



CARDIAC & VASCULAR CENTER  
OF NORTH TEXAS

**MEDICAL HISTORY**

**Initial Office Visit**

Date of Service \_\_\_\_\_  
Patient Name \_\_\_\_\_ Name You Wish to be Addressed By \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Primary Care Physician \_\_\_\_\_  
Age \_\_\_\_\_ Sex \_\_\_ Male \_\_\_ Female MD Requesting Visit \_\_\_\_\_

**Welcome to the Cardiac & Vascular Center of North Texas.**  
We are pleased to have you as a new patient and hope that your experience with us is a pleasant one. We strive to provide you with the highest quality of care. In doing so, our cardiologists and physician extenders need to have the most comprehensive history possible. Please complete the following questions to the best of your ability.  
Thank you.  
The Cardiologists and Staff  
Cardiac & Vascular Center of North Texas

**Reason for Visit/ Chief Complaint:** (why is it that you need or want to see a heart specialist? What symptoms or sensations have you been experiencing?)

\_\_\_\_\_

**History of Present Illness:** (for physician use)

Location \_\_\_\_\_ Duration \_\_\_\_\_  
Severity \_\_\_\_\_ Associated Sx \_\_\_\_\_  
Quality \_\_\_\_\_ Timing \_\_\_\_\_  
Alleviation \_\_\_\_\_

**Past Medical History:** (Please place a check mark by any condition that you have now or have had in the past)

**Cardiac/Vascular**

- Aneurysm
- Angina/Chest pain
- Aortic Aneurysm
- Arrhythmia
- Atrial Fibrillation or flutter
- Carotid Artery Disease
- Cardiomyopathy
- Claudication
- Congestive Heart Defect (Born with)
- Congestive Heart Failure
- Coronary Artery Disease
- DVT/Deep Vein Thrombosis
- Heart Attack
- Heart Murmur
- Heart Valve Disease
- High Blood Pressure
- High Cholesterol
- Pericarditis
- Peripheral Vascular Disease
- Stroke
- TIA (mini-stroke or Temporary Stoke)
- Varicose Veins
- Other: \_\_\_\_\_

**Endocrine**

- Adrenal Gland disorder
- Diabetes
- Goiter
- Hyperthyroidism
- Hypothyroidism
- Other: \_\_\_\_\_

**Gastrointestinal**

- Chrohn's Disease
- Cholelithiasis
- Cirrhosis
- Colitis
- Diverticulitis
- Gastrointestinal Reflux
- GERD/Gastoesophageal Reflux
- GI Bleed
- Hepatitis B
- Hepatitis C
- Hiatal Hernia
- Ischemic Bowel
- Peptic Ulcer Disease
- Stomach Ulcers
- Other: \_\_\_\_\_

**Infectious Disease**

- CMV/Cytomegalovirus
- Endocarditis
- HIV/AIDS
- Lyme Disease
- MRSA/Methicillin Resistant Staph Aureus
- Rheumatic Fever
- Shingles
- Sexually Transmitted Infection
- Tuberculosis/TB
- Other: \_\_\_\_\_

**Musculoskeletal**

- Carpal Tunnel
- DJD/Degenerative Joint Disease
- Fibromyalgia
- Gout
- Herniated Disk
- Osteoarthritis
- Rheumatoid Arthritis
- Ruptured Disk
- Spinal Stenosis
- Other: \_\_\_\_\_

Physician Review: \_\_\_\_\_  
Date: \_\_\_\_\_



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**MEDICAL HISTORY** continued page 2

**Initial Office Visit**

**Past Medical History:** (Please place a check mark by any condition that you have now or have had in the past)

**Dermatology**

- Scleroderma
- Shingles
- Skin Cancer
- Other: \_\_\_\_\_

**Eyes, Ears, Nose, and Throat**

- Diabetic Retinopathy
- Glaucoma
- Other: \_\_\_\_\_

**Renal/Genitourinary**

- BPH/Benign Prostatic Hypertrophy
- Erectile Dysfunction
- Hematuria
- Kidney Stones
- Polycystic Kidneys
- Prostate Cancer
- Renal Insufficiency/Renal Failure

**Hematology**

- Anemia
- Coagulopathy
- Hemochromatosis
- Polycythemia Vera
- Other: \_\_\_\_\_

**Respiratory**

- Asthma
- Chronic Bronchitis
- Emphysema/COPD
- Lung Cancer
- Pneumonia
- Pulmonary Embolus
- Pulmonary Hypertension
- Sleep Apnea
- Tuberculosis/TB
- Other: \_\_\_\_\_
- Other: \_\_\_\_\_

