Texas Health Community Health Improvement (CHI)

Health to Home: A Pathway to Healing Collaborative

Achievements | 2022

Program Objective

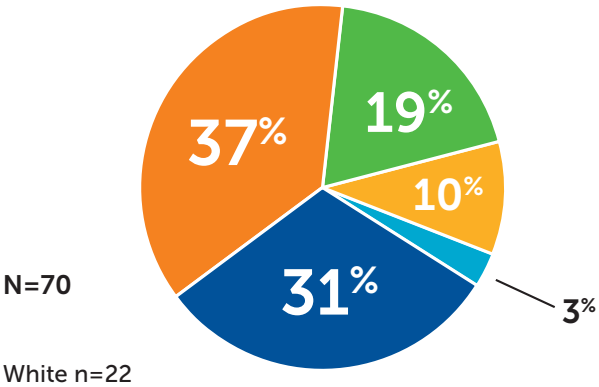
The Health to Home program aims to provide medical recuperation services to adults experiencing homelessness in a safe environment using an individualized approach by strategic partners to provide medical, behavioral health, and wraparound social services that address the underlying causes of homelessness.

Statement of Need*

- Homelessness is increasing across the nation. According to Doran et al. 70.3% of all hospitalizations of homeless people result in either readmission on an emergency department (ED) visit within 30-days after discharge.
- There is evidence that medical respite care reduces future hospital admissions, and length of in-hospital stay among homeless people discharged from an acute hospitalization. It also enables the linkage with other social and housing services that benefits the whole person.

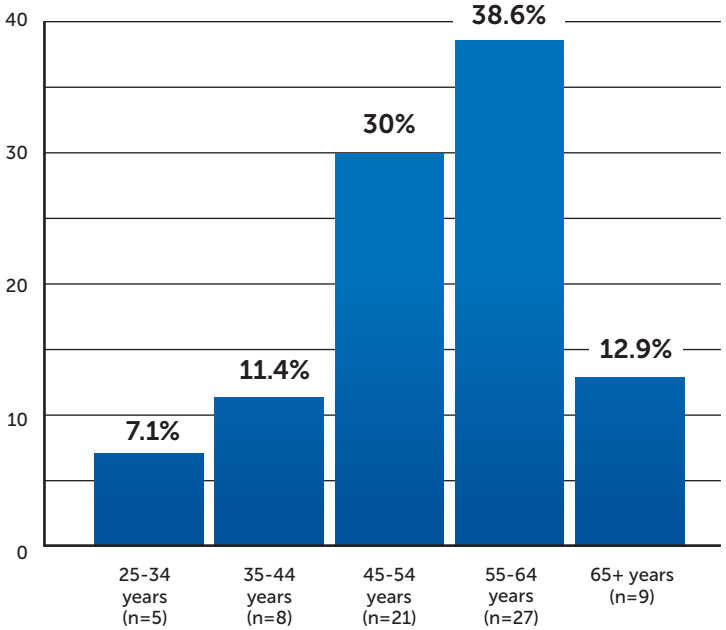
Demographic of People Served

RACE OF ENROLLED PARTICIPENTS



- White n=22
- Black/African American n=26
- Hispanic n=13
- Two or more races n=7
- American Indian/Alaska Native n=2

AGE GROUP BREAKDOWN



* Statement of Need sources:
Bring C., Kruse M., Ankarfeldt, M.Z., Brunes, N., Pedersen, M., Petersen., & Andersen, O. Post-hospital medical respite care for homeless people in Denmark: a randomized controlled trial and cost-utility analysis. BMC Health Services Research, 508. https://doi.org/10.1186/s12913-020-05358-4
Doran K.M., Ragins, K.T., Iacomacci, A.L., Cunningham, A., Jubanyik, K.J., & Jeng, G.Y. (2013). *The revolving hospital door: hospital readmissions among patients who are homeless.* Med Care. 2013, 51(9), 767 – 773.

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Texas Health

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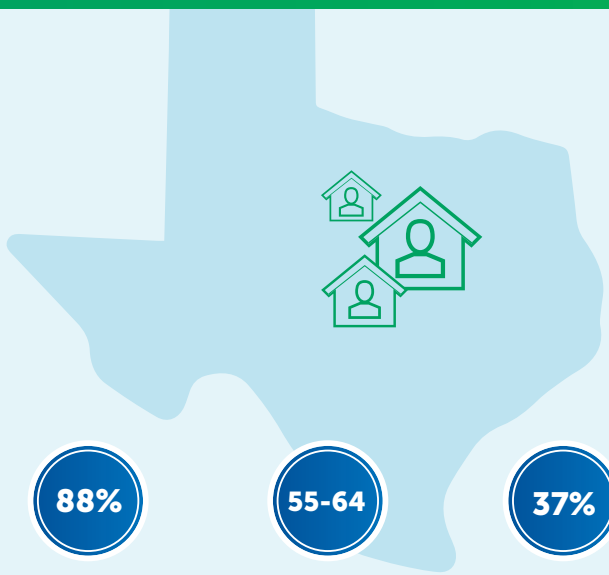

88%
Percentage of male individuals enrolled

55-64
Age range of most individuals enrolled

37%
Identified as Black/ African American

The Health to Home program is a collaborative program between Texas Health Presbyterian Hospital Dallas and Austin Street Center.

Since launch from September 2020 to December 2022, this program enrolled and served 136 homeless individuals. This report is focused on 2022 achievements. From January - December 2022, 70 homeless individuals enrolled in the medical respite unit where they received health services from a medical team from Texas Health Presbyterian Hospital Dallas and received case management, navigation, and housing placement services from Austin Street Center's team. To increase support of the program, external partnerships were expanded in 2022. Through these partnerships, individuals were referred from Baylor University Medical Center, Parkland, UT Southwestern, Methodist Charlton, and White Rock Medical Center.

Activities/Output

Out of 70 individuals enrolled into the Medical Respite Program:

68
Individuals engaged in case management services

21
Individuals connected to a primary care provider or a patient-centered medical home.

17
Individuals received behavioral health services with community partner, Integrated Psychotherapeutic Services (IPS)

12
Individuals received job training

Outcomes

30%
Enrolled participants connected to an appropriate housing solution

Observations among 9 program participants from Texas Health Presbyterian Hospital Dallas were:

235.9%
Return on Investment (ROI) for every dollar spent on each enrolled participant

93.6%
Decrease in total charges 6-months pre-intervention vs. 6 months post-intervention

56.5%
Decrease in total hospital visits 6-months pre-intervention vs. 6 months post-intervention

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