

Where to go for the convenient care you need.

Texas Health Physicians Group

WHEN TO GO

YOUR COST + TIME



- Routine checkups, screenings, immunizations
- Preventive care
- Prescriptions / medications
- Referral to see a specialist
- Fever and flu symptoms
- Chronic pain
- New health problem

- Coinsurance, copay and / or deductible
- Primary Care Provider usually lowest copay
- In-person appointments and virtual visits available



New and existing MyChart users scan here to schedule an appointment.

Urgent Care

WHEN TO GO

YOUR COST + TIME



- Covers similar health concerns as doctor's office
- For urgent symptoms, call your doctor's office. If your doctor's office is closed, consider going to an urgent care facility
- Extended weekday and weekend hours are often available

- Costs lower than ER
- Wait times will vary with volume
- Call to confirm the urgent care facility accepts your insurance
- Breeze Urgent Care is a Texas Health preferred partner with many locations throughout the DFW area
 - In and out in under 30 minutes
 - Open 365 days a year including holidays



Scan for a Breeze Urgent Care location near you.

DispatchHealth

WHEN TO USE

YOUR COST + TIME



Monday - Sunday, 8 a.m. - 10 p.m., 365 days a year including holidays

- Brings medical care to you, in the comfort of your home
- Treat a wide variety of illnesses and minor injuries
- DispatchHealth is a Texas Health preferred partner with service available in select DFW ZIP code areas

- In-network with most major insurance
- Similar cost to an urgent care visit
- Same-day appointments
- Prescriptions called in and your doctor is updated



Scan here to schedule Dispatch Health.

Emergency Department

WHEN TO GO

YOUR COST + TIME



- Critical injuries or illness
- Sudden numbness / weakness
- Uncontrolled bleeding
- Seizure / loss of consciousness
- Shortness of breath
- Chest pain

- Highest cost
- Open 24/7, no appointment needed
- Wait times will vary with volume
- Call your PCP before going to the emergency department if during normal office hours



Scan for an Emergency Department location near you.

If you have a life threatening emergency, call 911.