**OB/Gynecological**

- Breast Cancer
- Benign Breast Lump
- Fibrocystic Breast Tissue
- Ovarian Cancer
- Ovarian Cyst
- Other: \_\_\_\_\_

**Oncology**

- Metastatic Cancer
- Bladder Cancer
- Other: \_\_\_\_\_

**Rheumatologic**

- Autoimmune Disease
- Gout
- Osteoarthritis
- Rheumatoid Arthritis
- Other: \_\_\_\_\_

**Past Surgical History:** (please place a check mark by any previous surgery/therapies and indicate the approximate date of each)

- Aneurysm Repair
- Angioplasty/PTCA
- Appendectomy
- Breast Augmentation
- Breast Biopsy
- Carotid Artery Endarterectomy
- Cataract Removal
- Cervical Fusion
- Cholecystectomy
- Colectomy
- Coronary Artery Bypass
- Other

- Craniotomy
- Dialysis Access
- Discectomy
- Gastric Bypass
- Hernia Repair
- Hysterectomy
- Inguinal Hernia Repair
- Kidney Stone Treatment
- Knee Surgery
- Laminectomy
- Mastectomy

- ORIF/Open Reduction Internal Fixation
- Prostatectomy
- Splenectomy
- Thyroidectomy
- Tonsillectomy/Adenoidectomy
- Total Hip Replacement
- Total Knee Replacement
- Tubal Ligation
- TURP
- Vasectomy

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Physician Review: \_\_\_\_\_

Date: \_\_\_\_\_



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**MEDICAL HISTORY** continued page 3

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**Social History**

What is your occupation? \_\_\_\_\_

What is your marital status? \_\_\_\_\_ Do you have children? \_\_\_\_\_ If yes, how many? \_\_\_\_\_

How many times per week do you perform a formal exercise routine? \_\_\_\_\_

What type of exercise program do you participate in? (please describe a typical exercise routine) \_\_\_\_\_

**Tobacco & Alcohol History**

Do you smoke?  Yes  No

If no: Did you ever smoke?  Yes  No

How many years did you smoke? \_\_\_\_\_

What year did you quit? \_\_\_\_\_

How many packs per day did you smoke? \_\_\_\_\_

If yes: How many years have you been smoking? \_\_\_\_\_

How many packs per day do you smoke? \_\_\_\_\_

Do you drink alcohol?  Yes  No

If no: Did you ever drink alcohol?  Yes  No

How many drinks would you consume in an average week? \_\_\_\_\_

In what year did you stop consuming alcohol? \_\_\_\_\_

If yes: How many drinks do you consume in an average week? \_\_\_\_\_

**Medications** (please bring medication bottles with you to all visits)

Medication _____	Dose _____	Frequency _____
Medication _____	Dose _____	Frequency _____
Medication _____	Dose _____	Frequency _____
Medication _____	Dose _____	Frequency _____
Medication _____	Dose _____	Frequency _____
Medication _____	Dose _____	Frequency _____
Medication _____	Dose _____	Frequency _____
Medication _____	Dose _____	Frequency _____
Medication _____	Dose _____	Frequency _____
Medication _____	Dose _____	Frequency _____
Medication _____	Dose _____	Frequency _____
Medication _____	Dose _____	Frequency _____
Medication _____	Dose _____	Frequency _____
Medication _____	Dose _____	Frequency _____
Medication _____	Dose _____	Frequency _____
Medication _____	Dose _____	Frequency _____
Medication _____	Dose _____	Frequency _____
Medication _____	Dose _____	Frequency _____
Medication _____	Dose _____	Frequency _____
Medication _____	Dose _____	Frequency _____
Medication _____	Dose _____	Frequency _____
Medication _____	Dose _____	Frequency _____

**Allergies**

Are you allergic to iodine/ x-ray dye?  Yes  No

Are you allergic to shellfish?  Yes  No

Are you allergic to foods?  Yes  No List: \_\_\_\_\_

Are you allergic to medications?  Yes  No List: \_\_\_\_\_

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**Family History**

Have any of your relatives been diagnosed with Coronary Artery Disease (heart attack, heart bypass surgery, angioplasty) or Peripheral Vascular Disease (history of stroke, TIAs or blocked arteries elsewhere in the body), and enlarged heart, hypertrophic cardiomyopathy, long QT syndrome, aneurysm, sudden cardiac death, or Marfan's syndrome? Yes  No

What type of health conditions exist/existed in your...

