

# Texas Health Community Impact Grant - 2023/24

PARKER COUNTY

SPRINGTOWN 76082

## Vision. Leadership. Teamwork.

Texas Health Community Impact uses cross-sector collaborative grants to address local community needs in resourceful and innovative ways. This data-driven, outcomes-focused approach pinpoints North Texas ZIP codes most in need of our help and drives how we engage with leaders, influencers and existing resources within those underserved areas. Together, we're responding to health disparities, eliminating root causes of chronic disease and providing tools that instill life-long health and well-being.

## Collaborating Organizations

Parker County Center of Hope

Safe Harbor Counseling Center

To join the cause or for more information, please contact:

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Parker and Wise counties  
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Texas Health Resources

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You can help.



To be part of the change, scan this QR code or [click here](#).

## Help, Hand, and Hope

### About this Grant

As a faith-based organization, Parker County Center of Hope is deeply committed to helping the whole person—mind, body, and spirit. The 76082 area has a significant number of people living in poverty with limited local resources. Help, Hand, and Hope will impact the social and economic health of the community by providing services that impact the person's physical, emotional, spiritual, and educational growth.

### Program Milestones

#### To achieve by December 2024

- Provide basic services to more than 600 families.
- Families receiving mental health services will show improvement by at least one level as measured by the PHQ-9 and GAD-7 tools.
- This project will serve more than 250 disadvantaged youth through the Counselor's Closet and Camp Hope programs.



**\$282,900**

Amount awarded to Help, Hand, and Hope—a second-time grantee for the 2023/24 grant cycle to build upon their accomplished work in 76082.

## Meet Emily.

Emily had visited the Counselor's Closet at her school multiple times. On one visit, however, the school counselor noticed that Emily had cuts on her arms, a common coping mechanism for teen girls who are struggling with anxiety and/or depression. The counselor knew that Emily had a difficult home life and that her father was an alcoholic and had been abusive. When the counselor asked Emily about the cuts, she acknowledged that she'd cut herself with scissors.

The Help, Hand, and Hope grant created the Counselor's Closet program, at Springtown Independent School District, to identify students like Emily and their families who are in crisis. The closet is a safe space for students and contains food, clothing, hygiene products, and school supplies.

After talking to Emily, the school counselor called Emily's mom and learned that the father had been removed from the home and that Emily was experiencing severe anxiety and didn't know how to cope. The counselor connected Emily and her mom to Center of Hope for assistance with behavioral health services through Help, Hand, and Hope. A few weeks later, Emily's father walked into Center of Hope to ask for help and has since completed a series of individual and counseling sessions. "You just saved my family," the father said to his counselors. The family is continuing counseling while working with the court system on a plan to reunite within their home.

[TexasHealth.org/Community-Impact](https://TexasHealth.org/Community-Impact)



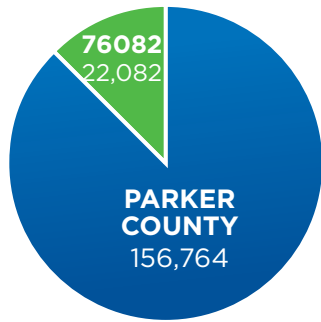
As an example of the data used to analyze the ZIP codes and determine areas of focus in each Texas Health Community Impact region, the following information is a snapshot for Springtown 76082.



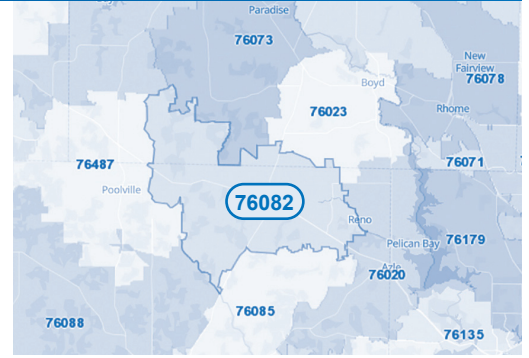
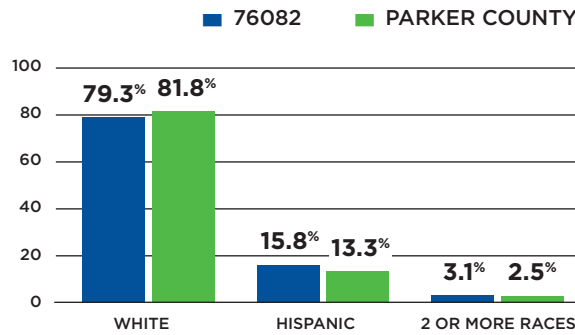
**FOR ADDITIONAL DATA AND DEFINITIONS**  
Review the Community Health Needs Assessment by scanning the QR code or visiting [TexasHealth.org/CHNA](https://TexasHealth.org/CHNA)

