health Flower Mound was the best ever. I know great organizations start with administration, management, leadership, and supervision. Clearly y'all know what you are doing. In the end it's about the doctors, nurses and staff that deliver for you. From start to finish, I experienced a well-oiled machine doing it by the numbers, but with such warmth and a big heart.

– Texas Health Presbyterian Hospital
Flower Mound patient



“

From the moment we walked through the doors, every single person we interacted with made us feel supported and cared for. Everyone was exceptionally friendly, patient, and attentive. The team was consistently proactive, often anticipating what we needed before we even had to ask. Their professionalism, kindness, and thoughtful approach made a meaningful difference to both of us, and we are truly grateful.

– Texas Health Presbyterian Hospital
Plano patient



**SCAN HERE
TO READ
OUR ANNUAL
REPORT.**

We work hard to keep our mailing list correct. We regret that occasional errors or duplications may occur. If that happens, please contact the Foundation at 682-236-5200.

LET'S GET
SOCIAL

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to see how your support makes an
impact on our community!



A LEGACY *That Continues* TO CARE

Jane and John Justin's enduring investment in the health of Fort Worth

Some gifts do more than fund a building. They shape the future of a community.

For generations, the Jane & John Justin Foundation has invested in Fort Worth in ways that create lasting impact. From children's causes and western heritage to healthcare and community development, the Foundation's generosity has helped strengthen the city Jane and John Justin loved so deeply.

One of the most visible examples of that commitment stands tall on the campus of Texas Health Harris Methodist Hospital Fort Worth.

When Justin Tower opened, it transformed more than the Fort Worth skyline. It expanded access to advanced care, strengthened trauma services, and helped position Texas Health Fort Worth as a leading destination for patients across the region. Today, thousands of North Texans receive lifesaving care each year in a facility made possible through the vision and generosity of the Jane & John Justin Foundation.

Now, that legacy is reaching new heights.

Through a new lead gift, the Jane & John Justin Foundation is helping launch the next chapter of growth at Texas Health Fort Worth. The expansion will increase access to care for women, infants, trauma patients, burn victims, and families for generations to come.

"The name 'Justin Tower' has become synonymous with excellence in healthcare throughout the greater Fort Worth area and represents everything Jane and John Justin stood for: quality service, innovation, and an unwavering commitment to making our community stronger," said Laura McWhorter, president of the Texas Health Resources Foundation. "We are profoundly honored to uphold their legacy — first through the tower's creation and now by advancing it with this transformative expansion."



A Vision Built to Last

From the beginning, Jane and John Justin understood that meaningful philanthropy extends far beyond the present moment. They believed in investing in institutions that would continue serving people long into the future.

Their support of Texas Health Fort Worth has done exactly that.

Since opening, Justin Tower has expanded surgical capacity, advanced trauma care, and helped attract exceptional physicians and clinical teams. As Fort Worth's population has continued to grow, so has demand for the high-quality care offered there.

Today, the most recent gift honoring Jane and John Justin will help Texas Health meet that need once again.

Construction is nearing completion on two previously unfinished floors within Justin Tower, adding 72 patient rooms and a new Surgical Trauma Progressive Care Unit to support patients recovering from complex injuries and procedures.

But the most transformational impact is still ahead.



Creating a New Home for Women and Families

At the heart of the expansion is the future Jane and John Justin Center for Women and Infants. Designed to bring together labor and delivery, postpartum and antepartum care, and dedicated surgical suites, the center will offer families an environment that combines advanced medical expertise with comfort, privacy, and healing.

The project will also include a dedicated Obstetric Emergency Department and an expanded Neonatal Intensive Care Unit, providing additional capacity for both routine and high-risk pregnancies.

For generations, Fort Worth families have shared a familiar story: "I was born at Harris."

Thanks to the Justin Foundation's continued generosity, thousands more families will create their own stories in a hospital designed to support them through some of life's most important moments.



Generations of Impact

The story of Justin Tower is ultimately not about a building. It is about people.

It is about mothers welcoming newborns into the world. Trauma patients receiving lifesaving care. And a community benefitting from a philanthropic vision that continues to shape healthcare decades after it began.

