16th ANNUAL DALLAS/FORT WORTH
SPORTS MEDICINE SYMPOSIUM

INVITATIONAL KEYNOTE SPEAKERS
Khalid Alkhelaifi, MD – Aspetar
Rodney Whiteley, PhD, PT – Aspetar

March 29-31, 2019

Hilton Southlake Town Square
1400 Plaza Place
Southlake, Texas 76092

Agenda – Day One
Friday March 29, 2019

9:30 am – 10:00 am  Pre-Symposium EBP Registration (Optional)

Evidence Based Practice Four (4) Hours*

Athletic Trainer seeking EBP Credit must attend entire four (4) hour session, sign in and out, and complete a program assessment and program evaluation form.

10:00 am – 11:30 am  Emergency Action Plan – Rod Walters, ATC (must be registered for EBP)

11:30 am – 12:30 pm  Lunch (on your own)

12:30 pm – 3:00 pm  Concussion Assessment – Rod Walters, ATC (must be registered for EBP)

2:00 pm – 4:00 pm  Registration

4:00 pm – 4:10 pm  Opening Remarks
Brett Raynor, MD Program Co-Director
Damond Blueitt, MD Program Co-Director

4:10 pm – 4:40 pm  Invitational Keynote Speaker
The Extra-Articular Lateral Tenodesis for an ACL-Deficient Knee
Khalid Alkhelaifi, MD

4:40 pm – 5:10 pm  Invitational Keynote Speaker
How Much is Too Much
Rodney Whiteley, PhD, PT

5:10 pm – 7:00 pm  SESSION I: Physical Therapy
Moderator: Mike Macko, PT

5:10 pm  Getting aHEAD of the Game: Long Term Sequelae After Concussion
Bobby Jean Lee, PT

5:30 pm  PT’s in Management Roles: Making the Transition
Rick Stauffer, PT
5:50 pm  The Future of Physical Therapy  
Rodney Whiteley, PhD, PT

6:20 pm  Medical Observer Overview  
Rod Walters, ATC

6:50 pm  Panel Discussion

7:00 pm  Adjourn

Agenda - Day Two  
Saturday March 30, 2019

6:30 am - 7:00 am  Registration / Continental Breakfast

7:00 am – 9:00 am  SESSION II: Shoulder  
Moderator: Dr. James Walter

7:00 am  How Many Dislocations Are Too Many  
Kevin Kruse, MD

7:20 am  Cuff Pathology in the Young Athlete  
Dustin Loveland, MD

7:40 am  Evaluation of the Shoulder in Throwing Athletes  
Kevin Kruse, MD

8:00 am  Management of AC Separations  
Michael Khair, MD

8:20 am  Management of Labral Tears in Throwers  
Dean Papaliodis, MD

8:40 am  Anterior Instability Surgery East vs West  
Khalid Alkhelaifi, MD

9:00 am  Panel Discussion

9:10 am – 9:20 am  Break

9:20 am - 11:50 am  SESSION III: Knee  
Moderator: Curtis Bush, MD

9:20 am  Return to Play after ACL Reconstruction  
Christopher Redman, MD

9:40 am  Return to Sport following Multi-Ligament Knee Injury  
Phillip Wilson, MD
10:00 am  Use of Biologics in Treating Knee Injuries  
Robert Dimeff, MD  

10:20 am  Cartilage Restoration  
Paul Whatley, MD  

10:40 am  ACL Reconstruction: Graft Choice Update  
Field Scovell II, MD  

11:00 am  ACL Repair  
Gabrielle Bucci, MD  

11:20 am  Managing Meniscal Root Tears  
George Lebus, MD  

11:40 am  Panel Discussion  

11:50 am – 12:50 pm  Lunch  

12:50 pm – 3:20 pm  SESSION IV: Primary Care / Sports Medicine Comprehensive Care  
Moderator: Damond Blueitt, MD  

12:50 pm  Management and Prevention of Staph Infections in Sports  
Elizabeth Batterton, MD  

1:10 pm  CDC Concussion Updates  
Alex Autry, DO  

1:30 pm  Common Running Injuries and Treatment  
Sarah Kennedy, DO  

1:50 pm  Rhabdomyolysis  
Katherine Kester, MD  

2:10 pm  Fracture Return to Play Decisions in the Young Athlete  
Shane Miller, MD  

2:30 pm  Syndesmotic Ankle Injuries  
William Crawford, MD  

2:50 pm  Why Jones Fractures are so Difficult to Heal  
Keith Heier, MD  

3:10 pm  Panel Discussion  

3:20 pm – 3:30 pm  Break
LABS 3:30 PM – 6:00 PM
Breakout Sessions 50 minutes each (attend 3)

Lab A: *Frank Bourgeois II, PhD* and *Micheál Cahill, PhD* – *The Remaining Yards: The role of a Strength and Conditioning Coach in the Latter Stages of Return to Play* – Palmer I

**Lab B: Mason Gist, PT – The Brain Has a Leg Problem** – Roosevelt Room

Lab C: *Adam Annacone, ATC* – *Incorporating Sport Science into Your Clinical Practice* – Palmer II

**Lab D: Brittney Bearden, RD – Debunking Nutrition Myths** – Breakers Room

Lab E: *Katherine Kester, MD* – *Evaluation of Posterior-Corner Knee Injuries* – Drake Room

Lab F: *Jeff Cantrell, MD* – *Implementation of Comprehensive Throwing Program* – Palmer III

**Lab G: Elizabeth Batterton, MD and Lindsey Shaffer, ATC - Sideline Concussion Assessment** – Main Ballroom

Lab H: *Dustin Gatens, ATC* – *Balance and Reaction Time in Injury Prevention* – Main Ballroom

6:00 pm Adjourn
Day Three Agenda
Sunday March 31, 2019

7:00 am – 8:00 am  Registration / Continental Breakfast

7:30 am  Nondenominational Palm Sunday Church Service – Palmer I
THR Chaplain

7:50 am – 8:00 am  Break (Sign-In for EBP)

Evidence Based Practice Four (4) Hours*

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8:00 am – 12:00 pm  SESSION V: Hip (EBP) – 4 Hours
Moderator: Brett Raynor, MD

8:00 am  Overview of FAI
Brett Raynor, MD

8:30 am  Gluteus Medius Repair
Andrew Parker, MD

9:00 am  Hip and Spine Syndrome
Andrew Dold, MD

9:30 am  Interpreting Positive Radiology – A Surgeon’s Perspective
Henry Ellis, MD

10:00 am  Panel Discussion

10:15 am  Clinical Exam and Treatment of Athletic Hip Injuries
Advanced Hip Progressions | Hip Mobility
Craig Garrison, PhD, PT

12:00 pm  Adjourn EBP Assessment / Evaluation Sign Out*