

Michael A. Catino, M.D.
Orthopedic Spine Surgery

What to expect prior to surgery

Pre-assessment

You will need to go for pre-assessment at the Texas Health Presbyterian Hospital Denton prior to your surgery. During pre-assessment you will register with the hospital and have pre-operative testing performed. You should have pre-assessment done as soon as possible. The Pre-Assessment Department is open Monday – Friday from 7:30 am – 6:00 pm. Please arrive no later than 5:00 pm. You will check in at the Admitting/Registration desk that is straight through the Main Hospital Entrance. For further information or directions, please call the main hospital line at (940) 898-7000 or Dr. Catino’s office at (940) 323-3400.

Surgical Clearance

You may need to obtain surgical and/or cardiac clearance prior to surgery. You should contact your primary care physician and/or cardiologist as soon as possible to schedule an appointment. If you need assistance in scheduling an appointment, please contact Dr. Catino’s office.

Prior to surgery

- Do not eat or drink anything (including water, chewing gum, or mints) after midnight the night before your surgery unless otherwise directed by Dr. Catino’s office.
- Refrain from smoking after 6:00 pm the day before your surgery.
- Remove all makeup, nail polish, contact lenses, and body jewelry prior to your arrival. The hospital also suggests that you wear casual, loose-fitting clothes.
- Arrange for an adult to drive you home after surgery or after your in-patient stay.
- **If you experience any change in your health between the time your surgery is scheduled and the day of your surgery, please notify Dr. Catino’s office.**

Day of surgery

On the day of your surgery, please check in at the Admitting/Registration desk at least one hour prior to your surgery time unless otherwise directed by Dr. Catino’s office.

If you have any questions prior to your surgery, please contact Dr. Catino’s office at (940) 323-3400.