As Texas Health Fort Worth looks toward the future, the Jane & John Justin Foundation's commitment remains woven into the fabric of the hospital and the lives it touches every day. It shows that the greatest legacies are not measured in bricks and mortar. They are measured in healthier communities, stronger families, and generations of lives changed for the better.



Jane and John would be thrilled to continue their support of the Justin Tower and through this expansion, their kindness and generosity will continue to showcase their commitment to improving the lives of others in the community.



– Roy Topham, executive director of the Jane & John Justin Foundation

2026

PUTTIN' ON THE PINK

Fashion Luncheon



Laura McWhorter and the 2026 Puttin' on the Pink Chair, Dr. Stacy Butler

On a picture-perfect spring day, where fascinator hats and vibrant pinks mirrored the pageantry of Churchill Downs, more than 1,100 guests gathered for the 2026 Puttin' on the Pink Fashion Luncheon that included a spirited nod to the Kentucky Derby.

Friends and acquaintances reunited, sharing a laugh, a sip of champagne, and a fashion show that featured stunning silhouettes from the shops at Highland Park Village, our fashion show sponsor. But the cause was event bigger than the pageantry.

Guests at the luncheon came together in support of Texas Health's Wellness for Life® Mobile Health program, which delivers critical screenings and care to those facing barriers like insurance and transportation. The day proved to be as impactful as it was festive, breaking previous fundraising records for the mission of Wellness for Life raising more than \$400,000 net from sponsors and donors.

Special thanks to our Puttin' on the Pink Chair, Dr. Stacy Butler, and the entire planning committee for a wonderful time. We'd also like to thank our attendees and our incredible sponsors including our Presenting Sponsor, Frost. Your contributions make a difference for families in our community.



From left, Sona Dave, Rene Deering, Lisa Brock, Judy Noel, Lindy Borchardt, Christine Martin, Chela Worthington, Penny Johnson, Nancy Hiles, Jeanice King



Our absolute favorite Puttin' on the Pink emcee, NBC5's Deborah Ferguson!



Jenny Holman, Lyndsay Hoover, Alicia Woods, Mary Catherine Parsons, Sharon Fulgham, Tiffany Rubenkoenig



Hollie Lancarte,
Virginia Read



From left, Erin McKinley, and Careity Founders Lynn Walsh and Beverly Branch



Thanks to our wonderful Table Concierges!



A TRADITION OF GIVING, Carried Forward

Each year, the Kupferle Health Board recognizes an individual or organization that exemplifies the true spirit of service through the Doris Klabzuba Altruism Award. Named for one of the Foundation's founding members, the award honors a legacy defined by generosity of time, resources, and heart, and serves as a reminder that compassion is at the center of everything we do.

This year's honoree, Southwest Christian School, did not wait for inspiration. They created it.

Fourteen years ago, the school introduced a simple idea: a "Pink Out" football game to rally school spirit around a meaningful cause. In choosing the Virginia Clay Breast Care Center as the beneficiary, students, families, and faculty set something remarkable in motion.

When Virginia Clay learned of their efforts, she was so moved that she pledged to match every dollar raised. What began as a single night of generosity has grown into a 14-year partnership rooted in shared purpose and sustained by unwavering commitment.

Year after year, the Southwest Christian community has shown up with each Pink Out growing a little bigger, shining a little brighter, and deepening its impact. Together, they have raised more than \$160,000, with every dollar matched to double the difference for patients.



Congratulations to Southwest Christian School, this year's winner of the Doris Klabzuba Altruism Award. From left, Dr. Joey Richards, Jamie Pritchett, Laura McWhorter

Their giving has supported meaningful enhancements to the patient experience with thoughtful details that bring comfort and dignity during uncertain moments. From a biopsy chair and blanket warmer to calming artwork, patient education materials, staff training and a fully funded support group, each contribution reflects a simple but powerful message: you are cared for here.

This is altruism in its truest form: freely given, faithfully sustained, and instilled in a generation of young people who now understand the power of giving back.



