Concussion Signs and Symptoms Evaluation

**Signs observed by staff:**
- Appears to be dazed or stunned
- Unsure of game score or opponent
- Lack of coordination
- Poor reaction time
- Losses consciousness (even temporarily)
- Shows behavior, mood or personality change
- Forgets events prior to injury (retrograde)
- Unequal or dilated pupils
- Bleeding or clear fluid coming from nose or ears

**Symptoms reported by athlete:**
- Headache
- Nausea or vomiting
- Balance problems or dizziness
- Double or fuzzy vision
- Sensitivity to light or noise
- Feeling sluggish
- Feeling foggy
- Change in sleep pattern
- Concentration or memory problems
- Light-headedness
- Easily fatigued
- Confusion

**Athlete should not return to play until evaluated by a medical professional and is symptom-free at rest and with exertion.**

For more information about concussion management, visit TexasHealth.org/SportsConcussions
**ORIENTATION**

*Ask the athlete the following questions:*
- What stadium is this?
- What city is this?
- Who is the opposing team?
- What month is it?
- What day is it?

**ANTEROGRADE AMNESIA**

*Ask the athlete to remember the following words:*
- Girl, dog, green

**RETROGRADE AMNESIA**

*Ask the athlete the following questions:*
- What happened in the prior quarter/period?
- What do you remember just prior to the hit?
- What was the score of the game prior to the hit?

**CONCENTRATION**

*Ask the athlete to do the following:*
- Repeat the days of the week backwards
- Repeat these numbers backwards: 63 (36 is correct); 419 (914 is correct)

**WORD LIST MEMORY**

*Ask the athlete to repeat the three words from earlier.*
- (Girl, dog, green)

Any failure should be considered abnormal. Consult a physician following a suspected concussion.

Source: www.impacttest.com

Doctors on the medical staff practice independently and are not employees or agents of the hospital.