## DEMOGRAPHICS

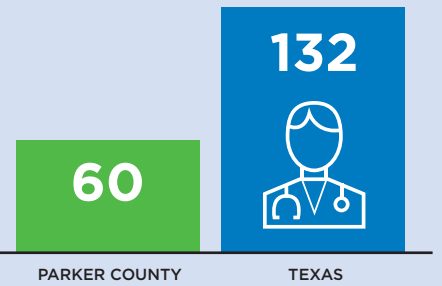
Out of **156,764** Parker County residents, **14.1%** reside in high-need ZIP code 76082.



Source: CensusReporter.org



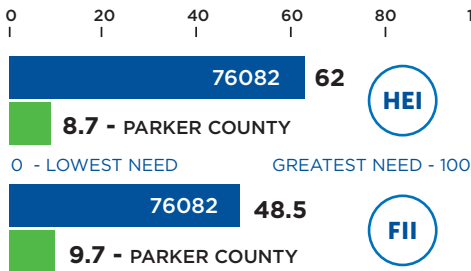
## Mental Health Provider Rate per 100,000 Population



- ADULTS EVER DIAGNOSED WITH DEPRESSION
- POOR MENTAL HEALTH: 14+ DAYS

## SOCIAL DETERMINANTS OF HEALTH

Conditions in the environments in which people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks. Through Texas Health Community Impact grants, we're trying to address the whole person—not just a disease.



**Springtown has the highest HEI and FII in Parker County.**

Source: HealthyNTexas.org

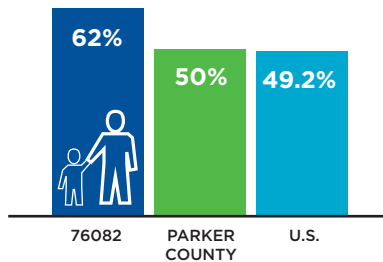
### The Health Equity Index (HEI)

HEI, formerly, the SocioNeeds Index, incorporates estimates for different social and economic determinants of health that are associated with poor health outcomes.

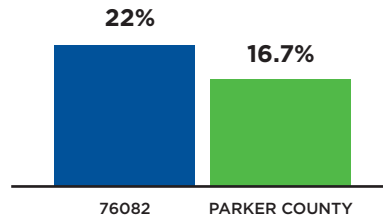
### The Food Insecurity Index (FII)

A measure of food access that is correlated with economic and household hardship.

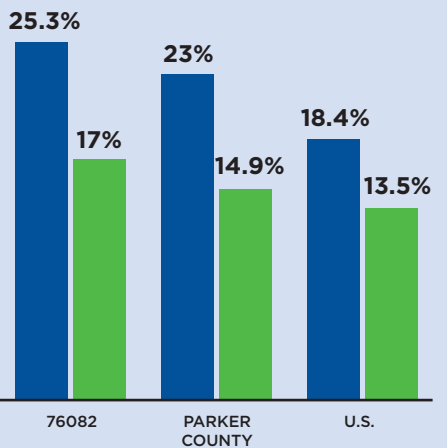
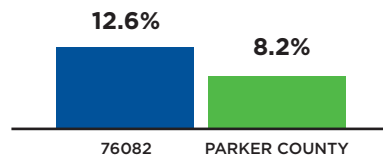
### HOUSEHOLDS WITH CHILDREN RECEIVING SNAP



### WITHOUT HEALTH CARE COVERAGE



### PEOPLE LIVING BELOW POVERTY LEVEL



Sources: HealthyNTexas.org (2020); data.census.gov (2021); CensusReporter.org (2021)



**No public transportation in Parker County**

Sources: HealthyNTexas.org (2020); data.census.gov (2021); CensusReporter.org (2021)



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