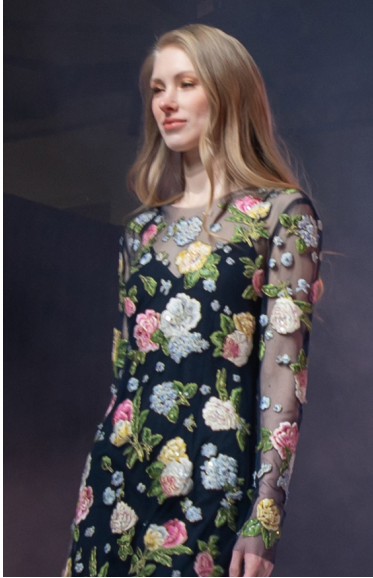
From left, Julie Sellers, Tegan Needham, Judy Jones Rotzoll, Alice Jones Pettyes, Susie Phillips, Michele Reynolds, Amy Redfearn



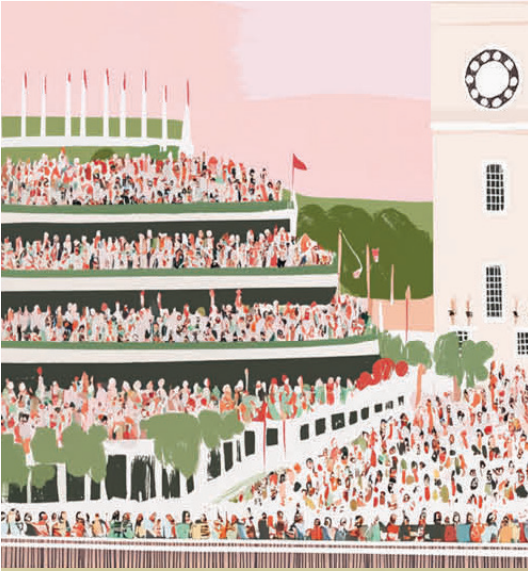
Our friends from the Rios Group. From left, Rosa Navejar, Founder, Maria Huizar, Raeanna Rios, Graci Duarte, Regina O'Neill, Allyson O'Brien, Emily Matthews, Krystal Bybee



From left, Joy Ann Havran, Anne Paup, Betsy Senter



Ragina Ireland



We love highlighting the strength and beauty of our Survivor Models!
From left, Tara Anne Hart, Ragina Ireland, Maitee Miles, Ashley Cole, Alicia Deane, Lee Bricker, Hollie Lancarte, Katie Tull Harris, Juliana Carvalho, Taunya Campos, Anne Marie Herbst, Virginia Read

WHAT IF THE FUTURE OF HEALTH IS ALREADY WITHIN REACH?

Breakthrough ideas shaping how we live, age, and thrive.

Innovation in healthcare is often imagined as the next breakthrough technology or lifesaving treatment. But some of the most powerful advances are redefining something more fundamental: how we live every day.

At Texas Health, two recent efforts studied what drives long-term health, revealing that outcomes may be shaped as much by movement and access as by medicine itself. These ideas are coming to life across the full spectrum of care, from scientific discovery inside the body to community-based work happening across North Texas.

THE MOVEMENT THAT PROTECTS THE MIND

For years, the search for protecting brain health has often focused on what can be added, like a new therapy, a new drug, or a new intervention.

But what if the answer is simpler?

Rong Zhang, Ph.D., director of the Cerebrovascular Laboratory at the Institute for Exercise and Environmental Medicine (IEEM) at Texas Health Presbyterian Hospital Dallas and professor in the departments of neurology, biomedical engineering, and internal medicine at UT Southwestern Medical Center, has spent his career exploring that question. And now, his work is earning national recognition.