Mother: \_\_\_\_\_

Father: \_\_\_\_\_

Siblings: \_\_\_\_\_

Maternal Grandparents: \_\_\_\_\_

Paternal Grandparents: \_\_\_\_\_

Aunts, Uncles, Cousins: \_\_\_\_\_

**Review of Symptoms**

**Constitutional**

- Yes  No Unexplained weight gain
- Yes  No Unexplained weight loss
- Yes  No Fever or chills

**ENT**

- Yes  No Vision changes
- Yes  No Hearing changes
- Yes  No Sore throat
- Yes  No Ringing ears

**Respiratory**

- Yes  No Cough
- Yes  No Shortness of breath
- Yes  No Wheezing

**Cardiac**

- Yes  No Awaken in the middle of the night from sound sleep because of difficulty breathing
- Yes  No Chest discomfort with activity
- Yes  No Dizziness
- Yes  No Fainting spells
- Yes  No Irregular heartbeat
- Yes  No Lightheadedness
- Yes  No Neck discomfort with activity
- Yes  No Palpitations
- Yes  No Require pillows to sleep on at nighttime or you'll become short of breath
- Yes  No Shortness of breath
- Yes  No Swelling in your feet

**Endocrine**

- Yes  No Excessive thirst
- Yes  No Increased urination
- Yes  No Extreme nervousness
- Yes  No Heat or cold intolerance
- Yes  No Unexplained weight loss

**Neurological**

- Yes  No Loss of motor function
- Yes  No Loss of sensory function
- Yes  No Recurrent headaches
- Yes  No Seizures
- Yes  No Slurred speech
- Yes  No Loss of balance

**Psychological**

- Yes  No Anxiety
- Yes  No Been under the care of a psychiatrist or psychologist
- Yes  No Depression
- Yes  No Hallucinations

**Lymphatic**

- Yes  No Enlarged lymph nodes
- Yes  No Unintentional weight loss

**Muscular**

- Yes  No Bone or joint deformity
- Yes  No Joint pains
- Yes  No Lack of strength
- Yes  No Muscle weakness or pain

Physician Review: \_\_\_\_\_

Date: \_\_\_\_\_



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**MEDICAL HISTORY** continued page 5

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**Review of Symptoms**

**Gastrointestinal**

- Yes  No Abdominal tenderness
- Yes  No Nausea or vomiting
- Yes  No Blood in stool
- Yes  No Constipation
- Yes  No Dark tarry stool
- Yes  No Diarrhea
- Yes  No Vomiting of blood

**Genitourinary**

- Yes  No Burning with urination
- Yes  No Frequent urination
- Yes  No Blood in urination
- Yes  No Problems with urinary flow
- Yes  No Dark urine

**Men:**

- Yes  No Erectile dysfunction (difficulty obtaining or maintaining an erection)

**Women:**

- Yes  No Been pregnant or delivered a baby within last year
- Yes  No Date of last menstrual period: \_\_\_\_\_
- Yes  No Hysterectomy
- Yes  No Is there any chance you could be pregnant?

**Hematologic**

- Yes  No Anemia
- Yes  No Excessive bleeding
- Yes  No Taking a blood thinner
- Yes  No List: \_\_\_\_\_

**Immunologic/Infections**

- Yes  No Fevers
- Yes  No History of IV drug use
- Yes  No Night sweats

**Dermatologic**

- Yes  No Skin rashes
- Yes  No Easy bruising
- Yes  No Change in complexion

Physician Review: \_\_\_\_\_

Date: \_\_\_\_\_



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**Physical Exam**

HT: \_\_\_\_\_ WT: \_\_\_\_\_ HR: \_\_\_\_\_ BP(L): \_\_\_\_\_ BP (R): \_\_\_\_\_

N=NORMAL A=ABNORMAL

EXPLAIN ABNORMAL FINDINGS

	N=NORMAL A=ABNORMAL	EXPLAIN ABNORMAL FINDINGS
<b>CONSTITU</b>	General appearance _____	
<b>EYE</b>	Conjunctivae _____ Lids _____	
<b>ENT</b>	Oral Mucosa _____ Teeth/Gums/Palate _____	
<b>NECK</b>	Thyroid _____ Jugular _____	
<b>RESP</b>	Effort _____ AC _____	
<b>HEART</b>	Palp _____ Ausc _____ BP2+Ext _____ Carotid _____	
<b>ABD</b>	Masses/Tenderness _____ Liver _____ Spleen _____ Ausc _____	
<b>MS</b>	Back curve _____ Gait _____ Exer Tol _____ Strength Tone _____	
<b>EXTREM</b>	Clubbing/Cyanosis/Edema _____ Palp Digits/Nails _____	
<b>SKIN</b>	Describe scars, rashes, etc.	
<b>NEURO/PSYC</b>	Oriented _____ Mood _____ Affect _____	

**Assessment:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Plan:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Physician Review: \_\_\_\_\_

Date: \_\_\_\_\_