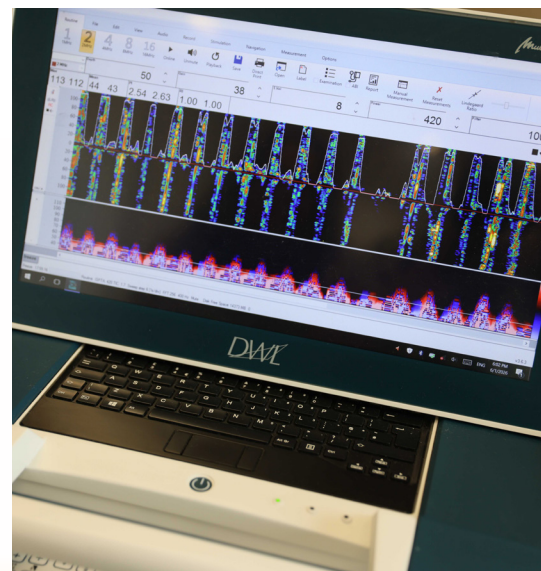
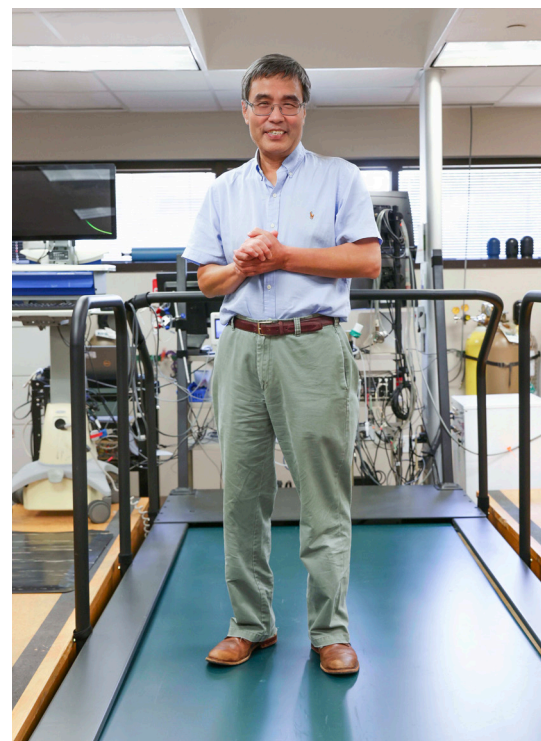
Named 2025 Paper of the Year by Exercise and Sport Sciences Reviews, Dr. Zhang's research reframes how we think about aging and the brain. His focus isn't on a single moment of care, but on the slow, cumulative power of movement over time.

His findings point to something both accessible and transformative: regular aerobic exercise may be one of the most effective ways to protect the brain as we age. Not extreme workouts, but consistent, moderate-to-vigorous activity like walking briskly, cycling, or jogging, repeated over years.

The reason lies within the body's circulatory system. As we move, the heart strengthens, blood vessels become more flexible, and blood flows more efficiently to the brain. That steady flow supports the brain's ability to adapt, form new connections, and remain resilient in the face of aging.

Dr. Zhang and his colleagues have brought these ideas together into a new model that connects heart health, vascular function, and cognitive performance into a single, cohesive story. It's a shift in perspective: brain health isn't isolated. Instead, it's part of a larger system that responds to how we live every day.

And perhaps most compelling of all, it suggests that the choices we make early and consistently may shape not just how long we live, but how fully we experience those years. To support the greatest needs of the Brain Lab at IEEM, Texas Health is establishing a \$2 million endowment. If you are interested in learning more, please contact Jane Costello at JaneCostello@TexasHealth.org or call (214) 578-7460.



***A healthy body
is a healthy
mind.***

WHERE HEALTH BEGINS: IN THE COMMUNITY

If Dr. Zhang's work focuses on how individual behaviors shape long term health, a separate Texas Health initiative led by Matthew Dufrene, vice president of Community Partnerships, Ambulatory and Virtual Channel at Texas Health, and principal investigator Dr. Brittany Linde, program director of Operations for Healthy People, Healthy Communities, looks outward to the environments where those behaviors take shape. Rather than studying biology, this effort examined something equally foundational: whether people can reliably access the kinds of foods that support health in the first place.

Under the umbrella of Texas Health Community Hope, Texas Health contracted with Gallup to conduct one of the first community level studies of nutrition security across Dallas, Collin, and Tarrant counties. Unlike food security, which measures whether people have enough to eat, nutrition security asks a deeper question: Do people have consistent access to fresh, high quality, nutritious foods?

Dr. Linde's research and the Gallup study, subsequently published in BMJ Public Health, made one finding unmistakably clear: nutrition security is shaped by different root causes for different people and therefore requires localized, layered interventions rather than one-size-fits-all solutions. The study revealed that "access" is not a single barrier. Instead, it varies dramatically depending on whether someone is trying to reach a store, can afford what's inside it, or is able to keep produce fresh at home. Community members emphasized that poor-quality fruits and vegetables, short shelf life, and inconsistent freshness were among the most significant obstacles, even when they can get to a grocery store.

The research also reinforced that solving general access alone is not enough. For many families, the real challenge begins after food is purchased: limited storage, lack of preparation knowledge, and the cost of experimenting with unfamiliar produce all shape what ends up on the table. These insights highlight why interventions must be tailored to the specific barriers faced by each neighborhood, household, and community group.

For more information, please contact Anne Smith at AnneSmith2@TexasHealth.org or scan the QR code:



LOOKING AHEAD

The recognition of Dr. Zhang's work and the research and programs being implemented by the Texas Health Community Hope team are more than milestones. They signal Texas Health's growing leadership in areas that will define the future of healthcare: brain health, prevention, and community-based solutions. And they open the door to new opportunities for research, partnerships, and expanded impact.

Donor investment in this innovative healthcare makes a difference. It fuels the kind of innovation that not only advances medicine but also changes lives.

Real impact comes from layering solutions with programs that work together to expand reach and deepen effectiveness. Texas Health initiatives like Double Up Food Bucks, Good For You Healthy Hubs, Growing Good Food Awards, Farms to Families, Locally Grown experiences, and School Learning Garden programs aren't isolated efforts. Together, they create a network of support that helps make healthy choices more accessible and more sustainable.



One day, all of us are going to need a great primary care doctor," Dr. Ramanath says with a smile. "If we can help train physicians who keep people healthier, prevent disease, and serve this community for years to come, that's a legacy worth investing in."

CARDIOLOGIST AND WIFE CREATE ENDOWMENT WITH A HEART

For Dr. Vijay Ramanath, one of the most effective ways to fight heart disease isn't in a catheterization lab or operating room. It begins much earlier, in a primary care physician's office.



Anationally trained interventional cardiologist, Dr. Ramanath came to Texas Health Presbyterian Hospital Plano in 2012 after studying and training at some of the country's leading institutions, including the University of Michigan, Dartmouth, and Yale. Along the way, he learned a lesson from mentors who shaped his career: the best cardiac care is often prevention

"Heart disease doesn't start when a patient sees a cardiologist," he says. "It starts years earlier with conditions like hypertension, high cholesterol, and diabetes. If those are identified and managed well, we can prevent a tremendous amount of cardiovascular disease."

That philosophy inspired Dr. Ramanath and his wife, Anuradha, to establish a cardiovascular endowment supporting Graduate Medical Education (GME) at Texas Health Plano. Their gift will help strengthen cardiovascular training for internal medicine residents, the future primary care physicians who will serve patients throughout North Texas.

Dr. Ramanath says the goal is to equip residents with the knowledge and confidence to expertly manage the conditions most responsible for heart disease.

"The purpose isn't to create future cardiologists," he explains. "It's to create exceptional primary care physicians who understand cardiovascular health and know when a patient can be treated successfully in the primary care setting and when specialty care is truly needed."

The endowment will bring nationally recognized experts to Texas

Health Plano for lectures, visiting professorships, and educational experiences while also creating opportunities for residents to learn from leading programs, including UT Southwestern's hypertension clinics.

"My hope is that residents graduate with a deeper understanding of cardiovascular medicine and feel comfortable managing complex cases involving blood pressure, cholesterol, and diabetes," he says. "Those are the front lines of prevention."

That commitment to education reflects Dr. Ramanath's broader vision for the community he has called home for more than a decade.

When he first arrived at Texas Health Plano, the heart and vascular program was relatively small, but he saw extraordinary potential. Since then, he has helped expand cardiovascular services, launch innovative programs, participate in global clinical trials, and advance new technologies that have elevated the hospital's reputation throughout the region.

"My goal for our cardiovascular program has never been to be the biggest," he says. "It's to be the best and to deliver outstanding quality, exceptional outcomes, and a great experience for patients."

The same forward-thinking mindset drives the couple's philanthropy. By investing in resident education, the Ramanaths hope to create ripple effects that extend far beyond a single patient or even a single generation of physicians.



A LEGACY OF SERVICE

BARCLAY BERDAN TO RETIRE AFTER 40 YEARS WITH TEXAS HEALTH

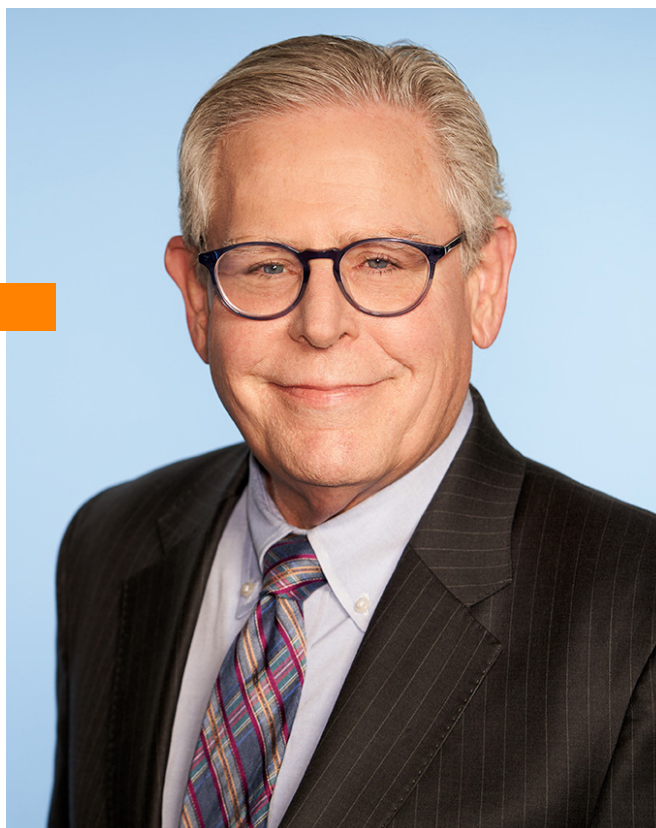
When Barclay Berdan retires on September 19, he will conclude a remarkable 40-year journey with Texas Health. It's been a journey defined by humility, purpose, and an unwavering commitment to serve others.

As CEO, Barclay guided Texas Health through some of the most challenging moments of modern healthcare, including the COVID pandemic. Though it all, he remained focused on strengthening our ability to deliver exceptional care.

Under Barclay's leadership, Texas Health expanded, broadening access to care, while building a culture where employees are supported, valued, and empowered.

For donors, Barclay's legacy is reflected not only in buildings and programs, but in lives touched and communities strengthened. His leadership helped create an environment where philanthropy became an avenue for making a difference for generations to come.

While his retirement marks the end of an extraordinary chapter, the impact of his leadership will continue to be felt across Texas Health for years to come.



ONE WING FOUNDATION: CREATING PURPOSE OUT OF PAIN

In the world of grief, there is an entire army of women who have experienced pregnancy and infant loss. While the numbers are far too many, two Dallas women found each other through mutual friends, and formed a powerful connection and a purpose after experiencing the loss of their first child.

Holly and Parker Aldredge lost their daughter Olivia, in February 2015, at 38 weeks. She was born sleeping due to unknown causes. Katie and Max Schlieve lost their son Hudson, in May 2015, due to an umbilical cord accident at 33 weeks. What began as a chance to sit face-to-face with another mother who knows this type of loss and pain, turned into a friendship and a nonprofit organization called the One Wing Foundation.

Katie's "Aha" moment came with the approach of Baby Hudson's due date. "I went to lunch with my mom and told her I had to turn my pain into a purpose. I have a background in nonprofit fundraising and development and knew I wanted to help other families experiencing this kind of grief and loss," she explains. The One Wing Foundation drew its name from a bracelet that Katie's mother wore that featured an angel and an inscription that reads, "We are all angels with one wing. We must embrace each other to fly."

With a background in graphic design and knowledge of nonprofits, Holly says the two were perfectly suited to bring the foundation to life. "We both had spheres of influence. We brought different skill sets, but we are both galvanizers. We knew we could bring funds together to help others heal from the trauma that comes with losing a child, in honor of our firstborns, Hudson and Olivia."

It was Ronald Reagan who once said, "A wife who loses a husband is called a widow. A husband who loses a wife is called a widower. A child who loses his parents is called an orphan. There is no word for a parent who loses a child. That's how awful the loss is."

In 2025, Hudson and Olivia would have celebrated their 10th birthdays, and the One Wing Foundation made the decision to grant its final funds. Katie and Holly made their final disbursement to three organizations that they felt would make the biggest impact with the last gifts from One Wing.

Texas Health Resources received one of those gifts, a generous donation to Texas Health Presbyterian Hospital Dallas that will support the creation of a perinatal and NICU family navigation pilot program, providing compassionate care navigation and trauma-informed mental healthcare to parents during one of the most difficult times of their lives.



Holly Aldredge and Katie Schlieve,
founders of the One Wing Foundation

"Texas Health's strong reputation allowed us to trust the organization. We'd been looking for the right fit and the chance to leave a lasting legacy for our firstborn children, Hudson and Olivia."

– Holly Aldredge



Employees Come Together to **MAKE A DIFFERENCE**

Texas Health
Together

*Employees Come
Together to Make a
Difference: The 2026
Employee Giving
Campaign Raises More
Than \$1.4 Million!*

At Texas Health, generosity is more than a tradition, it's a reflection of who we are and how we care for one another in mind, body, and spirit.

The 2026 Texas Health Together Employee Giving Campaign showcased the incredible power of generosity across Texas Health Resources. More than 3,400 employees united to support patients, fellow team members, and their local community. This yearly campaign continues to prove that we are stronger together.

Employee contributions help fund a wide range of programs from the Texas Health 365 Fund and Community Hope initiatives to Nursing Excellence and Career Pathways programs. Together, these efforts provide compassionate care, critical resources, and hope for those who need it most.

TEXAS HEALTH FORNEY CELEBRATES **CONSTRUCTION MILESTONE**

Texas Health Hospital Forney recently celebrated a significant construction milestone with a topping out ceremony recognizing the continued progress toward opening the city's first full-service acute care hospital.

Expected to open in fall 2027, the new hospital will provide a wide range of services close to home for Kaufman County residents, including emergency care, surgery, labor and delivery, intensive care, cardiac catheterization, and advanced imaging. The facility will open with 62 beds and is designed with future growth in mind to meet the evolving needs of the community.

This project will also bring hundreds of new jobs to Kaufman County and create new opportunities while improving access to care. Kaufman County is the fastest-growing county in the nation, with Forney among its most rapidly expanding cities.

If you'd like to join us in building a healthier future for Forney by making a gift, please scan the QR code.



TEXAS HEALTH FORT WORTH AND TEXAS HEALTH DALLAS

CELEBRATING ECMO & IMPELLA SURVIVORS



ECMO patients, family members, and Texas Health Dallas staff celebrate life-saving patient care.



Jared Shelton, president of Texas Health Fort Worth, with members of the ECMO team.

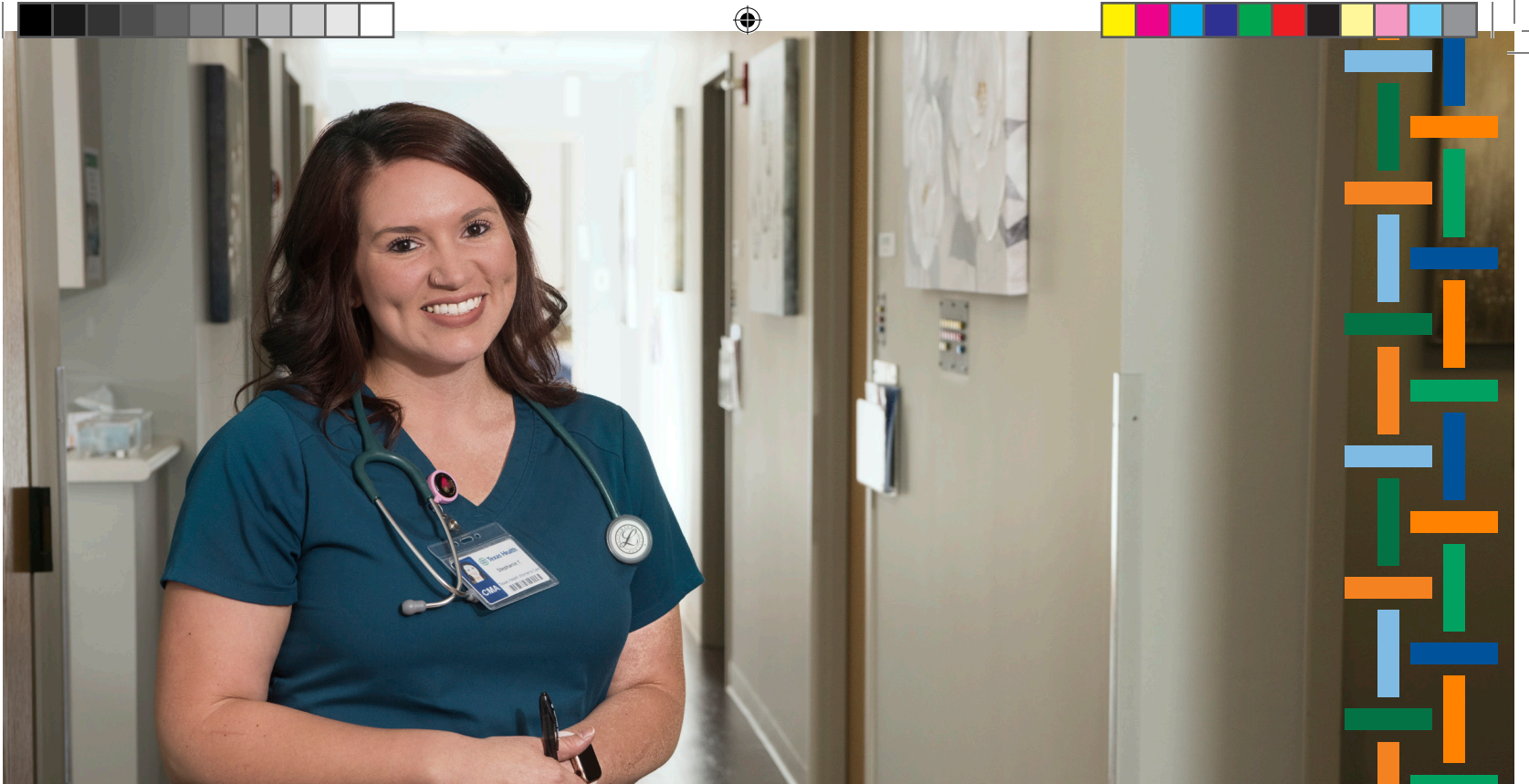
Recently, Texas Health Harris Methodist Hospital Fort Worth and Texas Health Presbyterian Hospital Dallas hosted celebrations honoring survivors, caregivers, and the dedicated care teams involved in ECMO and Impella treatment journeys.

ECMO is an advanced life-support therapy that circulates blood through an artificial lung and back into the body, allowing the heart and lungs time to heal. Impella is a temporary heart pump that helps the heart rest and recover while continuing to deliver blood and oxygen throughout the body. These therapies are often used for critically ill patients experiencing severe cardiac or respiratory failure.

Jonathan Besas, D.O., pulmonary critical care physician and ECMO medical director at Texas Health Fort Worth, said the program was created to provide lifesaving care for some of the most critically ill patients across North Texas.

"It's a very labor-intensive process that requires multiple staff to be present at the bedside, 24 hours a day," Besas said, who also serves as ECMO medical director at Texas Health Fort Worth.

The celebrations highlighted not only the resilience of survivors and families, but also the extraordinary commitment of multidisciplinary care teams whose expertise, compassion, and around-the-clock dedication make these lifesaving treatments possible every day.



BUILDING TOMORROW'S HEALTHCARE WORKFORCE

At Texas Health, we know that caring for our communities tomorrow starts with investing in people today. Texas Health Career Pathways programs exist to inspire, prepare, and open doors for the next generation of caregivers whose hearts already lean toward service but simply need the opportunity to step forward.

Your gifts to the Career Pathways program help make that possible. Donor support turns potential into confidence, curiosity into skill, and a spark of interest into a lifelong commitment to caring with compassion. The Next Step initiative introduces middle-school students to the wide range of roles that keep a hospital running, many beyond traditional clinical paths, while FastTrack Apprenticeships provide a direct entry point into healthcare careers, no experience required, in a earn-as-you-learn model.

Scan to see how you can make an impact.



**HEALTH
BEGINS
TOGETHER.**

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NORTH TEXAS GIVING DAY

savethedate

09.17.26

Every act of generosity carries further than you think.
It reaches patients, families, caregivers, and
communities where hope is needed.

Lasting impact starts with a single decision.

Make yours on North Texas Giving Day.

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GIVING DAY
COMMUNITIES FOUNDATION of TEXAS

YOUR HEART. OUR MISSION. REAL IMPACT.